

## **Indiana School for the Blind and Visually Impaired**

November 8, 2021 – November 12, 2021

### **MS/HS Menu**

#### **Monday Breakfast**

Cereal or Fruedel, Yogurt, Fresh Fruit, Juice, Milk

#### **Monday Lunch**

BBQ Rib Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Fries, Baked Beans, Assorted Fruit, Milk

#### **Monday Dinner**

Pizza, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

#### **Tuesday Breakfast**

Cereal or Banana Bread, Cheese Stick, Fresh Fruit, Juice, Milk

#### **Tuesday Lunch**

Chicken Tinga Quesadilla or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Buttered Corn, Assorted Fruit, Fritos/Salsa, Milk

#### **Tuesday Dinner**

Philly Cheesesteak, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

#### **Wednesday Breakfast**

Cereal or Pancakes and Sausage, Fresh Fruit, Juice, Milk

#### **Wednesday Lunch**

Pizza or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Green Beans, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

#### **Wednesday Dinner**

Meatloaf, Roll/Butter, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

#### **Thursday Breakfast**

Cereal or Breakfast Burrito, Yogurt, Fresh Fruit, Juice, Milk

#### **Thursday Lunch**

Breaded Chicken Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Pickle Spear, Broccoli, Assorted Fruit, Milk

#### **Thursday Dinner**

Cook's Choice Entrée, Vegetable, Fresh Fruit, Baker's Choice Dessert, Milk

#### **Friday Breakfast**

Cereal or Donut and Eggs, Cheese Stick, Fresh Fruit, Juice, Milk

#### **Friday Lunch**

Breaded Chicken Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Raw Carrots, Cheesy Potatoes, Assorted Fruit, Friday Fun Treat, Milk

#### **Sunday Dinner (In Dorms)**

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

**\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**