

Recognition and Prevention has two main elements that are listed below. Within each element are key points that need to be considered as you implement this module of the *Substance Use Disorder (SUD) Practice Bundle*. The module identifies tools and resources that are designed to assist the prenatal care provider in addressing the unique needs of the pregnant or postpartum person with a substance use disorder.

### **Element 1: Screen all pregnant and postpartum people for SUDs using validated self-reported screening tools and methodologies during prenatal care and during the delivery admission.**

A universal screening and intervention process is an important component of standardizing care and limiting implicit bias. Screening should occur at the first prenatal visit per Indiana law. The screening process should continue as needed through the pregnancy and at presentation for delivery. There are a number of resources that support the screening process:

- A chart describing available validated and evidence-based screening tools, including the 5Ps tool recommended by IPQIC.  
<https://www.in.gov/health/mch/files/ipqic/Validated-Screening-Tools-Final.pdf>  
<https://www.in.gov/health/mch/files/ipqic/5-Ps-PSU-Screening-Tool.pdf>
- A pocket card that provides a sample script for interviewing the pregnant or postpartum person, documentation of the conversation and appropriate billing codes for screening and Make Mothers and Babies Count in Indiana brief intervention activities.  
<https://www.in.gov/health/mch/files/ipqic/IN-OB-Provider-Pocket-Card-rev.pdf>

### **Element 2: Screen each pregnant and postpartum person for medical and behavioral health needs and provide linkage to community services and resources.**

The pregnant and postpartum person with SUD will need access to other resources and supports. A comprehensive screening process beyond medical needs is important.

- A guide to additional information that identifies counseling opportunities for the pregnant or postpartum person and actions that should be taken by the provider  
<https://www.in.gov/health/mch/files/ipqic/Recomendations-for-Counseling.pdf>
- Information regarding motivational interviewing to improve communication with the pregnant or postpartum person.  
<https://www.in.gov/health/mch/files/ipqic/Motivational-Interviewing.pdf>
- Additional resources for prenatal care providers and pregnant or postpartum persons are posted on the IPQIC website.  
<https://www.in.gov/health/mch/files/ipqic/Provider-and-Patient-Resources-rev-links.pdf>