

Indiana School for the Blind and Visually Impaired

November 14, 2022 – November 18, 2022

MS/HS Menu

Monday Breakfast

Cereal or Fruedel, Yogurt, Fresh Fruit, Juice, Milk

Monday Lunch

BBQ Rib Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Fries, Baked Beans, Assorted Fruit, Milk

Monday Dinner

Pizza, Vegetable, Fresh Fruit, Baker's Choice, Milk

Tuesday Breakfast

Cereal or Banana Bread, Cheese Stick, Fresh Fruit, Juice, Milk

Tuesday Lunch

Chicken and Noodles or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Buttered Corn, Assorted Fruit, Fritos/Salsa, Milk

Tuesday Dinner

Philly Cheesesteak, Vegetable, Fresh Fruit, Baker's Choice, Milk

Wednesday Breakfast

Cereal or Pancakes and Sausage, Yogurt, Fresh Fruit, Juice, Milk

Wednesday Lunch – *Thanksgiving Luncheon*

Roast Turkey/Gravy, Mashed Potatoes, Seasoned Green Beans, Dressing, Rolls, Assorted Pies, Tea, Lemonade

Wednesday Dinner

Meatloaf, Roll/Butter, Vegetable, Fresh Fruit, Baker's Choice, Milk

Thursday Breakfast

Cereal or Breakfast Burrito, Yogurt, Fresh Fruit, Juice, Milk

Thursday Lunch

Breaded Chicken Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Pickle Spear, Broccoli, Assorted Fruit, Milk

Thursday Dinner

Cook's Choice, Vegetable, Fresh Fruit, Baker's Choice, Milk

Friday Breakfast

Cereal or Donut and Eggs, Cheese Stick, Fresh Fruit, Juice, Milk

Friday Lunch

Corned Beef Sandwich or Deli Sandwich or Entrée Salad or Soy Butter/Jelly, Raw Carrots, Cheesy Potatoes, Assorted Fruit, Milk

Sunday (Meal in Dorm)

Personal Pizza, Carrot Sticks/Dip, Fruit Cocktail, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. Soy Butter and Jelly sandwich offered as alternative choice at lunch upon request. This institution is an equal opportunity provider.**