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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

1. Percentage of schools in which students take the following number of required health education courses in grades 6 through 12.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. 0 courses	1.0	0.2 - 4.5	109	24.9	19.3 - 31.6	104	0.0	†	32	11.8	9.2 - 15.1	245
b. 1 course	55.4	47.9 - 62.6	109	19.3	13.7 - 26.6	104	40.6	25.8 - 57.3	32	36.7	32.1 - 41.7	245
c. 2 courses	18.8	14.2 - 24.4	109	22.9	17.1 - 30.0	104	15.3	7.3 - 29.1	32	20.2	16.5 - 24.4	245
d. 3 courses	14.1	10.3 - 19.0	109	21.3	15.3 - 28.9	104	34.6	21.7 - 50.3	32	20.3	16.5 - 24.7	245
e. 4 or more courses	10.8	7.1 - 16.2	109	11.5	7.3 - 17.7	104	9.5	3.8 - 22.0	32	10.9	8.1 - 14.6	245

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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1N. Percentage of all schools that require students to take two or more health education courses.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
43.6	36.6 - 51.0	109	55.7	47.5 - 63.7	104	59.4	42.7 - 74.2	32	51.4	46.1 - 56.7	245

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2. Percentage of schools that taught a required health education course in each of the following grades.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	95% Confidence			95% Confidence			95% Confidence			95% Confidence		
	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
a. Sixth grade	§	§	§	49.2	39.8 - 58.6	61	-	-	2	49.2	40.0 - 58.5	63
b. Seventh grade	§	§	§	60.4	51.5 - 68.7	88	71.8	53.8 - 84.7	25	62.9	55.1 - 70.2	113
c. Eighth grade	§	§	§	61.5	53.0 - 69.4	88	65.2	46.4 - 80.2	23	62.3	54.5 - 69.4	111
d. Ninth grade	57.0	49.1 - 64.6	93	-	-	0	66.7	48.8 - 80.8	21	59.1	51.9 - 66.0	114
e. Tenth grade	72.3	64.9 - 78.7	89	§	§	§	70.5	55.9 - 81.9	24	71.9	65.4 - 77.6	113
f. Eleventh grade	18.6	12.8 - 26.3	77	§	§	§	5.8	1.2 - 23.1	17	15.9	11.0 - 22.4	94
g. Twelfth grade	19.1	13.2 - 26.8	75	§	§	§	5.8	1.2 - 23.1	17	16.2	11.3 - 22.7	92

*Among schools with students in that grade.

- Results are suppressed due to insufficient number of respondents in subgroup.

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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3. Percentage of schools that require students who fail a required health education course to repeat it.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
99.0	95.4 - 99.8	107	35.4	27.5 - 44.2	71	96.8	86.0 - 99.3	31	75.0	71.0 - 78.6	209

*Among schools in which students take one or more required health education courses in any of grades 6 through 12.
N = Unweighted number of observations

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4. Percentage of schools in which those who teach health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Goals, objectives, and expected outcomes for health education	89.6	85.0 - 92.9	102	73.0	66.2 - 78.9	96	75.1	61.7 - 85.0	32	79.9	76.0 - 83.4	230
b. A chart describing the annual scope and sequence of instruction for health education	58.9	50.4 - 66.9	102	58.3	50.5 - 65.7	96	43.8	31.5 - 56.9	32	56.4	51.1 - 61.5	230
c. Plans for how to assess student performance in health education	65.2	57.6 - 72.0	102	55.2	47.3 - 62.9	96	56.5	42.4 - 69.5	32	59.4	54.3 - 64.3	230
d. A written health education curriculum	68.3	61.6 - 74.4	102	68.6	61.4 - 74.9	95	74.8	59.3 - 85.8	32	69.4	64.8 - 73.7	229

*Among schools that teach health education. Respondents that answered "NA" are excluded.
N = Unweighted number of observations

