

A white St. Croix sheep is shown in profile, standing in a field of tall grass and small white flowers. The sheep is facing right. In the background, there is a wire fence with wooden posts. The text "ST. CROIX SHEEP" is overlaid in white, bold, sans-serif capital letters on a semi-transparent dark rectangular background.

# ST. CROIX SHEEP



## ABOUT US

# Green Pastures Farm

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# GREAT PYRENNES GUARDIAN BREED



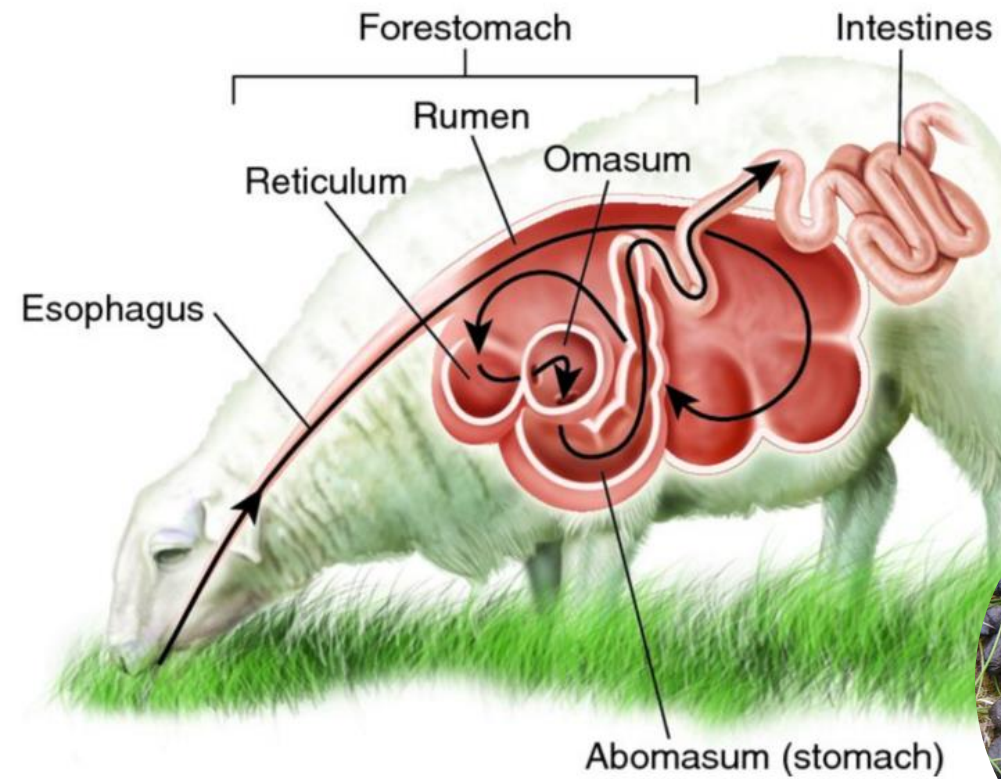


# SHOWS / EDUCATION EVENTS





## DIGESTIVE SYSTEM - SHEEP





# ESSENTIAL LIVING





# Nutrition

American Lamb is a nutrition powerhouse, without the guilt. Protein-packed and nutrient-dense, American Lamb is a delicious ingredient for a healthy lifestyle—a whole food for the whole body.

## B12

Approximately 108% of your Daily Value of B12. Vitamin B12 plays a critical role in the production of protein synthesis which is vital to produce immune cells.

## Protein

46% of your Daily Value of Protein. Protein provides the body with amino acids. These amino acids act as building blocks to produce immune cell and antibodies.

## Zinc

41% of your Daily Value of Zinc. White blood cells require zinc to function and fight infection.

