



# **MENTAL HEALTH FIRST AID FOR LAW ENFORCEMENT**

**NO COST TRAINING  
OPPORTUNITY**

**Wednesday 09/17/2025**

**9AM – 5PM (CST)**

**Health Foundation of La Porte, 140 East Shore Parkway,  
La Porte, IN 46350**

Mental Health First Aid for Law Enforcement is an eight-hour (LETB Credit) course specially designed for police officers to help them better understand mental illnesses and addictions by providing them with effective response options to deescalate incidents without compromising safety. It teaches an evidenced-based action plan which includes the skills, resources, and knowledge to help an individual in crisis connect with appropriate professional, peer, and self-help care. Participants learn to identify the unique risk factors and warning signs of mental health problems, build an understanding of the importance of early intervention, and, most importantly, learn how to help someone in crisis or experiencing a mental health challenge.

***Instructor: Sgt Lance Dardeen, Indianapolis Metropolitan Police Department***

**Class size is limited to 50 attendees**

**Respond by 08/22/2025 to Sgt. James Lear**

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