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5. Percentage of schools in which the health education curriculum addresses each of the following skills.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehending concepts related to health promotion and disease prevention to enhance health	98.1	94.3 - 99.4	110	84.0	77.7 - 88.8	112	97.0	86.8 - 99.4	33	91.3	88.0 - 93.7	255
b. Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors	99.1	95.9 - 99.8	110	84.0	77.2 - 89.0	112	100.0	†	33	92.1	88.7 - 94.5	255
c. Accessing valid information and products and services to enhance health	98.1	94.3 - 99.4	110	78.4	71.9 - 83.8	111	97.0	86.8 - 99.4	33	88.6	85.3 - 91.3	254
d. Using interpersonal communication skills to enhance health and avoid or reduce health risks	100.0	†	109	84.0	77.7 - 88.7	112	100.0	†	33	92.4	89.3 - 94.6	254
e. Using decision-making skills to enhance health	100.0	†	110	84.8	78.2 - 89.7	112	97.0	86.8 - 99.4	33	92.4	89.1 - 94.7	255
f. Using goal-setting skills to enhance health	99.0	95.5 - 99.8	109	84.0	77.2 - 89.0	112	97.0	86.8 - 99.4	33	91.6	88.2 - 94.1	254
g. Practicing health-enhancing behaviors to avoid or reduce risks	100.0	†	110	86.6	80.3 - 91.2	112	100.0	†	33	93.7	90.6 - 95.8	255
h. Advocating for personal, family, and community health	98.1	94.3 - 99.4	110	80.1	73.1 - 85.7	111	91.0	79.1 - 96.4	33	88.6	84.9 - 91.5	254

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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6. Percentage of schools in which those who teach sexual health education are provided with each of the following materials.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. An approved health education scope and sequence that includes learning objectives, outcomes, and content to guide sexual health education instruction	69.2	60.1 - 76.9	91	68.5	59.2 - 76.6	73	72.0	59.8 - 81.7	29	69.4	63.7 - 74.5	193
b. A written health education curriculum that includes objectives and content addressing sexual health education	69.4	60.7 - 76.9	92	68.5	59.5 - 76.3	73	79.7	66.9 - 88.4	30	70.8	65.3 - 75.7	195
c. Teacher pacing guides for sexual health education (i.e., schedules that regulate a teacher's pace of the unit or curriculum)	52.7	44.7 - 60.6	92	48.6	39.3 - 58.0	74	52.0	37.1 - 66.4	29	50.9	45.2 - 56.6	195
d. Teaching resources (e.g., lesson plans, handouts) to support sexual health education instruction	71.9	63.8 - 78.9	92	73.1	64.0 - 80.6	74	79.8	67.8 - 88.2	30	73.7	68.4 - 78.4	196
e. Strategies that are age-appropriate, relevant, and actively engage students in learning	73.9	65.4 - 80.9	92	75.6	67.7 - 82.1	74	75.6	58.5 - 87.2	29	74.9	69.5 - 79.6	195
f. Methods to assess student knowledge and skills related to sexual health education	71.9	63.0 - 79.4	89	64.9	56.4 - 72.6	74	68.6	55.0 - 79.7	29	68.5	63.0 - 73.5	192

*Among schools that teach sexual health education.
N = Unweighted number of observations

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7. Percentage of schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to lesbian, gay, bisexual, transgender, and questioning youth.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
44.1	36.5 - 52.0	108	31.8	25.0 - 39.6	113	42.1	28.4 - 57.2	33	38.0	33.1 - 43.1	254

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8. Percentage of schools in which health education instruction is required for students in any of grades 6 through 12.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
100.0	†	108	81.0	74.1 - 86.4	105	100.0	†	32	91.2	87.9 - 93.7	245