## Selenium

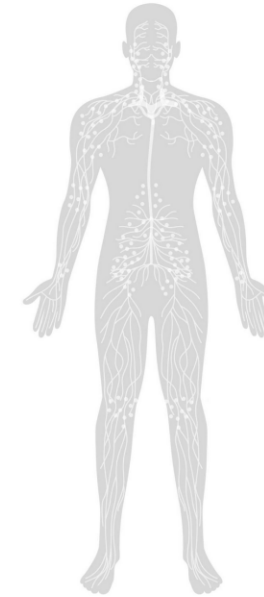
31% of your Daily Value of Selenium. Selenium has antioxidant properties, protecting immune cells from oxidative stress. It also plays an important role in protein synthesis.

## Iron

10% of your Daily Value of Iron. Iron is a fundamental element for the immune response, helping lymphocytes (a type of white blood cell that attacks an infection) grow and mature.

## B6

18% of your Daily Value of B6. Vitamin B6 is needed to activate an immune signaling molecule that regulates the activities of white blood cells.



\*Colorado State University, US Grain-Finished & Grass-Finished Lamb – Complete Nutrient Analysis of Ten Lamb Cuts and Ground Lamb, 2015

NATURALLY NUTRIENT RICH



POWERFUL PROTEIN



HEART-HEALTHY FAT



EXCEPTIONALLY LEAN\*





# NUTRITION



## LOIN

140 calories per 3 ounce cooked portion

23 grams of protein

excellent source of vitamin B12, zinc, selenium and B6

ROAST

GRILL

PAN FRY



## GROUND

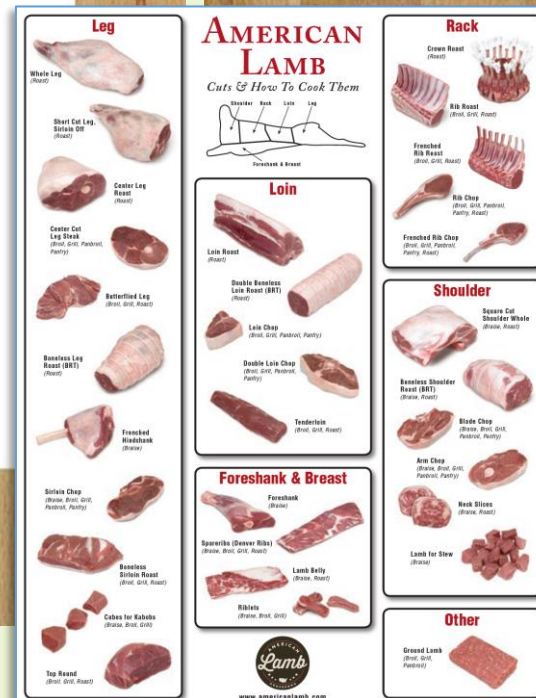
190 calories per 3 ounce cooked portion

22 grams of protein

excellent source of vitamin b12, zinc and selenium

GRILL

SAUTÉ





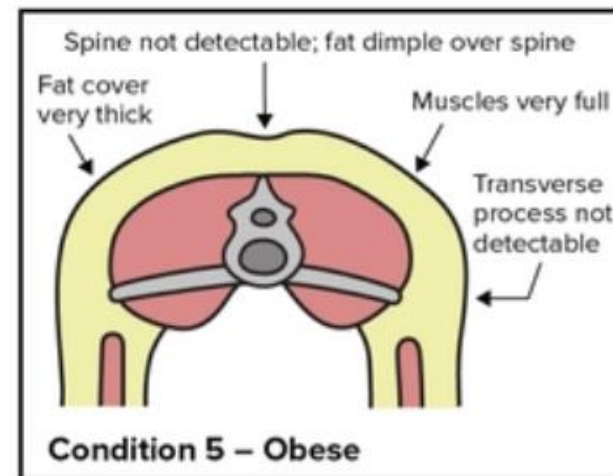
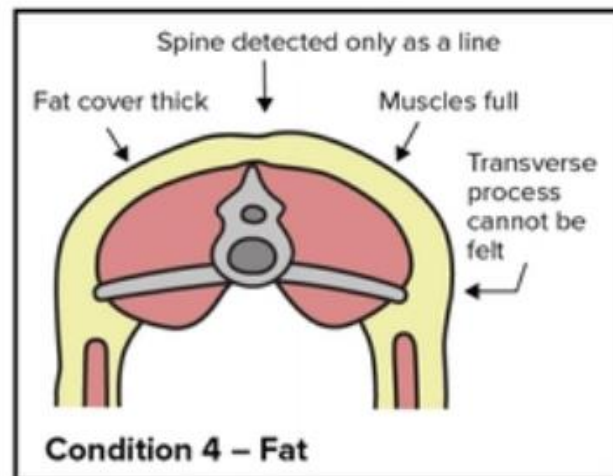
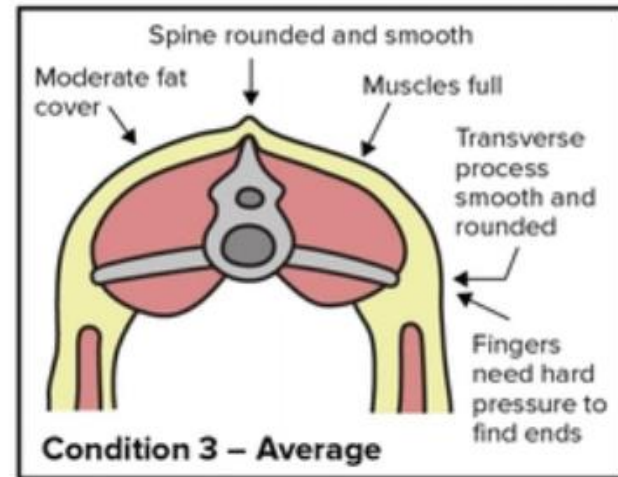
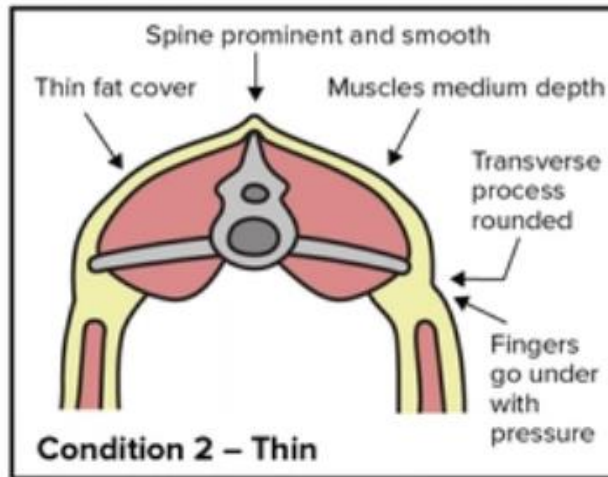
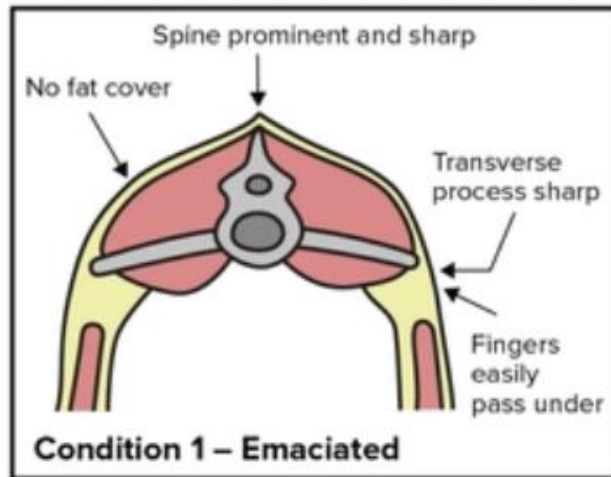
# BODY CONDITION SCORES – SHEEP/GOATS

Source: [www.smallstock.info](http://www.smallstock.info)

