## About the BRFSS

The Behavioral Risk Factor Surveillance System (BRFSS) is the largest continuously conducted health survey system in the world with more than 400,000 American adults participating each year. The BRFSS was established in 1984 by the Centers for Disease Control and Prevention (CDC). Indiana was one of the 15 states that participated from the start. By 1993, all states and territories had implemented the BRFSS. The Indiana Department of Health (IDOH) is responsible for collecting this vital information for our state so we all can know more about the health status of Hoosiers.

### Indiana BRFSS Coordinator: Kristy Thacker | KThacker2@isdh.IN.gov

To learn more about the Indiana BRFSS, visit https://www.in.gov/isdh/25194.htm

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All of the prevalence estimates and confidence intervals provided in this report are weighted prevalence estimates. These estimates were generated using the \_LLCPWT final weight provided by the CDC as part of the final BRFSS dataset.

## 2014 Indiana State Added Question Topics

### Veteran's Health

This module explores various outcomes related to the health of veterans of the United States Armed Forces. Topics include traumatic brain injury, PTSD, and suicidal ideation.

### **Prostate Cancer**

This single question module measures the prevalence of digital rectal exams in the Indiana male adult population.

### **Physical Activity**

This module asks about respondents' access to outdoor exercise facilities, access to healthy food, and prevalence of walking or biking as a mode of transportation.

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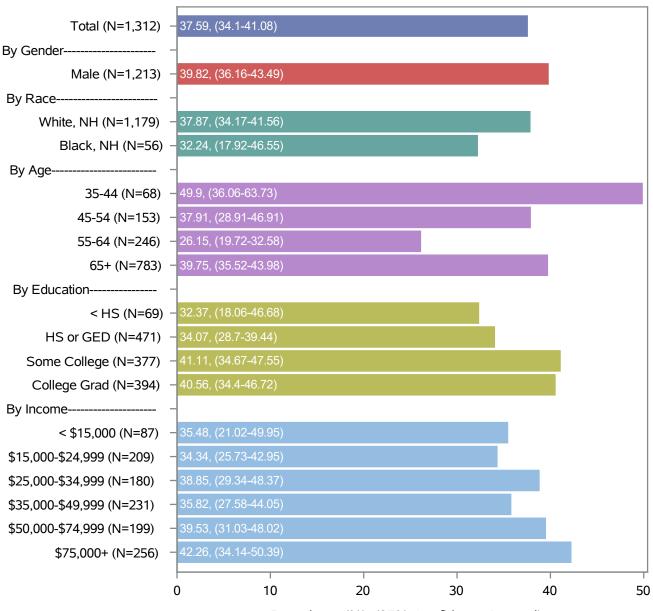
### **Courtney Lambert**

Data Analyst

Did you ever serve in a combat or war zone?

**Response:** Yes

This question was only asked to veterans of the United States Armed Forces.



Did you ever serve in a combat or war zone?

Response: Yes

## **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

Insufficient data were available to compare groups in this category.

### Race

There were no significant differences between groups in this category.

### Age

Groupis...Comparison Group(s)35-44greater than55-64

65+ greater than 55-64

### Education

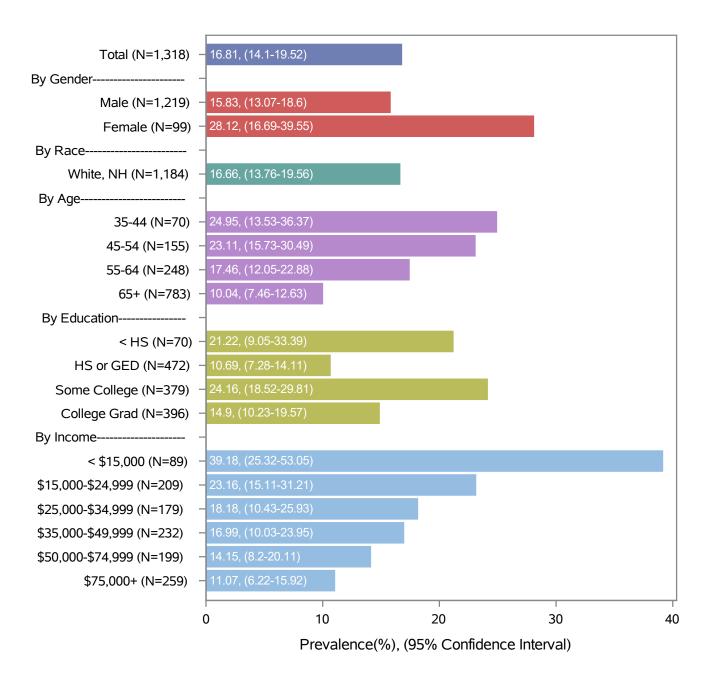
There were no significant differences between groups in this category.

