

## *Brain Injury Resources and Education*

**Brain Injury Association of America:** <http://www.biausa.org/>

The Brain Injury Association of America (BIAA) is the voice of brain injury. We are dedicated to advancing awareness, research, treatment, and education and to improving the quality of life for all individuals impacted by brain injury. Through advocacy, we bring help, hope, and healing to millions of individuals living with brain injury, family caregivers, and professional clinicians.

**United States Brain Injury Alliance:** <http://usbia.org/>

The mission of the United States Brain Injury Alliance is to engage the community in preventing brain injury and improving lives.

**Brain Injury Association of Indiana:** [biaindiana.org](http://biaindiana.org)

The Brain Injury Association of Indiana is a nonprofit 501 c (3) service organization dedicated to reducing the incidence and impact of brain injury through education, advocacy, support, prevention and by facilitating inter-agency commitment and collaboration.

**Resource Facilitation for Individuals with Brain Injury:** <http://www.resourcefacilitationrtc.com>

Prepare an individual with brain injury so they may return to the workforce. Resource Facilitation assists with access to services and supports to enhance recovery and make informed choices to meet their goals.

**Brainline:** <http://www.brainline.org/>

BrainLine is a national multimedia project offering information and resources about preventing, treating, and living with TBI. BrainLine includes a series of webcasts, an electronic newsletter, and an extensive outreach campaign in partnership with national organizations concerned about traumatic brain injury.

### **Lash and Associates Publishing/ Training**

**Inc.:** <http://www.lapublishing.com/home.php>

Lash and Associates Publishing/ Training Inc. is the Leading Source of Information and Training on Brain Injury, Blast Injury and PTSD in Children, Adolescents, Adults and Veterans

### **Traumatic Brain Injury Model Systems:** <http://www.msktc.org/tbi/>

The MSKTC is a national center that helps facilitate the knowledge translation process to make research meaningful to those with spinal cord injury (SCI), traumatic brain injury (TBI) and burn injury (Burn). The MSKTC works closely with researchers in the 16 Traumatic Brain Injury (TBI) Model Systems to develop resources for people living with traumatic brain injuries and their supporters.

### **Center for Disease Control and Prevention- Traumatic Brain**

**Injury:** <https://www.cdc.gov/traumaticbraininjury/>

CDC's research and programs work to prevent TBIs and help people recognize, respond, and recover if a TBI occurs.

### **BITES- Brain Injury Technology and Education Support**

**Group:** <https://www.eastersealstech.com/bitesgroup/>

Easterseals Crossroads is excited to offer a monthly support group focused on assistive technology for individuals with brain injuries.

If you have a brain injury and are interested in...

- Tools and tips for using technology to assist you with everyday tasks
  - Effective ways to use your smart devices
  - Safe environments where you can practice what you have learned
  - Peer support and online communities with technology professionals as well as other with brain injuries
- ... BITES (Brain Injury Technology & Education Support) is the group for you!

**National Resource Center for Traumatic Brain Injury- Virginia Commonwealth University:** <http://www.tbinrc.com/>

The mission of the National Resource Center for Traumatic Brain Injury (NRCTBI) is to provide relevant, practical information for professionals, persons with brain injury, and family members. The NRCTBI have more than two decades of experience investigating the special needs and problems of people with brain injury and their families. With input from consumers and nationally recognized experts, the NRCTBI have developed a wide variety of assessment tools, intervention programs, and training programs.

**The Defense and Veterans Brain Injury Center (DVBIC):** <https://dvbic.dcoe.mil/>  
As the traumatic brain injury (TBI) Pathway of Care manager within the Military Health System (MHS), the Defense and Veterans Brain Injury Center (DVBIC) promotes state-of-the-science care from point-of-injury to reintegration for service members, veterans, and their families to prevent and mitigate consequences of mild to severe TBI.

**The Traumatic Brain Injury Model Systems National Data and Statistical Center (TBINDSC):** <https://www.tbindsc.org/>

The Traumatic Brain Injury Model Systems National Data and Statistical Center (TBINDSC) located at Craig Hospital in Englewood, Colorado, is a central resource for researchers and data collectors within the Traumatic Brain Injury Model Systems (TBIMS) program. The primary purpose of the TBINDSC is to advance medical rehabilitation by increasing the rigor and efficiency of scientific efforts to longitudinally assess the experience of individuals with traumatic brain injury (TBI). The TBINDSC provides technical assistance, training, and methodological consultation to 16 TBIMS centers as they collect and analyze longitudinal data from people with TBI in their communities, and as they conduct research toward evidence-based TBI rehabilitation interventions.