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
			N			N			N			N
a. Alcohol- or other drug-use prevention	99.1	95.8 - 99.8	107	88.7	82.8 - 92.7	114	100.0	†	33	94.2	91.3 - 96.2	254
b. Asthma	67.7	60.8 - 73.8	109	47.7	40.5 - 55.0	114	66.2	50.9 - 78.8	33	57.9	53.1 - 62.6	256
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	96.2	91.8 - 98.2	109	80.6	73.8 - 86.0	113	93.9	82.7 - 98.0	33	88.4	84.7 - 91.3	255
d. Emotional and mental health	100.0	†	109	89.7	84.1 - 93.5	115	100.0	†	33	95.1	92.3 - 96.9	257
e. Epilepsy or seizure disorder	62.4	54.9 - 69.4	107	38.3	31.4 - 45.8	113	56.1	43.9 - 67.7	32	49.9	45.2 - 54.7	252
f. Food allergies	80.4	74.8 - 85.0	108	46.0	38.4 - 53.8	112	74.8	61.0 - 84.9	32	63.2	58.5 - 67.6	252
g. Foodborne illness prevention	78.7	72.7 - 83.7	109	61.6	53.8 - 68.8	114	90.5	78.0 - 96.2	32	72.1	67.5 - 76.2	255
h. Human immunodeficiency virus (HIV) prevention	96.4	92.3 - 98.3	106	69.6	61.8 - 76.4	105	90.8	85.0 - 94.5	33	83.1	79.2 - 86.5	244
i. Human sexuality	82.4	75.7 - 87.6	107	55.5	47.5 - 63.3	106	72.7	56.6 - 84.4	33	68.5	63.5 - 73.1	246

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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9. Percentage of schools in which teachers tried to increase student knowledge on each of the following topics in a required course in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
j. Infectious disease prevention (e.g., influenza [flu] prevention)	91.5	86.7 - 94.7	108	83.1	76.6 - 88.1	111	96.9	86.3 - 99.4	33	88.3	84.7 - 91.1	252
k. Injury prevention and safety	97.1	93.0 - 98.8	107	84.2	77.5 - 89.2	114	100.0	†	33	91.3	87.8 - 93.8	254
l. Nutrition and dietary behavior	99.0	95.4 - 99.8	108	91.0	85.5 - 94.5	109	100.0	†	33	95.4	92.7 - 97.1	250
m. Physical activity and fitness	99.2	96.1 - 99.8	107	97.3	93.6 - 98.9	113	100.0	†	32	98.4	96.5 - 99.3	252
n. Pregnancy prevention	90.7	85.0 - 94.4	108	63.2	55.1 - 70.7	106	75.6	62.4 - 85.2	33	75.8	71.1 - 79.9	247
o. Sexually transmitted disease (STD) prevention	95.3	90.9 - 97.7	107	71.1	63.2 - 77.8	107	90.3	77.5 - 96.2	31	83.2	79.0 - 86.7	245
p. Suicide prevention	96.3	92.0 - 98.3	108	77.0	70.0 - 82.9	113	90.6	84.3 - 94.5	32	86.3	82.5 - 89.3	253
q. Tobacco-use prevention	99.1	95.9 - 99.8	108	84.3	78.1 - 89.0	113	100.0	†	32	92.1	89.0 - 94.4	253
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	98.2	94.6 - 99.4	108	91.2	85.8 - 94.7	112	96.8	85.9 - 99.3	31	94.6	91.8 - 96.5	251

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Identifying tobacco products and the harmful substances they contain	98.1	94.5 - 99.4	110	81.6	75.0 - 86.8	113	91.0	79.1 - 96.4	33	89.3	85.7 - 92.0	256
b. Identifying short- and long-term health consequences of tobacco product use	97.2	93.2 - 98.9	110	82.5	76.1 - 87.5	113	97.0	86.8 - 99.4	33	90.2	86.8 - 92.8	256
c. Identifying social, economic, and cosmetic consequences of tobacco product use	96.2	91.9 - 98.3	110	78.1	70.9 - 83.9	113	85.0	71.5 - 92.8	33	86.0	82.0 - 89.2	256
d. Understanding the addictive nature of nicotine	98.1	94.5 - 99.4	110	81.6	75.0 - 86.8	113	90.9	78.9 - 96.4	33	89.3	85.7 - 92.0	256
e. Effects of nicotine on the adolescent brain	97.2	93.2 - 98.9	110	77.2	70.3 - 83.0	113	87.9	75.1 - 94.6	33	86.4	82.6 - 89.5	256
f. Effects of tobacco product use on athletic performance	90.1	85.0 - 93.6	110	73.7	66.2 - 80.0	113	87.4	74.1 - 94.4	32	81.9	77.6 - 85.5	255
g. Effects of second-hand smoke and benefits of a smoke-free environment	96.3	92.1 - 98.3	110	80.8	74.0 - 86.1	113	100.0	†	32	89.4	85.9 - 92.1	255
h. Understanding the social influences on tobacco product use, including media, family, peers, and culture	95.4	91.0 - 97.7	110	78.7	71.6 - 84.4	112	94.0	83.0 - 98.0	33	87.3	83.5 - 90.3	255
i. Identifying reasons why students do and do not use tobacco products	98.1	94.5 - 99.4	110	77.9	70.6 - 83.7	112	91.0	79.1 - 96.4	33	87.5	83.7 - 90.6	255
j. Making accurate assessments of how many peers use tobacco products	83.2	77.2 - 87.9	109	69.2	61.6 - 75.8	110	81.8	67.5 - 90.7	33	76.4	71.9 - 80.4	252