### Income

There were no significant differences between groups in this category.

Has a doctor or other health professional ever told you that you have depression, anxiety, or post traumatic stress disorder (PTSD)?

**Response:** Yes This question was only asked to veterans of the United States Armed Forces.



Has a doctor or other health professional ever told you that you have depression, anxiety, or post traumatic stress disorder (PTSD)?

Response: Yes

## **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

There were no significant differences between groups in this category.

### Race

Insufficient data were available to compare groups in this category.

### Age

Group	is	Comparison Group(s)
35-44	greater than	65+
45-54	greater than	65+

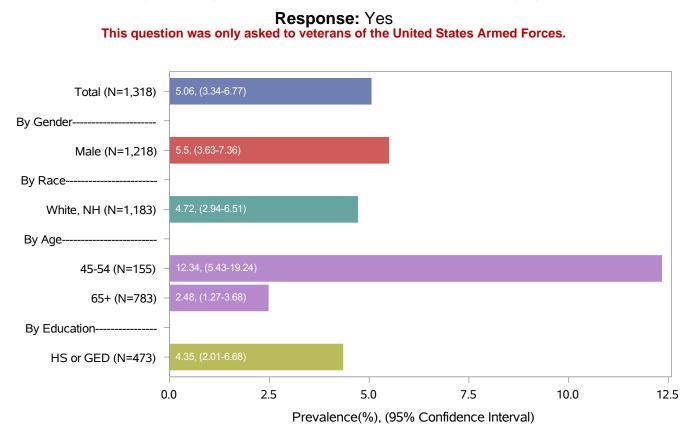
### Education

Group	is	Comparison Group(s)
Some College	greater than	HS or GED

### Income

Group	is	Comparison Group(s)
< \$15,000	greater than	\$35,000-\$49,999, \$50,000-\$74,999, \$75,000+

A traumatic brain injury may result from a violent blow to the head or when an object pierces the skull and enters the brain tissue. Has a doctor or other health professional ever told you that you have suffered a traumatic brain injury (TBI)?



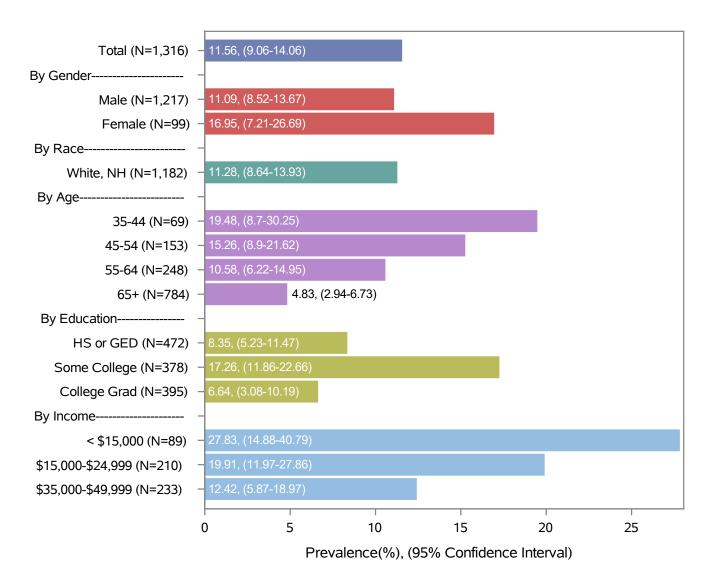
## **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

Gender	Race
Insufficient data were available to compare groups in this category.	Insufficient data were available to compare groups in this category.
Age	Education
GroupisComparison Group(s)45-54greater than65+	Insufficient data were available to compare groups in this category.
Income	
Insufficient data were available to compare groups in this category.	_

In the past 12 months, did you receive any psychological or psychiatric counseling or treatment?

