The state of tobacco control

Porter County

Lead agency:
Valparaiso University
Coordinator : Carolyn Higgins

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Valparaiso, IN 46383
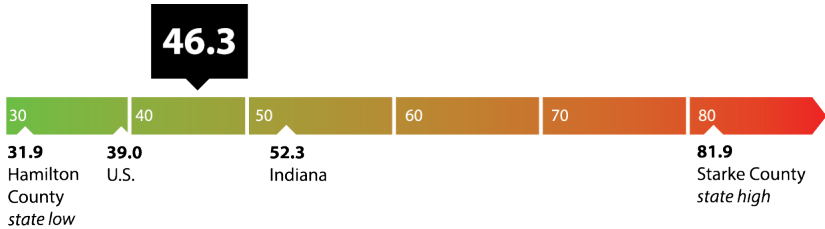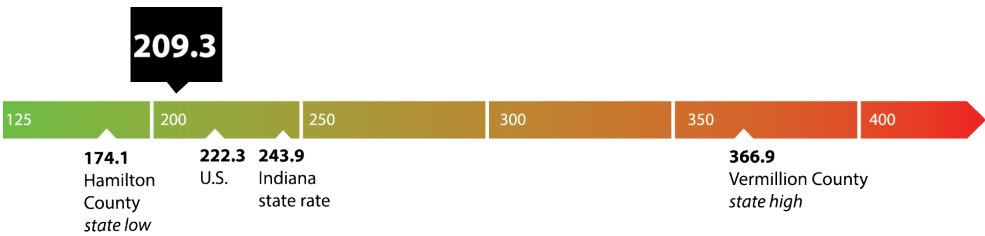Ph: (219) 464-5357

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Total Population
164,343
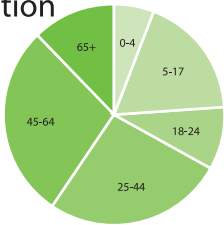
Population by age group
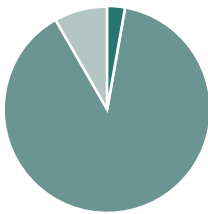
Population by race

Hispanic
White
African American

TOBACCO AND HEALTH IN **PORTER COUNTY**

Percent of adults who smoke

21.1% = 26,235 smokers

| 0% | 10% | 20% | 30% | 40% |

9.9 %
Hamilton County
state low

16.1%
U.S.

21.1%
Indiana

43.8%
Warren County
state high
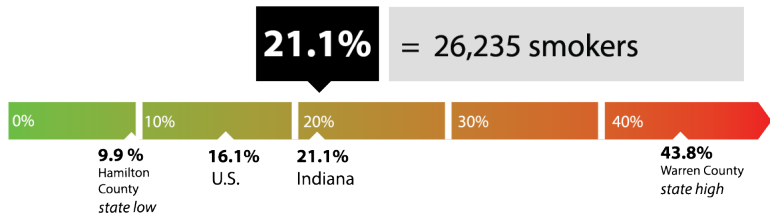
Lung cancer deaths per 100,000 residents

