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Is your gambling out of control?

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Indiana's Voluntary Exclusion Program

Take back control of your life and beat problem gambling. The first step is up to you.



Your gambling problem doesn't just stop with you. It can cause a disastrous ripple effect throughout your family, job and future, leaving loved ones, friends and bosses confused, hurt and angry. Left unchecked, the costs to you can be

staggering: crushing debt, family problems, legal problems, lost jobs and lost assets. At some point, you are no longer playing a game—but it is playing you.

More information about the program is available at www.in.gov/gaming or by calling the Indiana Gaming Commission at **317-234-3600**.

Treatment for problem gambling is available by calling **800-994-8448**, the problem gambling help line.

Financial support for gambling treatment is available for those who qualify through the State of Indiana, Family and Social Services Administration, Division of Mental Health and Addiction. Assistance in obtaining treatment for problem gambling is available through the Problem Gambling Help Line at **800-994-8448**.



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Ask yourself these questions:

1. Do you lose time from work due to gambling?
2. Does gambling make your home life unhappy?
3. Does gambling affect your reputation?
4. Do you ever feel remorse after gambling?
5. Do you ever gamble to get money with which to pay debts or to otherwise solve financial difficulties?
6. Does gambling cause a decrease in your ambition or efficiency?
7. After losing, do you feel you must return as soon as possible and win back your losses?
8. After a win, do you have a strong urge to return and win more?
9. Do you often gamble until your last dollar is gone?
10. Do you ever borrow to finance your gambling?
11. Do you ever sell anything to finance gambling?
12. Are you reluctant to use "gambling money" for normal expenditures?
13. Does gambling make you careless about the welfare of yourself and your family?
14. Do you ever gamble longer than you planned?
15. Do you ever gamble to escape worry or trouble?
16. Do you ever commit, or consider committing, an illegal act to finance your gambling?
17. Does gambling cause you to have difficulty sleeping?
18. Do arguments, disappointments or frustrations create within you an urge to gamble?
19. Do you have an urge to celebrate good fortune by a few hours of gambling?
20. Do you ever consider self-destruction as a result of your gambling?

If you can answer yes to at least seven of these questions, you may have a gambling problem.

The Voluntary Exclusion Program (VEP)

You make the decision. You sign up. You stop gambling. We help you.



The Voluntary Exclusion Program (VEP) is designed to help you take that initial step and gain control of your life. With the VEP, that single decision, that courageous step you take to quit gambling, becomes a defining moment

where the past is the past and the future is yours. Addressing a gambling problem, after all, isn't just about the gambling. It is about taking control of your life.

- Participants in the Voluntary Exclusion Program agree to refrain from entering any casino gaming area in Indiana.
- Individuals interested in entering the Voluntary Exclusion Program may do so at any casino by approaching a uniformed security guard or at the Indiana Gaming Commission office in Indianapolis.
- A person must complete the request form of his or her own free will and must not be under the influence of alcoholic beverages, controlled substances or prescription medication when the form is completed.
- Information about participants of the Voluntary Exclusion Program is confidential and will be issued only to casinos for the purpose of enforcement.



- Request forms must be completed in the presence of an agent of the Indiana Gaming Commission. While every effort will be made to accommodate interested individuals who approach casino security officers, it may be necessary to make an appointment. Information on obtaining an appointment time is available on the Indiana Gaming Commission Web site or by calling the Indiana Gaming Commission at **317-234-3600**.
- Participants may elect to self-exclude for one year, five years or life. Once a time period is selected, it may be increased, but not decreased. Once the time period chosen has concluded, a participant may be removed from the list by making a request to the Indiana Gaming Commission.
- VEP participants will be removed from the marketing list of each casino and will not be eligible for promotions, credit or casino comps.
- Participants found to be in an Indiana casino will be asked to leave and could be subject to arrest for trespassing.
- If it is discovered that a VEP participant has won a jackpot, the jackpot will be confiscated and submitted to the Indiana Gaming Commission in the form of a fine.
- Casinos may elect to permanently evict VEP participants from their properties.

