

Indiana WIC Program
Indiana State Department of Health
Mid-certification Health Screening

Policy

To ensure the continuation of health and nutrition services a mid-certification screening will be offered to clients during an extended certification. This includes certifications for: 1) infants less than six months of age; 2) children; and 3) exclusively or mostly breastfeeding women less than 6 months postpartum who breastfeed up to their infant's first birthday.

Authority

Policy Memo 98-9 – WIC Nutrition Risk Criteria

USDA Guidelines for Providing Quality WIC Nutrition Services during Extended Certification Periods – August 29, 2011

Policy Memo 2006-5 – Value Enhanced Nutrition Assessment

Policy Memo 2001-2

7 CFR Part 246.7 (e)(1)(i)(A)(1-3),(B);(ii)(A)(B)(1-3);(iii)(iv)(vi)

7 CFR Part 246.7 (e)(2)(i)(ii)(iii)(iv)

7 CFR Part 246.7 (g)(1)(iii)(iv)(v)

Procedures

- I. Anthropometric measurements will be taken following procedures in the Anthropometric Measurements policy. An assessment of the findings and the updated growth/weight grids and BMI information will be completed by the CPA.
- II Hematologic testing will be done as described in the Hematologic Assessment policy. An assessment of the findings will be completed by the CPA.
- III. Brief update of health and dietary assessment will be done utilizing a Value Enhanced Nutrition Assessment supported by a participant-centered approach. The Mid-certification screen will be completed in the INWIC.
 - A. Identify important changes since the previous certification or contact. An abbreviated assessment should include the following:
 - 1. Follow-up on risk factors
 - 2. New concerns raised by the client
 - 3. New medical diagnoses
 - 4. Changes in growth or weight
 - 5. Changes in eating pattern/food intake/food package
 - 6. Changes in physical activity behaviors
 - 7. Changes in environmental factors related to nutrition status

- B. Identify additional risk factors as a result of the assessment.
- V. Follow-up on immunization status and referrals given at the previous certification for children less than 2 years of age.
- VI. Nutrition Education will be completed as described in the Nutrition Education Contacts policy. Extended certifications require one second nutrition contact per quarter but not necessarily within the quarter. A nutrition education contact will be done as part of the mid-certification screening.

A suggested timeline for nutrition education (NE) contacts during an extended certification:

Extended Certification			
1 st Quarter	2 nd Quarter	3 rd Quarter	4 th Quarter
NE at Infant Certification	Postpartum bloodwork with NE Contact	Anthropometric measurements for infant with NE Contact	Hematologic testing for infant with NE Contact
NE at Exclusively or Mostly Breastfeeding Certification	Postpartum bloodwork with NE Contact	Mid-certification Assessment with NE Contact	Benefit Issuance NE Contact
NE at Child Certification	Hematologic testing at 15mo. for 1yo children with NE Contact	Mid-certification Assessment with NE Contact	Benefit Issuance NE Contact

- VII. Documentation of the mid-certification screening will be made by a CPA in the Nutrition Ed Counseling note or Individual Care Plan.