

Indiana School for the Blind and Visually Impaired

October 14, 2019 – October 20, 2019

Elementary Menu

Monday Breakfast

Breakfast Chicken Sliders or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Monday Lunch

Deli Sandwich or EZ Jammer Sandwich, Cheese Stick, Raw Veggies/Dip, Potato Wedges, Pears, Milk

Monday Dinner

Baked Ham, Rotini Mac and Cheese, Seasoned Veggies, Tossed Salad, Fresh Fruit, Baker's Choice Dessert, Milk

Tuesday Breakfast

Waffles and Sausage Patty or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Tuesday Lunch

Cheeseburger or Soy Butter/Jelly, Sun Chips, Vegetable Blend, Raw Veggies/Ranch, Zee Zee's Applesauce, Milk

Tuesday Dinner

Cook's Choice Entrée, Seasoned Veggies, Roll/Butter, Tossed Salad, Fresh Fruit, Baker's Choice Dessert, Milk

Wednesday Breakfast

Hot Oatmeal/Toppings or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Wednesday Lunch

Bosco Sticks/Marinara or Soy Butter/Jelly, Steamed Broccoli, Diced Pineapple, Milk

Wednesday Dinner

Breakfast for Dinner – Fruit Salad, OJ, Yogurt, Baker's Choice Dessert, Milk

Thursday Breakfast

French Toast Sticks and Sausage Link or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Thursday Lunch

Chicken and Cheese Taquito or Soy Butter/Jelly, Salsa, Black Bean and Corn, Canned Fruit, Whole Grain Treat, Milk

Thursday Dinner

Salisbury Steak and Wild Rice, Roll/Butter, Seasoned Veggies, Tossed Salad, Fruit Cup, Baker's Choice Dessert, Milk

Friday Breakfast

Cheesy Scrambled Eggs and Breakfast Round or Cereal and Yogurt, Assorted Fresh Fruit, Juice, Milk

Friday Lunch

Grilled Cheese/Pickle Spear or Soy Butter/Jelly, Tomato Soup and Cheez Its, Canned Fruit, Friday Fun Treat, Milk

Sunday Dinner – In Dorms

Burrito, Tortilla Chips/Salsa, Salad/Ranch, Fresh Fruit, Cookie, Milk

*****Menu subject to change. 100% Whole Grain at Breakfast. USDA and the State of Indiana are equal opportunity providers and employers.**