

**Indiana Oral Health Coalition (IOHC) Minutes**  
**Friday, September 11, 2015**  
**Hosted by the**  
**Indiana State Department of Health**

Mission: The IOHC is a collective voice of individuals, groups, organizations, and businesses working together to promote, protect and provide for the oral health of the residents of Indiana.

**PRESENT:**

Leila Alter	Andres Mantilla	Brenda Valliere
Diane Buyer	Richard Martin	Roger Valliere
Ronnie Coleman	E. Angeles Martinez-Mier	John N. Williams
Karen Ellis	James Miller	Karen Yoder
Anita Gaillard	Patty Morris	
Christine Garza	Kaylee Morrow	
Mary Ryker Hernandez	Ed Popcheff	
Amy Levander	Holli Seabury	
Nona Mahari	Tonya Stewart	

**WELCOME**

Dr. Alter, Chair of the IOHC, opened the meeting at 10:08 a.m. by welcoming everyone and thanking them for coming.

**REVIEW MINUTES**

Dr. Alter asked if there were any corrections to the minutes from the last meeting; there were none. Dr. Alter asked for a motion and second to approve the minutes. A motion and second were offered and the Indiana Oral Health Coalition minutes from the June 5, 2015, meeting were approved as submitted by a unanimous voice vote.

**INTRODUCTIONS**

Everyone was allowed to introduce themselves and the organization they represent.

**PRESENTATIONS**

**I. Self-Sustainable School Programs in Coordination with Community Partners and other IUSD Outreach Programs** – Dr. E. Angeles Martinez-Mier, DDS, MSD, PhD, Cariology, Operative Dentistry and Dental Public Health, Binational/Cross-Cultural Health Enhancement Center, Indiana University School of Dentistry

Dr. Martinez-Mier presented the PowerPoint presentation *Development of Regional Sealant Programs in Indiana Using an Innovative Workforce Model*. She said the reason she was here today was two-fold, one was to report on what they did to increase access and improve the health of children in Indiana and the second was to invite attendees to partner with them if they are interested in developing a similar program. Dental caries in U.S. children remain a major public health

problem. The underserved populations, such as low-income children, are at a disadvantage with greater unmet needs. With a grant from HRSA, the Indiana University School of Dentistry and the Oral Health Program at the Indiana State Dept. of Health in partnership with Title I school corporations in Northwest Indiana and with Healthline and the Open Door Health Services (both Federally Qualified Health Centers), are testing a pilot program to prevent dental caries in low-income children. Dr. Martinez-Mier reported on the background of the needs assessment, current data available, and the evidence based effectiveness of the school based sealant program and dental sealants.

She spoke on the Workforce Model for SEAL Indiana; the main goal of dental access needs of low-income children; and taking advantage of a recent modification to the Indiana Code which allows dental hygienists to provide patient care under prescriptive supervision in public health settings. She further spoke about the implementation challenges and the program evaluation and outcomes. She concluded with speaking about the development of a Policy and Procedures manual that the IUSD and the ISDH produced that govern the activities of this pilot program. This manual is available to share with others upon request.

There was a question and answer session.

## **II. Demonstration of the Drinks Destroy Teeth APP – Diane Buyer, D.D.S., Chairman of Drinks Destroy Teeth at IDA**

Dr. Buyer gave attendees a bullet-shaped USB car charger for Apple iPads, iPhones, or Androids. She said this gift came with a cost. She wanted the attendees to get five friends or associates to download the new *drinksdestroyteeth* app. It is free and can be found at the App Store at iTunes or Google Play. Dr. Buyer reported the app has a lot of information and demonstrations that are user friendly. The information on this app welcomes you to learn how drinks affect teeth and has fun interactive lessons on acid and sugar in popular drinks that can damage teeth. Videos highlight how acid in soft drinks, sports drinks and energy drinks potentially alter tooth enamel and illustrate just how much sugar is in one soda for a day, week, month and year. Acidic drinks soften the enamel, and sugar in the drinks increases the amount of plaque, which produces more acid, it is easier for teeth to decay.

There was a question and answer session.

## **OLD BUSINESS**

### **1. Brush!**

Holli Seabury gave an update on what's going on with the Brush! Program.

- a. Brush! is converting their lessons' curricular to align with the Early Childhood Foundations Guidelines as well as the Indiana National Health Standards. Each WIC office should now have received Flipcharts, high quality mouth models, and "prenatal through age 5" handouts. Next week, Ms. Seabury is recording an "on-line" training. All of WIC staff will have access to this training through their internal online training system through the ISDH.
- b. Brush! is having meetings with Parkview Health about primary care integration of oral health through their infant board book and handouts.
- c. The Cincinnati Project is a city-wide oral health project in Ohio wanting to increase the oral health status of their youngest children. Brush! has completed a training for Early

- Head Start and Head Start, and started working with USDA Nutrition Educators, Home Child Care Trainers, Home Visiting and Disability Program. A lot of the Brush! handouts and flipcharts came from this work.
- d. Brush! recently worked with Lighthouse, in Cincinnati, that provides home visitation for children with disabilities. Brush! recently received a grant to work on an oral health Flipchart for parents of children with disabilities and plan to share this Flipchart with Lighthouse.

There was a question and answer session.

## 2. Tobacco Cessation Initiatives

Anita Gaillard from ISDH reported on the success of the *Quit Now Indiana* and the *Indiana Tobacco Quitline*; tools to help smokers quit for life. They offer free brochures and literature upon request. She explained how tobacco use in any form—cigarettes, pipes, and smokeless (spit) tobacco, raises your risk for gum disease and heal gum damage. She wants all dental professionals to promote the *Indiana Tobacco Quitline*. She explained how the program is a telephone-based cessation service and offers toll-free, evidence-based, with proactive coaches to help educate the smoker with the hope that they will quit smoking. Ms. Gaillard explained the importance of dentists asking every patient routinely about smoking and explaining to them the importance of quitting as soon as possible.

Quitting is the best decision you can make for your health and the health of your family. Dentists should refer anyone who wants to quit smoking to the *Indiana Tobacco Quitline* at 1-800-784-8669.

## 3. Medicaid Update

Leila Alter delivered an update on the new HIP 2.0 (the new Medicaid program) that has since January enrolled 289,000 people in the state. Out of that number of people:

- 186,000 of enrollees are newly insured—never had health insurance before;
- 70% are also enrolled in Hip Plus, that has a limited dental package;
- 60% enrolled in HIP 2.0 are under the age of 40; and
- 53.6% of enrollees are under 5% of the federal poverty level.

## **ADJOURN**

The meeting adjourned at 12:02 p.m.

### **Next IOHC Meeting**

December 11, 2015 @ 10:00 a.m. in 5T Conference Room, ISDH

### **2016 IOHC Meetings**

March 11, 2016 @ 10:00 a.m. in 5T Conference Room, ISDH  
June 10, 2016 @ 10:00 a.m. in 5T Conference Room, ISDH  
September 9, 2016 @ 10:00 a.m. in 5T Conference Room, ISDH  
December 9, 2016 @ 10:00 a.m. in 5T Conference Room, ISDH