# Indiana School for the Blind and Visually Impaired

February 27, 2023 – March 3, 2023 Elementary/MS/HS Menu

# Monday Breakfast

Sausage Pancake Wraps or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

#### Monday Lunch

Fish/Cheese Sandwich or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Potato Wedges, Winter Vegetable Blend, Assorted Fresh Veggies, Assorted Fresh and Canned Fruits, Milk

# **Monday Dinner**

Loaded Baked Potato, Vegetable, Fresh Fruit, Baker's Choice, Milk

# **Tuesday Breakfast**

Banana Bread Slice or Assorted Cereal and Yogurt, Cheese Stick, Fresh Fruit, Juice, Milk

# **Tuesday Lunch**

Chicken Alfredo/Breadstick or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Garden Side Salad, Assorted Fresh Veggies, Assorted Fresh/Canned Fruits, Milk

# **Tuesday Dinner**

Chili/Doritos, Vegetable, Fresh Fruit, Baker's Choice, Milk

# Wednesday Breakfast

Confetti Pancakes or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

#### Wednesday Lunch

Bosco Sticks/Marinara or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

# Wednesday Dinner

Country Fried Steak/Roll, Vegetable, Fresh Fruit, Baker's Choice, Milk

# Thursday Breakfast

Breakfast Burrito or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

# Thursday Lunch

Cheese Quesadilla or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Cauliflower, Refried Beans/Cheese, Assorted Fresh Veggies, Assorted Fresh/Canned Fruit, Milk

#### Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

# Friday Breakfast

Chicken Biscuit Sandwich or Assorted Cereal and Yogurt, Fresh Fruit, Juice, Milk

# Friday Lunch

Pasta Bake/Garlic Knot or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Mixed Vegetables, Garden Side Salad, Assorted Fresh Veggies, Assorted Fresh/Canned Fruit, Friday Fun Treat, Milk

# Sunday (Dinner in Dorms)

Cook's Choice, Vegetable, Fruit, Cookie, Milk

\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.