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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10. Percentage of schools in which teachers taught each of the following tobacco-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
k. Using interpersonal communication skills to avoid tobacco product use (e.g., refusal skills, assertiveness)	94.4	89.7 - 97.1	110	77.5	70.3 - 83.4	115	100.0	†	32	87.0	83.2 - 90.1	257
l. Using goal-setting and decision-making skills related to not using tobacco products	90.7	85.7 - 94.1	110	71.4	63.4 - 78.2	115	81.9	70.6 - 89.5	33	80.2	75.8 - 84.0	258
m. Finding valid information and services related to tobacco-use prevention and cessation	88.1	81.9 - 92.3	110	70.6	63.1 - 77.1	115	78.8	63.9 - 88.6	33	78.4	73.8 - 82.3	258
n. Supporting others who abstain from or want to quit using tobacco products	87.2	81.3 - 91.4	110	65.9	58.3 - 72.8	114	84.9	71.3 - 92.7	33	76.7	72.2 - 80.6	257
o. Identifying harmful effects of tobacco product use on fetal development	92.5	87.2 - 95.7	110	71.3	63.8 - 77.8	114	90.6	84.3 - 94.5	32	82.1	78.0 - 85.5	256
p. Relationship between using tobacco products and alcohol or other drugs	97.1	93.1 - 98.8	109	75.3	68.1 - 81.4	113	87.4	74.1 - 94.4	32	85.4	81.4 - 88.6	254
q. How addiction to tobacco products can be treated	92.5	88.0 - 95.4	109	72.1	64.8 - 78.4	114	78.7	66.2 - 87.4	33	80.8	76.6 - 84.4	256
r. Understanding school policies and community laws related to the sale and use of tobacco products	92.7	87.5 - 95.8	109	72.3	65.1 - 78.6	115	90.6	78.2 - 96.3	32	82.5	78.4 - 86.0	256
s. Benefits of tobacco product cessation programs	83.7	76.8 - 88.8	110	61.8	54.6 - 68.6	115	72.7	58.7 - 83.3	33	71.7	67.0 - 75.9	258

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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10N. Percentage of schools that taught all 19 tobacco-use prevention topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
65.6	58.1 - 72.4	109	51.8	43.6 - 60.0	112	72.7	58.7 - 83.3	33	60.1	54.8 - 65.1	254

*Responses to question 10 a through s all are "yes."
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

11. Percentage of schools in which teachers taught about the following tobacco products in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
a. Cigarettes	98.1	94.5 - 99.4	110	80.2	73.4 - 85.6	115	100.0	†	33	89.8	86.3 - 92.4	258
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)	95.3	90.8 - 97.7	110	77.6	70.4 - 83.4	115	93.8	82.5 - 98.0	32	86.6	82.6 - 89.7	257
c. Cigars, little cigars, or cigarillos	83.6	77.2 - 88.6	110	70.7	63.2 - 77.2	115	87.9	75.1 - 94.6	33	78.0	73.5 - 81.9	258
d. Pipes	81.8	75.5 - 86.8	110	65.4	58.1 - 72.1	115	75.8	62.6 - 85.4	33	73.1	68.6 - 77.2	258
e. Electronic vapor products (e.g., e-cigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)	96.3	93.6 - 97.9	109	80.2	73.4 - 85.6	115	100.0	†	33	89.1	85.6 - 91.7	257