46.3

| 30 | 40 | 50 | 60 | 70 | 80 |

31.9
Hamilton County
state low

39.0
U.S.

52.3
Indiana

81.9
Starke County
state high

Cardiovascular disease deaths per 100,000 residents

209.3

| 125 | 200 | 250 | 300 | 350 | 400 |

174.1
Hamilton County
state low

222.3
U.S.

243.9
Indiana
state rate

366.9
Vermillion County
state high

Asthma related emergency room visits per 10,000 residents

44.0

| | 10 | 25 | 40 | 55 | 70 | 85 |

5.6
Dubois County
state low

47.4
Indiana

87.0
Madison County
state high
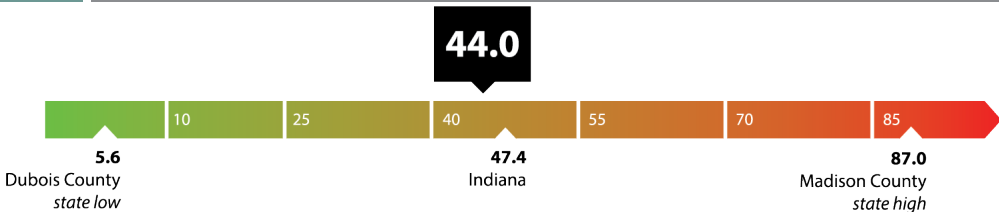
Smoking and pregnancy

Births affected by smoking
low birth weight, SIDS, reduced lung function

176

Cost of smoking related births

$239,008

Percent of pregnant women who smoke

Indiana **11.5%**
Porter County..........................**8.5%**

Smoking deaths

Deaths attributable to smoking

283

Deaths due to secondhand smoke

34

Economic burden of secondhand smoke: $54.9 million

Smoking related illness

8,498

TOBACCO CONTROL FUNDING

$225,000
Funding in Porter County for July 2019- June 2021.

$6.1 billion
Economic cost in Indiana due to smoking.

$903 per Indiana household
State and federal tax burden from smoking-caused government expenditures.

TOBACCO FREE POLICIES

Hospitals and Health Care Facilities:
• Porter-Portage Hospital Campus • Porter-Valparaiso Hospital Campus • Regency Hospital of Porter County • Hilltop Community Health Center • Porter-Starke Services • Regional Mental Health Center

Colleges and Universities:
• Ivy Tech - Valparaiso • Ivy Tech - Portage • Valparaiso University

School Districts:
• Duneland School Corporation • East Porter Community School Corporation • M S D of Boone Township • Portage Township Schools • Porter Township School Corporation • Union Township School Corporation • Valparaiso Community School

Multi-Unit Housing:
• Housing Opportunities • East Pointe Apartments

COMMUNITY-BASED TOBACCO CONTROL COALITION

• Portage Township Schools
• Valparaiso Community Schools
• Duneland School Corp
• Porter County Education Inter-local
• Valparaiso University
• Ivy Tech Community College
• East Porter County Schools
• Union Township Schools
• Hebron High School
• Porter Hospital
• Porter County Health Department
• HealthLinc Community Health Center
• Northshore Health Clinic
• Society for Nurses in Advanced Practice
• WebMD

• Dr. John Johnson and Associates
• Porter-Starke Services
• Mental Health America
• St. Mary Medical Center
• St. Anthony Medical Center
• Heartland Christian Church
• United Methodist Church
• Porter County Step Ahead
• Porter County Substance Abuse Council
• American Cancer Society
• American Heart Association
• United Way of Porter County
• Society of Human Resource Managers
• Centier Bank
• Opportunity Enterprises

• Mittal Steel
• Urshel Labs
• Smith Readymix
• Steelworkers Union #6787
• Anthem
• GMW Consultants, Inc. Western and Southern Insurance
• Portage YMCA
• Valparaiso YMCA
• Boys & Girls Club of Porter County
• Duneland School Corp
• Portage Township Schools
• Union Township Schools
• East Porter County Schools
• Heartland Christian Church
• Geminus Head Start
• Housing Opportunities

COMMUNITY INDICATORS

Protect and maintain local tobacco control coalition infrastructure needed to combat tobacco use, as well as working with community organizations to reduce tobacco use among those groups most impacted by tobacco

Decrease adult smoking rates by:
• Promoting the Indiana Tobacco Quitline (1-800-QUIT NOW) throughout the community
• Working with healthcare providers to ensure they ask, advise, and refer their patients to tobacco cessation resources
• Supporting employers to create a healthier workforce through providing tobacco employer-sponsored cessation resources to their employees

Decrease youth smoking rates by:
• Supporting community efforts for counter tobacco point-of-sale strategies at the local level

Protect Hoosiers from exposures to secondhand smoke by:
• Supporting local or statewide smoke-free air ordinances for worksites, including restaurants, bars and gaming facilities
• Working toward smoke-free policies in multi-unit housing