### **Response:** Yes This question was only asked to veterans of the United States Armed Forces.



Education

Some College greater than HS or GED, College Grad

Income

There were no significant differences between groups in this category.

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In the past 12 months, did you receive any psychological or psychiatric counseling or treatment?

**Response:** Yes

### **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

There were no significant differences between groups in this category.

### Race

Insufficient data were available to compare groups in this category.

Group

35-44

45-54

Group

is...

greater than 65+

greater than 65+

is...

### Age

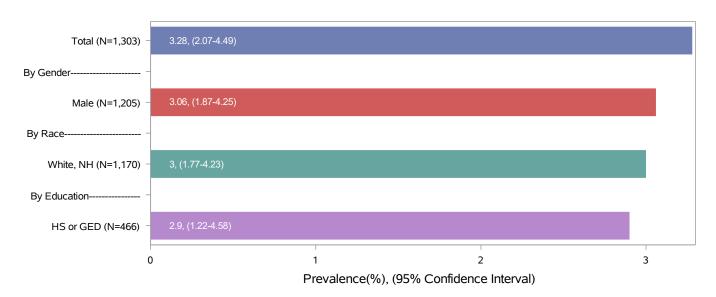
Comparison Group(s)

Comparison Group(s)

Has there been a time in the past 12 months when you thought of taking your own life?



This question was only asked to veterans of the United States Armed Forces.



## **Significant Results**

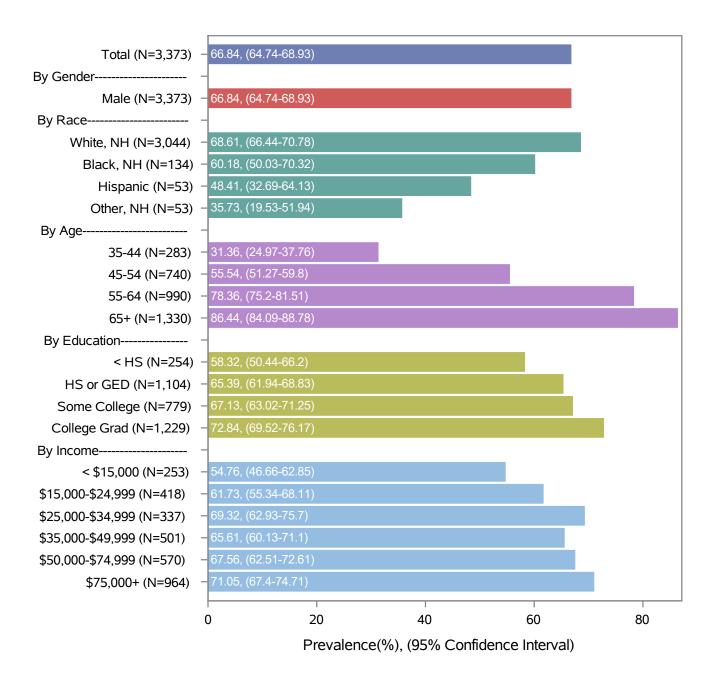
Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

Gender	Race
Insufficient data were available to compare groups in this category.	Insufficient data were available to compare groups in this category.
Age	Education
Insufficient data were available to compare groups in this category.	Insufficient data were available to compare groups in this category.
Income	

Insufficient data were available to compare groups in this category.

Have you ever had a digital rectal exam?

**Response:** Yes This question was only asked to male respondents.



Have you ever had a digital rectal exam?

Response: Yes

### **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

This category was not relevant for this analysis.

