

The physical agility test (PAT) consists of 5 main events. Each event must be performed precisely according to the strictly defined protocol in order to be scored. In order to pass the PAT, applicants must have a cumulative score of **15 points with at least 1 point in each event.**

2019 Physical Agility Standards Scoring Scale					
Score	Push Ups	Sit Ups (1 Min)	Vertical Jump	300 Meter Run	1.5 Mile Run
0	9 or less	18 or less	Less than 12"	90 seconds +	20 min +
1	10-14	19-20	12-12.49"	86-89.99 seconds	19m 16s – 19m 59s
2	15-20	21-23	12.5-13.49"	82.01-85.99 seconds	18m 57s – 19m 15s
3	21-30	24-30	13.5-15.99"	75-82 seconds	15m – 18m 56s
4	31-40	31-40	16-19.99"	60-74.99 seconds	13m – 14m 59s
5	41+	40+	20"+	< 60 seconds	< 13 min