

CANDIDATE PACKING LIST

FEMALE

The Hoosier Youth Challenge Academy (HYCA) Candidate Packing List listed below is the minimum required clothing and personal items allowed for the Residential Phase. **Candidates must arrive with these items.**

DO NOT WEAR OR BRING watches, jewelry of ANY kind, hats, sun glasses, wallets, cell phones, video games, MP3 players or any musical devices. Religious medallions are acceptable; however, the chain or beads must be of a length that allows for the article to be worn under t-shirts.

If something is not on the list to bring - DO NOT bring it!

Candidates must arrive with the following items:

There will be an inspection of these items during in-processing and any unauthorized items will be placed in storage and returned at Home Pass. Packing list items should be double bagged in clear garbage bags to prevent spillage. Please include one additional clear trash bag as a backup. (NOTE: Clear trash bags can be found at Home Depot or Lowes.)

In-Processing Day Appearance for Females:

1. Females are not allowed to have beads, feathers, weaves or hair extensions (**glued or sewn in**)
2. Females are not allowed to wear make-up of any kind, to include fake lashes
3. Fingernails should be natural and without polish.
4. A white polo or button down shirt with a collar should be worn. (A sports bra should be worn under the white shirt for in-processing. Some females may require more than one bra to be worn at a time.)
5. Blue jeans without holes and with belt loops, no skinny jeans, should be worn.
6. A belt should be worn properly.
7. Black socks and appropriate under garments should be worn.
8. Candidates should arrive wearing one pair of running or cross trainer athletic shoes. **NOTE:** These athletic shoes will be worn daily. We encourage you to have a good pair of athletic shoes for Physical Training (PT).

Female Cadet Clothing List:

1. _____ 6 Plain, all white, t-shirts (**SUGGEST – package of men’s short sleeved crewneck undershirts**)
2. _____ 7 Sports Bras: Brown, Black, Grey, White or any solid neutral color. (Please ensure these items are properly fitted and one piece sport type bras only)
3. _____ 7 Pair COTTON Underwear: Brown, Black, White or any solid color. **No thong or bikini style permitted!**
4. _____ 10 Pair Black Socks (**must be at least calf length, no ankle socks**).
5. Any sporting medical equipment, such as: knee/ankle/wrist brace or wraps, as needed.

Personal Items Common to All Candidates:

1. _____ Four 4x6 photos (Limited to immediate family and/or children).
2. _____ Address Book with family and friends addresses and phone numbers already entered. Please place Candidates name on the inside cover.
3. _____ Sketch pads and colored pencils are optional. These items are for use in limited personal time and will not conflict with instruction of any kind. Please ensure these items are clearly labeled with the Candidates first and last name.

Each Candidate is required to bring with them a minimum of the following personal hygiene items:

(Please place these in a separate baggie to prevent leaking.)

Personal hygiene items are required to be new and unopened.

1. ____ Tooth paste
2. ____ Toothbrush with plastic case
3. ____ Non-Alcoholic Mouthwash
4. ____ Shampoo
5. ____ **UNSCENTED** Body Wash (bar soap is not permitted)
6. ____ **UNSCENTED** Body Lotion or Vaseline (**Bath & Body Works is not permitted. If scented, it will be sent home**)
7. ____ Non-aerosol, unscented deodorant (No perfumes)
8. ____ Shaving cream or foam
9. ____ Disposable plastic razors
10. ____ Pocket-size Kleenex packs
11. ____ Baby Powder or Corn Starch (to prevent chafing)
12. ____ Chap Stick
13. ____ Contact Lens Users: A 3 month supply of disposable, extended wear contacts and solution, plus one pair of prescription glasses with case.
14. ____ Two pair of shoe insoles or gel pads
15. ____ 3 sets of towels and wash cloths. Towels should be 22x44 and needs to be a solid color (black, brown, or gray – ONLY). Wash cloths should also be a solid color (black, brown, or gray – ONLY)
16. ____ One pair of slip on tennis shoes, **without laces**
17. ____ One Pair of Shower Shoes
18. ____ Nail Clippers, **without the middle file**
19. ____ Foot Powder

Personal Hygiene List (Females Only):

1. ____ Hair brush/comb
2. ____ Bobbie pins, pony tail holders and mesh sock bun (can be found at Wal-Mart or Sally Beauty). These items must match the Candidate's **NATURAL** hair color.
3. ____ Hair conditioner (The Academy has well water. If necessary, bring leave in hair conditioners to prevent damage or breakage. If the Candidate's hair care requires special product, please provide those items for the Candidate. Please contact the Medical Department with any specific questions.)
4. ____ Feminine Hygiene Items to include: panty liners, pads or tampons

NOTE: Female Candidates who require special care products to meet appearance and hygiene standards must discuss these needs prior to In-Processing Day with the Cadre Supervisor. These standards are very important to the Academy and the intent of this policy is to follow the quasi-military atmosphere.

PARENTS, please keep the following items ONLY with you in a separate zip-lock bag to be turned over to the Medical Department's Station during In-Processing:

1. Prescription Medications and/or special products (These will be surrendered to the HYCA Medical Team during In-Processing and will be inventoried and administered in accordance to the prescribing Doctor's guidance or under the supervision of the Academy Medical Department.)
2. Prescription Medications must come with, at least, a 30 day supply.
3. All OTC (Over the Counter) Medications must come with a 22 ½ weeks supply.
4. Any special need items – sporting medical equipment, such as: knee/ankle/wrist brace or wraps, as needed

PARENTS, CADETS WILL NEED TO RETURN FROM HOME PASS WEARING A WHITE POLO. This will be the outfit that your cadet wears on Graduation Day.

PARENTS, please keep the following items with you in a separate zip-lock bag to turn over to the Letter Writing Station during In-Processing:

1. 50-100 stamps for letter writing
 - a. The Administration Office will let you know when your cadet needs more stamps
2. Letter from Parent(s)/Guardians – Mall Call is vital to the morale of the Candidate/Cadet. Please take a few moments and write an encouraging letter or note to your Candidate to be opened on the evening of In-Processing. Parents/Guardians will not be allowed to leave until they have turned in a letter for their Candidate.

For reference:

Return Address

Cadet Last, First Name and #
Hoosier Youth Challenge Academy
10892 North State Road 140
Knightstown, IN
46148

Slip-on Tennis Shoes,
Without laces



Nail Clippers,
Without middle file



Solid Color Towels



Black Crew Socks



White Crewneck T-shirt



Shower Shoes



Foot Powder



One Piece Sports Bra

