

Pre/Post Test

Answer each question and do your best. It's okay if you don't know the answer.

Match each definition with the correct word from the word bank. Write the letters in the blanks.

Use each word only one time.

Enamel

Plaque

Cavities

Nutrients

Fluoride

1. This helps make our teeth strong and keeps them safe from plaque and cavities.

2. The strong, shiny layer of the tooth that protects it when we chew food.

3. The parts of food that give us energy and help our teeth grow strong and healthy.

4. Little holes in our teeth that can hurt if we don't take care of them.

5. A slimy, sticky substance that sticks to our teeth made from leftover food and germs.

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Plaque