# **Helping Hoosiers Improve Maternal and Child Health**

## Indiana Consultations for Healthcare Providers in Addiction, Mental Health, and Perinatal Psychiatry Program (CHAMP)

https://redcap.link/champregistration

The Indiana Consultations for Healthcare providers in <u>A</u>ddiction, <u>Mental Health</u>, and <u>Perinatal Psychiatry Program</u> (CHAMP) within Indiana University School of Medicine's Department of Psychiatry is an innovative adult and perinatal psychiatry access program for any adult health care provider. CHAMP offers a free statewide provider-to-provider phone consultation line, referral service, and educational opportunities.



Program offers no-cost services to providers who see patients 18 and older:

- Provider -to-provider consultation
- Referrals
- Education

#### **Indiana Pregnancy Promise**

#### Indiana Pregnancy Promise Program: Home

The Indiana Pregnancy Promise Program is a free, voluntary program for pregnant Medicaid members who

use opioids or have used opioids in the past. The program ensures individuals' privacy and confidentiality. The Pregnancy Promise Program connects individuals to prenatal and postpartum care, other physical and mental health care, and treatment for opioid use disorder. The Pregnancy Promise Program provides support during the prenatal period and for 12 months after the end of pregnancy. Through these supports and relationships, the Pregnancy Promise Program provides hope to parents and babies and sets a strong foundation for their future. Now offering a childcare benefit for all enrollees.

Provider resources for:

- **Pregnant Individuals** •
- Family Support Providers
- Health care Providers/Medical Partners
- Community and Recovery

Please contact the Pregnancy Promise Program with any questions or for more information:

#### Email PregnancyPromise@fssa.in.gov or call 888-467-2717 or 317-234-5336





#### **My Healthy Baby**

- My Healthy Baby: For the Public
- <u>My Healthy Baby: For Referring Partners</u>
- <u>Referral Form | My Healthy Baby</u> (myhealthybabyindiana.com)



- My Healthy Baby connects pregnant women to family support providers in their own communities. A family support provider offers free, personalized guidance and support to the woman during her pregnancy and for at least the first 12 months after her baby's birth.
- My Healthy Baby is a collaboration between the <u>Indiana Department of Health</u>, the <u>Indiana Family and Social Services Administration</u> (FSSA) and the <u>Indiana</u> <u>Department of Child Services</u> (DCS).

#### **Nurse-Family Partnership**

What is NFP?

#### A free program to support first-time mothers and their babies.

Nurse-Family Partnership is a free program for new moms who are pregnant with their first baby. When you enroll in the program, you will be connected to a registered nurse who will provide the support, advice and information you need to have a healthy pregnancy, a healthy baby, and be a great mom.

Once your baby arrives, your NFP nurse will work with you on breastfeeding, nutrition, child development, safe-sleep techniques, and much more.



Your free personal nurse can help answer all your questions!

These services are completely free of charge. You must be 28 weeks pregnant or less with your first baby and meet certain income eligibility requirements! Don't forget that you can enroll as soon as you find out you are pregnant!

Contact us to learn more, or so we can get you connected with your personal nurse.

- Call: (844) 637-6667
- Text: <u>(844) 637-6667</u>
- Referrals: <u>newmoms@nursefamilypartnership.org</u>



# **National Resources for Families**

National Resources - NFP Indiana Moms (nursefamilypartnership.org)

### **Perinatal Mental Health Screening**

- Conduct perinatal mental health screening.
  - Twice during the pregnancy
  - At the time of delivery
  - Once during the postpartum period
  - They also recommend screening in the pediatric setting: At 1, 2, and 4 month well-child visits
  - Additional resource <u>40013.pdf (issuelab.org)</u>

# North Carolina Department of Health Congenital Syphilis Resources for Providers

- Increase universal syphilis screening in pregnant persons.
  - Universal syphilis screening at three points of pregnancy care (first and third trimesters and at delivery). This practice is being used in Alabama, Florida, Georgia, Louisiana, Maryland, Michigan, Missouri, and Nevada.



POLICY CENTER

FOR Maternal Menta

Congenital Syphilis Resources for Providers

- Patient facing education to share as well. <u>Syphilis Prenatal Screening (Protect Your</u> <u>Baby) (cdc.gov)</u>
- Congenital Syphilis Resources for Providers: <u>Congenital Syphilis Resources for</u> <u>Providers | Division of Public Health (ncdhhs.gov)</u> this is an entire toolkit for providers. Please see resource tab at the bottom of the webpage.
- Using the <u>PhenX Toolkit: Collections</u> to build a toolkit based on core preferences. The toolkit can be created from an individual or structural SDOH.
- Patient-facing infographics with the information in a format that is easy for patients to understand with resources on the other side.

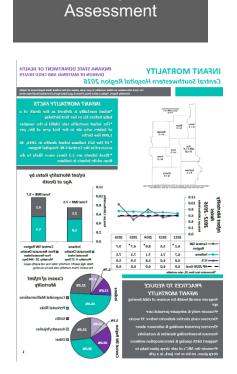




Conducting a <u>community needs assessment</u> to identify pertinent challenges is crucial in addressing prevalent issues, including infant mortality, obesity, and smoking cessation, within each county. Such an assessment helps to understand the needs of the communities and can provide valuable insights to develop effective interventions and strategies.

#### Infographics

• Creating a visual that informs the health care team of their regional data and state goal to addressing the rising rate will help to ensure all are on the same page. Attached are some examples of <u>posters</u> and <u>infographics</u>.



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Community Needs

needs

data

question

policy

sites

strategy

needs

n plan

team