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Differences between proper use and abuse of over-the-counter medicines and prescription medicines	93.4	88.3 - 96.3	110	73.1	66.0 - 79.2	115	93.9	82.7 - 98.0	33	83.7	79.7 - 87.0	258
b. Harmful short- and long-term physical, psychological, and social effects of using alcohol and other drugs	96.3	92.1 - 98.3	110	80.1	72.9 - 85.7	115	100.0	†	33	89.0	85.3 - 91.9	258
c. Situations that lead to the use of alcohol and other drugs	96.3	92.0 - 98.3	109	76.6	69.3 - 82.6	115	94.0	83.0 - 98.0	33	86.5	82.5 - 89.6	257
d. Alcohol and other drug use as an unhealthy way to manage weight	85.3	79.2 - 89.8	110	61.0	53.1 - 68.3	115	72.6	58.5 - 83.2	33	71.9	67.1 - 76.2	258
e. Identifying reasons why individuals choose to use or not to use alcohol and other drugs	98.1	94.5 - 99.4	110	76.6	69.2 - 82.6	115	93.8	82.5 - 98.0	32	87.2	83.3 - 90.2	257
f. Using interpersonal communication skills to avoid alcohol and other drug use (e.g., refusal skills, assertiveness)	98.1	94.5 - 99.4	110	78.2	71.1 - 83.9	114	100.0	†	33	88.9	85.3 - 91.7	257
g. Supporting others who abstain from or want to quit using alcohol and other drugs	93.6	88.7 - 96.5	110	70.5	62.7 - 77.3	115	87.9	79.5 - 93.2	33	81.7	77.5 - 85.3	258

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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12. Percentage of schools in which teachers taught each of the following alcohol- and other drug-use prevention topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
h. Understanding the social influences on alcohol and other drug use, including media, family, peers, and culture	96.3	92.1 - 98.3	110	80.1	73.3 - 85.5	115	97.0	86.8 - 99.4	33	88.6	85.0 - 91.5	258
i. How to persuade and support others to be alcohol and other drug free	94.6	89.9 - 97.2	110	76.6	68.9 - 82.8	115	88.0	75.3 - 94.6	33	85.0	80.8 - 88.4	258

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13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	§	§	§	68.8	60.4 - 76.2	83	71.8	53.8 - 84.7	25	69.5	62.0 - 76.2	108
b. Health consequences of HIV, other STDs, and pregnancy	§	§	§	69.2	60.7 - 76.6	84	68.9	50.9 - 82.6	26	69.2	61.5 - 75.9	110
c. The benefits of being sexually abstinent	§	§	§	71.3	62.9 - 78.5	83	76.8	60.3 - 87.8	26	72.6	65.3 - 78.9	109
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	§	§	§	65.2	56.9 - 72.6	83	57.1	40.5 - 72.3	26	63.3	55.8 - 70.1	109
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	§	§	§	67.9	59.6 - 75.3	84	59.8	40.9 - 76.2	25	66.1	58.3 - 73.0	109
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	60.3	52.3 - 67.8	83	76.8	60.3 - 87.8	26	64.2	57.1 - 70.7	109
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	§	§	§	58.4	50.0 - 66.3	84	69.2	51.3 - 82.7	26	60.9	53.4 - 68.0	110
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	§	§	§	66.3	58.2 - 73.6	83	53.6	36.5 - 69.9	26	63.3	55.8 - 70.2	109

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	§	§	§	40.7	32.4 - 49.6	84	41.8	29.1 - 55.7	26	40.9	33.8 - 48.5	110
j. The importance of using condoms consistently and correctly	§	§	§	30.7	23.8 - 38.6	85	39.4	27.5 - 52.6	25	32.7	26.6 - 39.4	110
k. How to obtain condoms	§	§	§	18.7	12.6 - 26.8	86	19.9	11.0 - 33.2	25	19.0	13.7 - 25.7	111
l. How to correctly use a condom	§	§	§	19.8	13.5 - 28.1	86	19.9	10.9 - 33.4	25	19.8	14.4 - 26.7	111
m. Methods of contraception other than condoms	§	§	§	34.5	27.1 - 42.8	84	41.8	29.1 - 55.7	26	36.3	29.7 - 43.3	110
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	§	§	§	33.9	26.0 - 42.7	83	42.3	29.5 - 56.3	26	35.9	29.1 - 43.3	109
o. How to create and sustain healthy and respectful relationships	§	§	§	72.2	63.9 - 79.3	82	84.5	69.8 - 92.8	26	75.2	68.2 - 81.1	108
p. The importance of limiting the number of sexual partners	§	§	§	65.6	58.0 - 72.5	84	73.0	55.8 - 85.3	26	67.4	60.5 - 73.6	110
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	§	§	§	55.4	46.9 - 63.6	85	57.3	43.0 - 70.4	26	55.8	48.5 - 62.9	111

