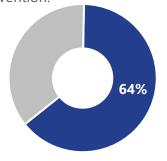
# **Drug Overdose Death Circumstances**



## **Background**

Understanding the circumstances surrounding drug overdose deaths can inform efforts to prevent fatal overdoses. This fact sheet highlights circumstances surrounding unintentional (or undetermined intent) overdose deaths that occurred in Indiana from 2019-2023.<sup>1</sup>

**Figure 1.** 64% of overdose deaths had at least one opportunity for intervention.



### **Opportunities for Intervention**

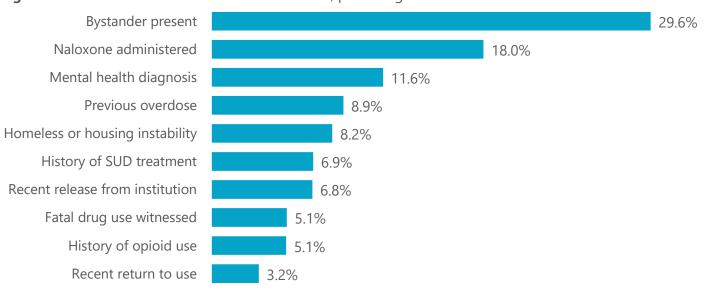
From 2019-2023, 64% of overdose decedents had at least one potential opportunity for intervention prior to death. Potential opportunities include at least one of the following:

- Bystander(s) present at time of overdose
- History of a mental health diagnosis
- History of a previous overdose
- Fatal drug use was witnessed
- Decedent was recently released from an institution
- Decedent was in substance use disorder (SUD) treatment at the time of death

#### **Overdose Circumstances**

The most common circumstances identified in overdose deaths were having a bystander present (29.6%) and naloxone administration (18.0%), followed by a mental health diagnosis (11.6%) (Figure 2). The fact that the proportion of deaths in which naloxone administered was substantially lower than the proportion where a bystander was present suggests potential missed opportunities for life-saving intervention and highlights the importance of ongoing naloxone training and distribution.

Figure 2. Additional overdose death circumstances, percentage of total deaths



#### **Substance information**

SUDORS data provides additional information on the substances listed as cause of death (COD) due to the comprehensive postmortem toxicology testing that is performed. Postmortem toxicology testing allows for specific substances to be pinpointed as cause of death or contributing causes of death. Opioids, including fentanyl analogs, remain the leading cause of overdose death in Indiana.<sup>2</sup>

Top 5: Specific Substances listed as COD, 2019-2023 <sup>3</sup>
Fentanyl, 20.4%
Methamphetamine, 11.3%
4-ANPP, 10.3% <sup>4</sup>
Amphetamine, 6.7%
Acetylfentanyl, 5.1%

Top 5: Substance Classes listed as COD, 2019-2023 <sup>3</sup>
Opioids, 54.2%
Amphetamines, 18.0%
Cocaine, 6.9%
Benzodiazepines, 4.6%
Alcohol, 3.8%

### **Additional information**

- For additional Indiana drug overdose data, visit: <a href="https://www.in.gov/health/overdose-prevention/overdose-surveillance/">https://www.in.gov/health/overdose-prevention/overdose-surveillance/</a>
- For more information on SUDORS, visit: <a href="https://www.cdc.gov/overdose-prevention/data-research/facts-stats/about-sudors.html">https://www.cdc.gov/overdose-prevention/data-research/facts-stats/about-sudors.html</a>
- For more national SUDORS data, visit: <a href="https://www.cdc.gov/overdose-prevention/data-research/facts-stats/sudors-dashboard-fatal-overdose-data.html">https://www.cdc.gov/overdose-prevention/data-research/facts-stats/sudors-dashboard-fatal-overdose-data.html</a>

#### **Notes:**

<sup>1</sup> Circumstance data is pulled from the State Unintentional Drug Overdose Reporting System (SUDORS). SUDORS synthesizes death certificates, coroner or medical examiner reports, and toxicology report information to provide a more comprehensive view of each overdose death. From 2019 to 2023, there were a total of 7,366 unintentional and undetermined intent overdose deaths with sufficient circumstantial information<sup>1</sup> to include in this analysis (i.e., having a coroner/medical examiner report available or having contextual information in the form of a narrative, autopsy, law enforcement or other report).

<sup>2</sup> For more information on overdoses and specific substances involved, see the Indiana Drug Overdose Dashboard. https://www.in.gov/health/overdose-prevention/overdose-surveillance/indiana/

<sup>4</sup> 4-ANPP is also known as Despropionylfentanyl, 4-Anilino-N-Phenethylpiperidine, and 4-Aminophenyl-1-Phenethylpiperidine.

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<sup>&</sup>lt;sup>3</sup> Overdose deaths can be attributed to more than one substance as the cause of death. In this part of the analysis, the first five substances listed as cause of death were included, accounting for 18,507 substances across the 7,366 deaths. The percentage shown reflects the percentage of overall substances. Metabolites were excluded from this portion of the analysis. Substance classes were determined by the Center for Disease Control and Prevention (CDC).