

INDIANA NATIONAL GUARD RESOURCES

Equal Opportunity/Equal Employment Opportunity: 317-247-3237 - Military equal opportunity (MEO) officers and state human resources/equal opportunity (EO) personnel assist to develop equal opportunity programs for the Army and Air National Guard. Contact the Equal Employment Manager. Visit <https://www.in.gov/indiana-national-guard/troop-family-resources/services-and-resources/equal-opportunity-office/>

Soldier and Family Readiness Specialist (SFRS): 1-800-237-2850 x 72694 - Provides support and assistance to Service Members, their Families as well as Veterans with legal matters, finances, employment, outreach, crisis resolution, benefits, ID cards, DEERS, and Tricare. Provides training and administrative counsel to commanders, and their volunteers for the benefit of the commander's mandated Soldier & Family Readiness Group (SFRG). Email ng.in.inarng.mbx.indianasfrs@army.mil or visit <https://www.in.gov/indiana-national-guard/troop-family-resources/soldier-and-family-readiness-center/> for more details.

TRICARE and Humana Military: 1-800-444-5445 - Provides guidance and assistance to service members, dependents, retirees with any eligibility, claims, etc., for Medical, Dental and Vision benefits. Visit <http://humanamilitary.com/>

Employment Coordinators: 317-247-3300 x 75258 - Provides resources and assistance to service members, veterans and their dependents seeking employment. Visit <https://www.workforwarriorsin.org/>

Personal Financial Consulting (PFC): 616-204-3064 - Provides free-of-charge assistance with budgeting, retirement, and debt management. Email PFC7.IN.NG@Zeiders.com

Education and Incentives: 317-247-3300 x 77023 - Provides guidance and assistance to service members and their dependents with any education and incentive concerns, including credentialing service, tuition assistance, GI Bill and more. Visit <https://www.armyignited.army.mil/>

Transition Assistance Advisors: 317-697-4740 - Assists in accessing benefits, healthcare services, and obtaining entitlements through Tricare and community resources.

Substance Abuse Prevention Program: 317-247-3300 x 64339 - Provides prevention education and referral resources to the INNG. <https://www.in.gov/fssa/addiction/>

Army Wellness Center / Indiana Holistic Health & Fitness (H2F): 317-247-3300 x 64325 - Provides metabolic testing, body composition, bio feedback, fitness testing, and education on wellness and tobacco for service members and their dependents free of charge with an appointment.

Child Care Aware: 800-424-2246 - Child Care Aware partners with the US Military and DOD to serve and support their families through the Fee Assistance and Respite Child Care Programs. Visit <https://www.childcareaware.org/fee-assistancerespite/>

INNG Legal Assistance: 317-247-3300 x 73443 - Provides legal counseling and advice to the INNG and their dependents on divorce, child custody, lawsuits, civilian criminal cases, etc.

Department of Veterans Affairs: For more information on VA benefits, healthcare, entitlements, how to sign up, and more visit <https://www.va.gov/service-member-benefits/>

INNG Youth Program: 317-247-3300 x 85441 - Provides support to the children, youth, and Families of all branches of the military during times of deployment, extended separation, and normal day-to-day operations. Visit our Facebook page @INNGYouthprogram

Spiritual Fitness: 317-247-3300 x 73466 or 63005 - Full time Chaplain support to help Service members and their families develop the personal qualities needed to overcome stress, hardship, and tragedy. Services include counseling, ceremony prayers, classes, and visitation. Contact the Chaplain to find your next BSRT workshops for Soldiers, families, and married couples to build relationship and leadership skills that increase resilience and relationship strength.

Survivor Outreach Services: Provides access to resources for survivor Families. Call 317-247-3300 Indianapolis x 85457; South Bend x 85608; Lebanon x 85129; Ft Wayne x 85615; Washington x 85487



24 HOUR HELP LINES

SAPR: 317-247-3172

Veterans Crisis Line:

988 Press 1

Text: 988

Indiana Domestic Violence 24/7 Hotline: 800-332-7385

INNG Resource Line

317-247-3114

Full Time Chaplain:

317-508-2573

INNG BH Request for Information Line:

317-247-3155

COMMUNITY RESOURCES

Indiana 211

Dial: 211 or

1 (866)-211-9966 (24/7)

Text: Zip code to 898-211

<https://in211.communityos.org/>

Military OneSource

800-342-9647

www.militaryonesource.mil

