

INDIANA LEADERSHIP ACADEMY FOR WELLNESS & TOBACCO FREE RECOVERY

Background

In June 2019, the Indiana State Department of Health (ISDH) and the Indiana Family and Social Services Administration (FSSA), invited leaders and advocates in public health, behavioral healthcare, government agencies, Medicaid managed care entities, and tobacco control to host the Indiana Leadership Academy for Wellness and Tobacco Free Recovery Summit to address the high prevalence of smoking among adults in Indiana with mental illness or substance use disorder (behavioral health conditions).

The below areas were identified as practical strategies to achieve the summit goals:

Data

Education

Policy & Advocacy

Communications

 *Where are we now?
Where do we want to be?*

Goals 25 x 25

Attendees of the Indiana Summit brainstormed and discussed specific aims to reduce and ultimately eliminate tobacco use among persons with behavioral health conditions. Using the Performance Partnership model, Indiana's Action Plan aims to achieve the following:



1 Decrease the prevalence of smoking among Hoosier adults who report poor mental health from 37.8% to 25.0% by 2025



2 Decrease the prevalence of smoking among Hoosier adults who meet heavy drinking criteria from 39.1% to 25.0% by 2025

Indiana Stats

Efforts to promote population-based tobacco control strategies such as tobacco price increases, anti-tobacco mass media campaigns, and comprehensive tobacco-free policies are underway, however, opportunities still exist throughout the state to enhance both tobacco-free environments and tobacco cessation treatment in behavioral health treatment settings.

Why Address Tobacco Use?

- People with behavioral health conditions make up only 25% of the U.S. adult population, yet consume 40% of all cigarettes smoked.
- Although majority of cigarette smokers make a quit attempt each year, less than one-third use FDA-approved tobacco treatment medications or behavioral counseling to support quit attempts.
- When tobacco treatment is incorporated into addiction treatment, there is a 25% increased likelihood of long-term recovery from alcohol and other drugs.
- Quitting smoking is associated with a decrease in depression, anxiety, and stress.

	MENTAL HEALTH TREATMENT FACILITIES				SUBSTANCE USE DISORDER FACILITIES			
	Tobacco Use Screening	Tobacco Cessation Counseling	NRT	TF-Grounds	Tobacco Use Screening	Tobacco Cessation Counseling	NRT	TF-Grounds
Indiana	67.8%	56.8%	37.5%	73.8%	69.1%	48.1%	26.3%	59.5%
U.S.	48.9%	37.6%	25.2%	48.6%	64.0%	47.4%	26.2%	34.5%

Participating Organizations

Below are the names of the various organizations who are committed to this partnership to reduce tobacco-related disparities among Hoosiers with behavioral health conditions.

- American Cancer Society
- American Lung Association
- Anthem
- Aspire Indiana Health
- Behavioral Health Services Community Health Network
- Cancer Support Community Central Indiana
- CareSource
- Centerstone
- Indiana University Health Methodist
- Indiana Cancer Consortium
- Indiana Criminal Justice Institute
- Indiana CTSI - Connections IN Health
- Indiana Department of Correction
- Indiana Family and Social Services Administration
- Indiana State Department of Health
- Indiana University Simon Comprehensive Cancer Center
- Managed Health Services
- MDwise
- Mental Health America of Indiana
- National Alliance on Mental Illness Indiana
- National Council for Behavioral Health/CDC's National Behavioral Health Network (NBHN)
- Pfizer Inc.
- Purdue University
- Rethink Tobacco Indiana
- Richard M. Fairbanks Foundation
- Smoking Cessation Leadership Center/Center of Excellence for Tobacco-Free Recovery
- Substance Abuse and Mental Health Services Administration (SAMHSA)
- The OCL Group

Get Involved

Are you or is your organization interested in making an impact in your community and around the state of Indiana?

Is your organization ready to prioritize tobacco dependence treatment for your patients?

Join us in this collaborative partnership as we work toward reducing tobacco-related disparities by improving patient care, and creating supportive tobacco-free environments!



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