

## **Indiana School for the Blind and Visually Impaired**

November 28, 2022 – December 2, 2022

### **MS/HS Menu**

#### **Monday Breakfast**

Fruedel, Yogurt, Fresh Fruit, Juice, Milk

#### **Monday Lunch**

Pulled Pork Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Coleslaw, Baked Beans, Assorted Fruit, Cornbread, Milk

#### **Monday Dinner**

Loaded Nachos, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### **Tuesday Breakfast**

Muffin, Cheese Stick, Fresh Fruit, Juice, Milk

#### **Tuesday Lunch**

Hot Dog or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Fries, Buttered Carrots, Assorted Fruit, Milk

#### **Tuesday Dinner**

Lasagna, Garlic Bread, Vegetable, Fresh Fruit, Baker's Choice, Milk

#### **Wednesday Breakfast**

French Toast, Bacon, Fresh Fruit, Juice, Milk

#### **Wednesday Lunch**

Calzone/Marinara or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Cheesy Broccoli, Side Salad/Cherry Tomatoes, Assorted Fruit, Wednesday Snack, Milk

#### **Wednesday Dinner**

Polish Sausage on Bun, Scalloped Potatoes, Vegetables, Fresh Fruit, Baker's Choice, Milk

#### **Thursday Breakfast**

Chicken Slider, Yogurt, Fresh Fruit, Juice, Milk

#### **Thursday Lunch**

Baked Spaghetti/Meat Sauce or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Peas, Raw Veggie, Assorted Fruit, Garlic Bread, Milk

#### **Thursday Dinner**

Chicken, Mashed Potatoes, Roll/Butter, Fresh Fruit, Baker's Choice, Milk

#### **Friday Breakfast**

Coffecake and Omelette, Cheese Stick, Fresh Fruit, Juice, Milk

#### **Friday Lunch**

Chicken Wings or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Tomato Soup, Curly Fries, Assorted Fruit, Milk

#### **Sunday (Meal in Dorm)**

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

**\*\*\*Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**