

**Indiana WIC Program
Indiana State Department of Health**

**Breastfeeding Aids,
Manual, and Electric Pumps**

Policy

The local agency staff will provide manual, single-user electric (SUE), and multi-user electric (MUE) breast pumps, or breastfeeding aids to mother-baby dyad to maintain breastfeeding and manage lactation challenges. Prenatal clients will not be issued breast pumps or breastfeeding aids. Pumps or aids will not be provided solely as an incentive to consider or continue breastfeeding.

Authority

7 CFR Part 246.14
USDA FNS Policy Memorandum, 99-WIC 73

Procedure

- I. Local agency staff may issue breast pumps or breastfeeding aids after completing breast pump training. Staff must attend state sponsored training but may also be given local training by the Breastfeeding Coordinator until statewide training can be completed.
- II. Individual counseling and education must be provided by trained staff prior to issuing pumps or breastfeeding aids.
 - A. Instruct and demonstrate how to assemble, use, and clean the pump being issued, or a demonstration pump.
 - B. If a nursing supplementer is issued follow-up must be completed by a Breastfeeding Coordinator or an IBCLC.
 - C. Instruct on how to store human milk.
 - D. An Alert will be added to the chart stating that the mother-baby dyad has been issued a loaner, MUE pump.
- III. Local agency trained staff will contact households who have been issued loaner breast pumps to determine if the pump is being used and to offer breastfeeding support. Initial contact should be made within the first week after receiving the pump and every week until milk production is established after which contact can be made as needed.
- IV. Households are encouraged to apply with their medical provider to obtain a breast pump. Local agency staff may assist in the application

process. The local agency may issue a breast pump until the mother can obtain an appropriate pump from her provider.

- V. The local agency may issue **manual pumps** or breastfeeding aids to mothers who:
- A. need help in resolving short-term breastfeeding concerns. Examples might be
 - engorgement,
 - flat or inverted nipples,
 - oversupply,
 - plugged duct.
 - B. need to pump during infrequent separation from their infants because of part-time return to work, school, or other situations.
- VI. The local agency may issue **SUE pumps** to mothers who:
- A. express long-term commitment to breastfeeding, need help maintaining adequate milk supply, and have demonstrated successful pumping with a 2-3 week use of a loaner multi-user electric pump.
 - B. need to pump during frequent separation from their infants because of full-time return to work and/or school, infant/mother hospitalized, or shared custody of an infant.
 - C. qualify for a MUE pump, but one is not available.
 - D. have multiple infants.
- VII. An **MUE pump and a SUE pump will not be issued at the same time**. The MUE breast pump must be returned to the clinic before a SUE pump may be issued.
- VIII. The local agency may issue **MUE pumps** to mothers who:
- A. must be separated from their infants due to infant or mother hospitalization and need to establish or maintain their milk supply.
 - B. have infants with a special physical need(s) such as:
 - prematurity,
 - low birth weight,
 - cleft lip or palate,
 - Down Syndrome,
 - cardiac problems,
 - cystic fibrosis.

- C. need to pump during frequent separation from their infants because of full-time return to work and/or school, infant/mother hospitalized, or shared custody of an infant.
 - D. have infants with an inability to effectively latch-on to the breast.
 - E. want to re-lactate.
 - F. wish to exclusively pump.
- IX. A **replacement SUE** or **MUE pump** may be issued when a mother returns a broken or defective pump.
- X. If the mother did not receive a **collection kit** in the hospital or received one that is not designed to work with the local agency breast pump, a collection kit will be issued.
- XI. Staff must track issuance of the Manual Pump, SUE Pump, and Breastfeeding Aids. The state provided Manual Pump, SUE Pump, and Breastfeeding Aid Release Form, or other local agency form may be used to track issuance. Records must be kept on file. Files must be kept for 3 years.
- XII. Staff and mother will complete and sign a Multi-use Pump Loan Agreement for every MUE pump issued and place in the file. The file will be reviewed frequently by the local agency to check for current pump return dates. In unique circumstances, a pump may be issued to alternate Household representative and must be documented in the INWIC. The initial agreement form will be scanned into INWIC. Follow-up and extension dates should be documented in INWIC.
- XIII. A Breastfeeding Note will be entered with each issuance specifying the pump that was issued, the reason for issuance, and the plan for follow-up. Return of a MUE pump should also be entered in the Breastfeeding Note. A household alert will be added to note issuance of the pump and the agency.
- XIV. Upon **return** of the MUE **pump**, clinic staff will:
- check the pump case for all parts,
 - ensure the pump is in good working order,
 - assess the pump for damage,
 - enter the date returned on the Breastfeeding Pump record of INWIC,
 - follow the cleaning instructions given in breast pump training, and
 - remove the household alert once the pump has been returned.

- XV. Manual and SUE breast pumps and all collection kits (with the exception of the glass flange) are classified by the USDA as personal hygiene items and must never be used by more than one person.
 - A. Autoclaving and sanitizing manual and SUE breast pumps is not permitted.
 - B. Only the glass flange must be returned for reuse after it has been auto-claved.
- XVI. Only appropriate parts designated for a pump will be distributed as mixing parts may void a manufacturer's warranty.