	SCORE	SPINEOUS PROCESS	RIB CAGE	LOIN EYE
1	Very Thin	Easy to see and feel, sharp	Easy to feel and can feel under	No fat covering
2	Thin	Easy to feel, but smooth	Smooth, slightly rounded, need to use slight pressure to feel	Smooth, even fat cover
3	Good Condition	Smooth and rounded	Smooth, even feel	Smooth, even fat cover
4	Fat	Can feel with firm pressure, no points can be felt	Individual ribs cannot be felt, but can still feel indent between ribs	Thick fat
5	Obese	Smooth, no individual vertebra can be felt	Individual ribs cannot be felt, no separation of ribs felt	Thick fat covering, may be lumpy and “jiggly”

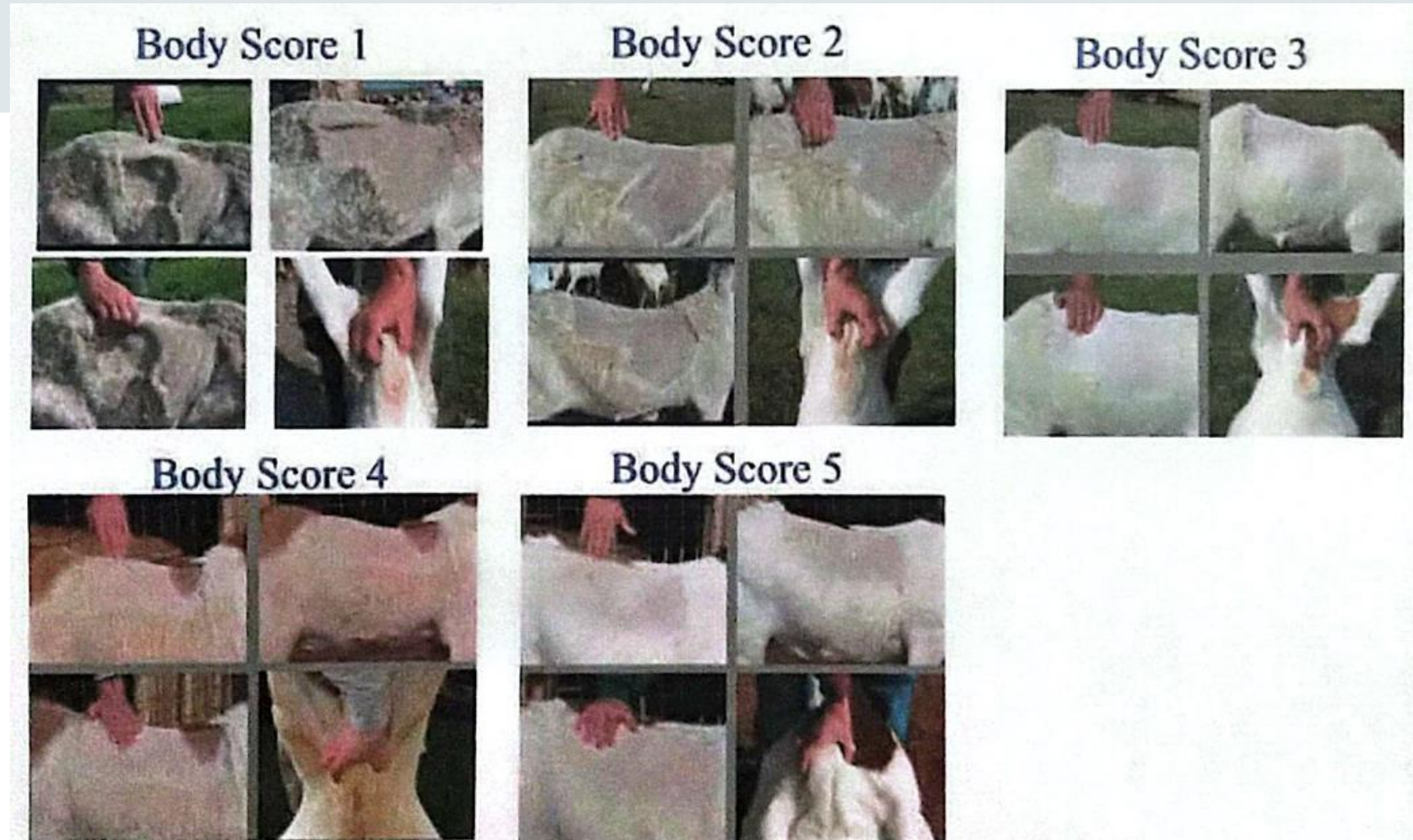


