

# Earn \$200 for completing an Annual Physical



## Wellness Rewards Program: Get rewarded for what matters

Your annual physical is an opportunity to meet with your provider to review your health, get your questions answered, and earn a reward!

### What to expect at an annual physical:

- Check blood pressure, cholesterol, blood glucose levels and A1c
- Measure height and weight
- Review medical history
- Identify appropriate preventive screenings

### Three ways to find a Primary Care Provider in your plan:

1. Download the Sydney Health mobile app, log in, and select Find Care.
2. Call Anthem Member Services at 1-877-814-9709.
3. Log in at [anthem.com](http://anthem.com) and choose Find Care.

**View full details here**

**[on.in.gov/AnnualPhysical](http://on.in.gov/AnnualPhysical)**

The State's health plan pays for one annual physical every calendar year, so you do not have to wait 365 days from your last annual physical. If your physical is typically later in the year, you can move it up a few weeks and it will still be covered.