**Substance Use after TBI: Information for**

**Consumers:** <http://ohiovalley.org/informationeducation/substanceuse/>

This website has information on what persons with TBI and their families should know about alcohol or drug use after TBI.

**LoveYourBrain:** <http://www.loveyourbrain.com/>

LoveYourBrain was created by brothers Adam and Kevin Pearce after Kevin, a world-renowned snowboarder, sustained a severe TBI while training for the 2010 Vancouver Winter Olympics. Their mission is to prevent brain injury, support brain injury healing, and promote brain health. They provide several different programs including an educational curriculum which educates youth about concussions and personal responsibility, hold retreats designed to build community through brain-healthy experiences and have an evidence-based yoga program specific to individuals with traumatic brain injury.

LoveYourBrain Yoga programs are designed to build community, foster resilience, and help people understand the importance of loving your brain. They do this by supporting people who have experienced a traumatic brain injury and their caregivers to participate in a free, research-backed, six-week yoga and meditation series based on the science of resilience. LoveYourBrain Yoga program is held four times a year in Indianapolis at Embarque Yoga Studio and also will be starting in 2019 at the Rehabilitation Hospital of Indiana. To find out more about these programs, please contact Wendy at [wendy.waldman@rhin.com](mailto:wendy.waldman@rhin.com).

**Unmasking Brain Injury:** [www.unmaskingbraininjury.org](http://www.unmaskingbraininjury.org)

The mission of Unmasking Brain Injury is to promote awareness of the prevalence of brain injury; to give survivors a voice and the means to educate others of what it's like to live with a brain injury; to show others that persons living with a disability due to their brain injury are like anyone else, deserving of dignity, respect, compassion and the opportunity to prove their value as citizens in their respective communities.

BIAI is a proud partner of Unmasking Brain Injury. Check out masks made by individuals with brain injury in Indiana at <http://unmaskingbraininjury.org/indiana/>.

For more information on getting involved with the Unmasking Brain Injury project in Indiana, please contact Wendy at 317.329.2235 or [wendy.waldman@rhin.com](mailto:wendy.waldman@rhin.com).

**Family Caregiver Alliance:** <https://www.caregiver.org/family-care-navigator>

To improve the quality of life for caregivers and those they care for through information, services, and advocacy.

**Well Spouse Association:** <https://wellspouse.org/>

Providing peer support and education about the special challenges and unique issues facing “well” spouses every day.

**National Institute of Neurological Disorders and Stroke:** <https://www.ninds.nih.gov/>

NINDS’s mission is to support and perform basic, translational, and clinical neuroscience research through grants-in-aid, contracts, scientific meetings, and through research in its own laboratories, and clinics. NIND funds and conducts research training and career development programs to increase basic, translational and clinical neuroscience expertise and ensure a vibrant, talented, and diverse work force. NIND promotes the timely dissemination of scientific discoveries and their implications for neurological health to the public, health professionals, researchers, and policy-makers.

**National Stroke Association:** <https://www.stroke.org/>

Whether you are a stroke survivor, caregiver, or healthcare professional we strive to bring you the most up to date, unique and comprehensive resources for stroke. From online education to resources such as StrokeSmart magazine and support groups—we are here to help.

**Nation Aphasia Association:** <https://www.aphasia.org/>

The National Aphasia Association is an organization dedicated to advocating for persons with aphasia and their families.

Their goal is to provide access to research, education, rehabilitation, therapeutic and advocacy services to individuals with aphasia and their caregivers. The NAA acts as a syndicate of resources, promoting sense of community among individuals and caregivers.

**CreateAbility Concepts:** <http://createabilityinc.com/>

CreateAbility's mission is to design, develop, and implement innovative technology that supports processes across the entire healthcare continuum to eliminate barriers, foster independence, and empower people to flourish beyond their capability.

Accomplishing our mission means opening up a world of possibility for both the person that our solutions are tailored for, and their caregivers.

- For the sons and daughters of an aging-in-place parent, it takes them from patient to parent again, restoring natural conversation, versus conversations consumed by worry and medical questions.
- Parents of younger and older “kids” with special needs can be assured that they are safe and things are running smoothly, and alerted if not.
- For the group home staff member that supports people with intellectual disabilities, it means better communication with their clients and peace of mind before they even step into the home that certain daily activities were completed, or medications taken.
- In the context of therapy, agency staff can respectfully monitor their clients with behavioral health issues as the client rehearses what was learned in sessions while they were in a calm state.