### Race

Group	is	Comparison Group(s)
White, NH	greater than	Hispanic, Other, NH

### Age

Group	is	Comparison Group(s)
45-54	greater than	35-44
55-64	greater than	35-44, 45-54
65+	greater than	35-44, 45-54, 55-64

### Education

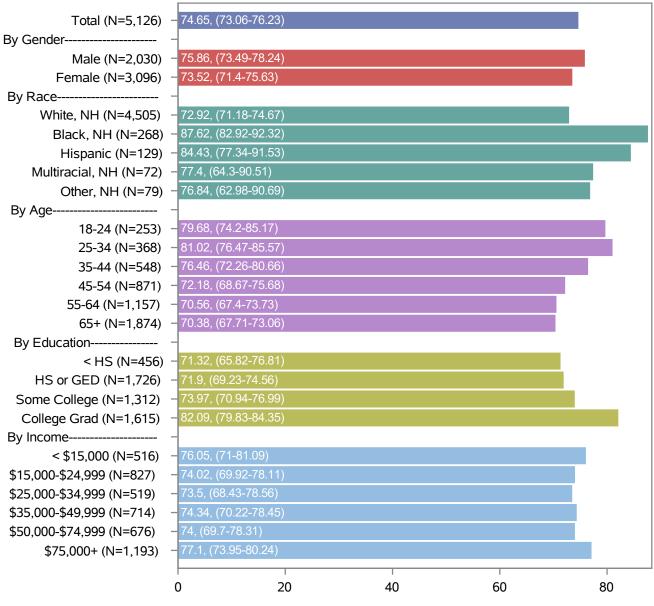
Group	is	Comparison Group(s)
College Grad	greater than	< HS, HS or GED

### Income

Group	is	Comparison Group(s)
\$25,000-\$34,999	greater than	< \$15,000
\$75,000+	greater than	< \$15,000

# In your neighborhood, do you have access to any sidewalks, bike lanes, trails, or parks where you can safely walk, run or bike?

Response: Yes



In your neighborhood, do you have access to any sidewalks, bike lanes, trails, or parks where you can safely walk, run or bike?

Response: Yes

### **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

There were no significant differences between groups in this category.

Group	is	Comparison Group(s)
Black, NH greater than White, NH		
lispanic	greater than	n White, NH
		Age
0		Age
Group	is	Comparison Group(s)
<i>Group</i> 18-24	<i>is</i> greater than	Comparison Group(s)

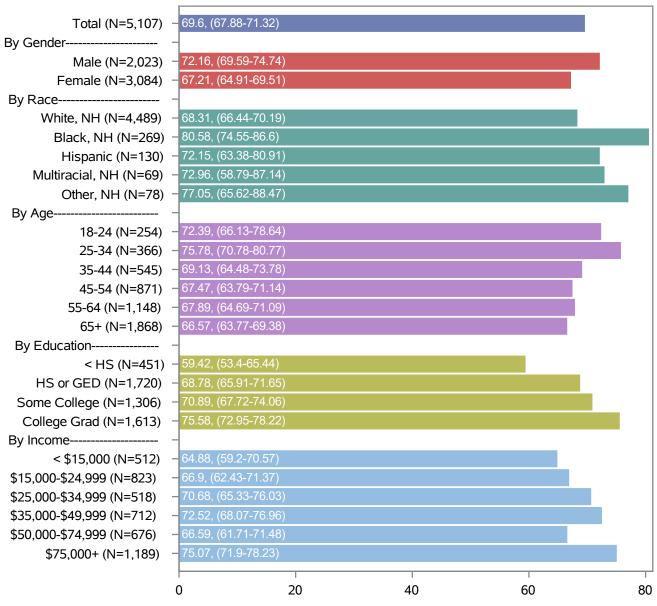
Group	is	Comparison Group(s)
College Grad	greater than	< HS, HS or GED, Some College

### Income

There were no significant differences between groups in this category.

Do you have access to public exercise facilities such as walking or running tracks, basketball or tennis courts, swimming pools, sports fields, etc., in your neighborhood?

Response: Yes



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## Indiana BRFSS State Added Question Report 2014

Do you have access to public exercise facilities such as walking or running tracks, basketball or tennis courts, swimming pools, sports fields, etc., in your neighborhood?

