

Indiana School for the Blind and Visually Impaired

December 12, 2022 – December 16, 2022

Elementary/MS/HS Menu

Monday Breakfast

Muffin and Yogurt or Assorted Cereal with Granola and Yogurt, Assorted Fruit, Juice, Milk

Monday Lunch

Meatball Sub Sandwich or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Roasted Broccoli, Side Caesar Salad, Assorted Fresh Veggies, Assorted Fresh and Canned Fruit, Milk

Monday Dinner

Chicken Wing Basket, Baked Fries, Vegetable, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Breakfast Pizza or Cereal and Yogurt, Assorted Fruit, Juice, Milk

Tuesday Lunch

Breaded Chicken Sandwich or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Curly Fries, Cowboy Beans, Assorted Fresh Veggies, Assorted Fresh and Canned Fruit, Milk

Tuesday Dinner

Baked Lasagna and Garlic Toast, Side Salad, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Cheese Omelet and Hawaiian Roll or Cereal and Yogurt, Assorted Fruit, Juice, Milk

Wednesday Lunch – *STAR Luncheon*

Beef Brisket, Baby Baked Potatoes, Italian Green Beans, Garden Salad, Dinner Roll, Assorted Cakes, Tea, Lemonade

Wednesday Dinner

Dinner in Dorms

Thursday Breakfast

Waffles and Yogurt or Cereal and Yogurt, Assorted Fruit, Juice, Milk

Thursday Lunch

Orange Chicken and Rice or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Mixed Veggies, Egg Roll, Assorted Fresh Veggies, Assorted Fresh and Canned Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Fruit Pastry with Cheese Stick or Cereal and Yogurt, Assorted Fruit, Juice, Milk

Friday Lunch

Turkey Manhattan or Deli Wrap or Entrée Salad or Soy Butter/Jelly, Glazed Carrots, Assorted Fresh Veggies, Assorted Fresh and Canned Fruit, Friday Fun Treat, Milk

Sunday (Meal in Dorm)

Cook's Choice, Fresh Veggies, Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**