# BODY CONDITION SCORES – SHEEP/GOATS





# BODY CONDITION SCORES – SHEEP/GOATS





# FAMACHA<sup>©</sup>

2005

Anaemia guide

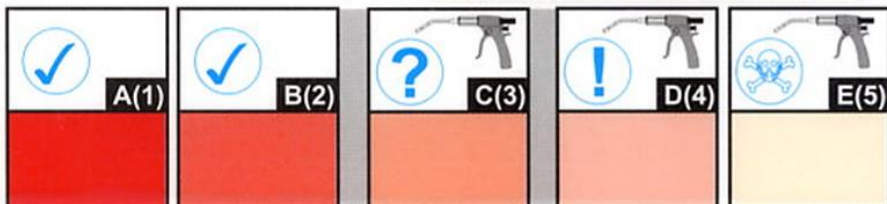
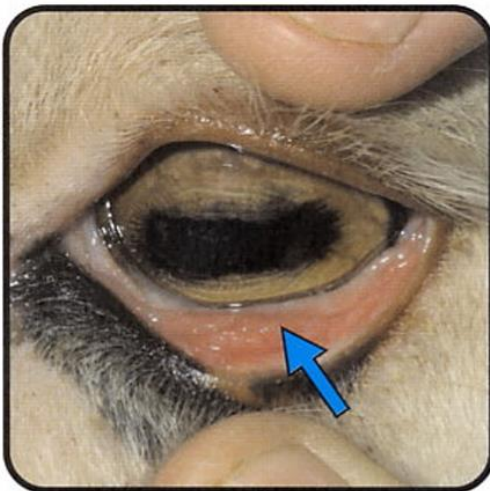
Guide sur l'anémie

Guía de anemia

مرشد فقر الدم

ऐनिमिया संबन्धि निर्देश

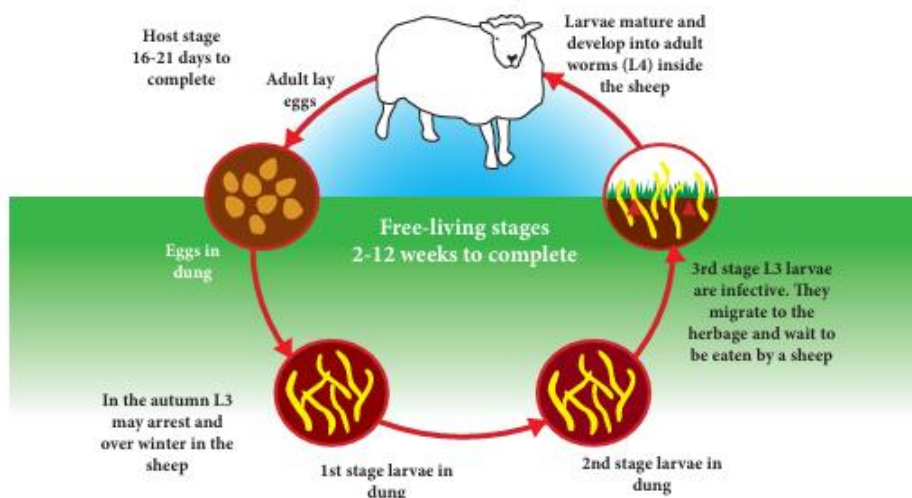
貧血症檢測卡



## Technique for FAMACHA

- Place gentle downward pressure on eye with upper thumb
- Pull down lower eyelid with other thumb
- Read color of eye on mucous membranes of lower eyelid (conjunctiva)
  - Score using the FAMACHA chart
  - Evaluate in bright light (sunlight)
  - Be quick
  - Score both eyes
  - Use higher score if eyes differ

### Worm Life-cycle





**THANK YOU**

**QUESTIONS?**