**Response:** Yes

### **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

Grou	p is	Comparison Group(s)
Male	greater than	Female

### Race

Group	is	Comparison Group(s)
Black, NH	greater than	White, NH

### Age

Group	is	Comparison Group(s)
25-34	greater than	65+

### Education

Group	is	Comparison Group(s)
College Grad	greater than	< HS, HS or GED
HS or GED	greater than	<hs< td=""></hs<>
Some College	greater than	<hs< td=""></hs<>

### Income

Group	is	Comparison Group(s)
\$75,000+	greater than	< \$15,000, \$15,000-\$24,999, \$50,000-\$74,999

### To what degree would you agree with the statement, "It is easy to purchase healthy foods in my neighborhood, such as whole grain foods, low-fat options, and fruits and vegetables."?

Response: Strongly Agree/Agree

Total (N=5,051)		92, (80.42-83.42)			
By Gender					
Male (N=2,008)	- 82.6	63, (80.4-84.85)			
Female (N=3,043)	- 81.2	26, (79.22-83.3)			
By Race	-				
White, NH (N=4,441)	- 82.5	54, (80.96-84.13)			
Black, NH (N=266)	- 75.3	37, (68.55-82.19)			
Hispanic (N=128)	- 81.2	25, (73.36-89.15)			
Multiracial, NH (N=70)	- 78.4	13, (67.19-89.68)			
Other, NH (N=78)	- 86.2	22, (77.18-95.25)			
By Age	-				
18-24 (N=254)	- 73.8	31, (67.79-79.82)			
25-34 (N=366)	- 81.8	86, (77.4-86.32)			
35-44 (N=546)	- 80.9	93, (77.02-84.83)			
45-54 (N=866)	- 83.5	52, (80.71-86.33)			
55-64 (N=1,142)	- 83.6	64, (80.94-86.35)			
65+ (N=1,823)	- 85.5	56, (83.29-87.83)			
By Education	-				
< HS (N=441)	- 77.8	33, (72.71-82.94)			
HS or GED (N=1,691)	- 81.6	65, (79.11-84.2)			
Some College (N=1,301)	- 80.1	11, (77.23-82.99)			
College Grad (N=1,602)	- 87.5	5, (85.35-89.66)			
By Income	-				
< \$15,000 (N=507)	- 71.7	78, (66.25-77.31)			
\$15,000-\$24,999 (N=813)	- 76.9	92, (72.75-81.08)			
\$25,000-\$34,999 (N=514)	- 80.3	36, (75.52-85.21)			
\$35,000-\$49,999 (N=708)	- 82.3	33, (78.28-86.37)			
\$50,000-\$74,999 (N=670)	- 83.7	72, (79.84-87.6)			
\$75,000+ (N=1,184)	- 88.9	96, (86.57-91.36)			
	-	Ι		1	I
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To what degree would you agree with the statement, "It is easy to purchase healthy foods in my neighborhood, such as whole grain foods, low-fat options, and fruits and vegetables."?

Response: Strongly Agree/Agree

### **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals.

### Gender

There were no significant differences between groups in this category.

### Race

There were no significant differences between groups in this category.

### Age

Group	is	Comparison Group(s)
45-54	greater than	18-24
55-64	greater than	18-24
65+	greater than	18-24

### Education

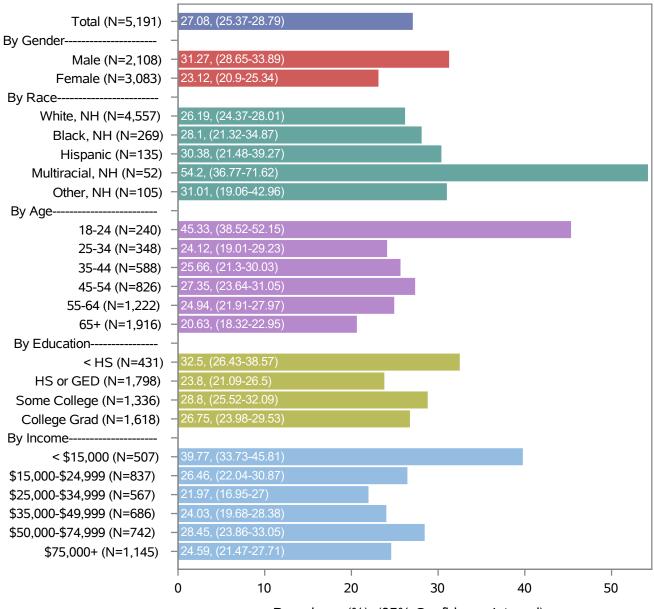
Group	is	Comparison Group(s)
College Grad	greater than	< HS, HS or GED, Some College

### Income

Group	is	Comparison Group(s)
\$35,000-\$49,999	greater than	< \$15,000
\$50,000-\$74,999	greater than	< \$15,000
\$75,000+	greater than	< \$15,000, \$15,000-\$24,999, \$25,000-\$34,999, \$35,000-\$49,999

# How many days during the past week did you walk for transportation to a destination (for errands, job, etc.)?

Response: At least once



Education

There were no significant differences between groups in this category.

### Income

Group	is	Comparison Group(s)
< \$15,000	greater than	\$15,000-\$24,999, \$25,000-\$34,999, \$35,000-\$49,999, \$50,000-\$74,999, \$75,000+

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How many days during the past week did you walk for transportation to a destination (for errands, job, etc.)?

Response: At least once

### **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

Group	is	Comparison Group(s)	
Male	greater than	Female	

### Race

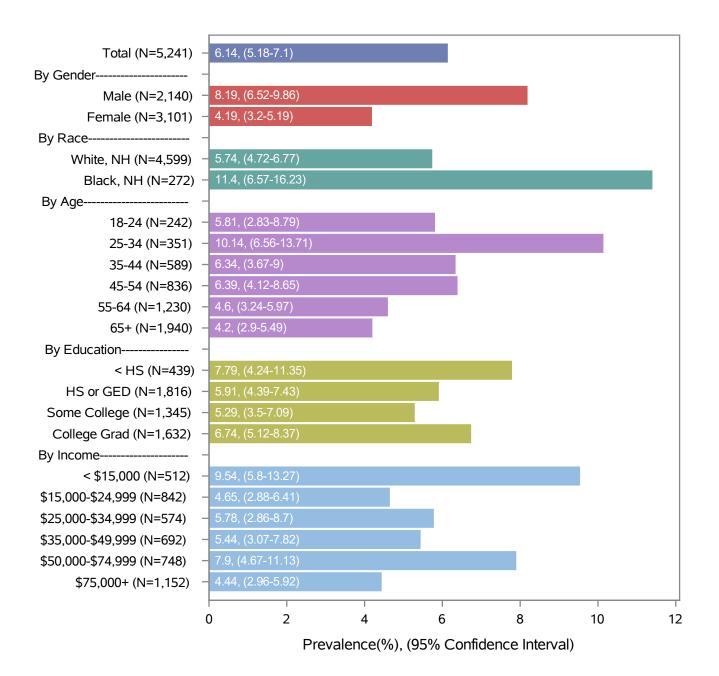
Group	is	Comparison Group(s)	
Multiracial, NH	greater than	White, NH, Black, NH	

### Age

Group	is	Comparison Group(s)
18-24	greater than	25-34, 35-44, 45-54, 55-64, 65+
45-54	greater than	65+

# How many days during the past week did you bike for transportation to a destination (for errands, job, etc.)?

Response: At least once



How many days during the past week did you bike for transportation to a destination (for errands, job, etc.)?

Response: At least once

## **Significant Results**

Significant differences were determined based on non-overlapping 95% confidence intervals. Some demographic groups may be excluded due to insufficient data. This analysis only includes the groups displayed in the corresponding graph for this question.

### Gender

Group	is	Comparison Group(s)
Male	greater than	Female

### Race

There were no significant differences between groups in this category.

### Age

Groupis...Comparison Group(s)25-34greater than55-64, 65+

### Education

There were no significant differences between groups in this category.

### Income

There were no significant differences between groups in this category.