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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**2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
r. How to communicate sexual consent between partners	§	§	§	56.8	47.8 - 65.4	83	61.3	48.1 - 73.1	26	57.9	50.3 - 65.1	109
s. Recognizing and responding to sexual victimization and violence	§	§	§	55.4	46.7 - 63.8	85	57.4	39.6 - 73.5	26	55.9	48.0 - 63.5	111
t. Diversity of sexual orientations and gender identities	§	§	§	37.5	29.8 - 45.9	86	27.0	15.4 - 42.9	26	35.1	28.4 - 42.4	112
u. How gender roles and stereotypes affect goals, decision making, and relationships	§	§	§	45.6	37.3 - 54.2	86	41.9	28.1 - 57.2	26	44.8	37.5 - 52.3	112
v. The relationship between alcohol and other drug use and sexual risk behaviors	§	§	§	68.5	60.1 - 75.9	82	76.8	60.3 - 87.8	26	70.5	63.2 - 76.9	108

§ Grade is not applicable for type of school.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. How HIV and other STDs are transmitted	91.3	85.7 - 94.9	102	-	-	1	93.3	81.1 - 97.8	30	91.9	87.2 - 95.0	133
b. Health consequences of HIV, other STDs, and pregnancy	94.1	89.0 - 96.9	101	-	-	1	93.3	81.1 - 97.8	30	93.9	89.5 - 96.5	132
c. The benefits of being sexually abstinent	96.1	91.7 - 98.2	100	-	-	1	93.3	81.1 - 97.8	30	95.4	91.4 - 97.6	131
d. How to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy	92.3	86.8 - 95.6	102	-	-	1	86.5	72.2 - 94.0	30	90.8	85.8 - 94.2	133
e. The influences of family, peers, media, technology and other factors on sexual risk behaviors	94.0	88.8 - 96.8	101	-	-	1	93.1	80.4 - 97.8	29	93.8	89.3 - 96.5	131
f. Communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	91.3	85.7 - 94.9	102	-	-	1	86.7	72.6 - 94.1	30	90.2	85.1 - 93.7	133
g. Goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy	90.4	85.9 - 93.6	102	-	-	1	90.0	76.8 - 96.1	30	90.4	86.1 - 93.4	133
h. Influencing and supporting others to avoid or reduce sexual risk behaviors	90.4	85.4 - 93.7	101	-	-	1	83.3	68.3 - 92.0	30	88.6	83.6 - 92.2	132

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
i. Efficacy of condoms, that is, how well condoms work and do not work	68.7	61.5 - 75.2	102	-	-	1	69.6	56.6 - 80.1	30	69.2	63.0 - 74.8	133
j. The importance of using condoms consistently and correctly	59.4	51.5 - 66.8	99	-	-	1	58.1	44.9 - 70.3	29	59.4	52.7 - 65.8	129
k. How to obtain condoms	47.7	40.4 - 55.1	99	-	-	1	36.4	23.4 - 51.7	30	45.2	38.6 - 51.9	130
l. How to correctly use a condom	42.9	36.1 - 49.9	100	-	-	1	34.2	21.7 - 49.4	29	41.2	35.0 - 47.6	130
m. Methods of contraception other than condoms	62.3	54.4 - 69.5	101	-	-	1	66.3	53.1 - 77.4	30	63.6	57.0 - 69.8	132
n. The importance of using a condom at the same time as another form of contraception to prevent both STDs and pregnancy	63.0	55.3 - 70.2	100	-	-	1	62.9	51.2 - 73.2	30	63.3	56.9 - 69.3	131
o. How to create and sustain healthy and respectful relationships	95.9	91.2 - 98.1	98	-	-	1	89.9	76.6 - 96.0	30	94.3	89.9 - 96.9	129
p. The importance of limiting the number of sexual partners	89.0	83.5 - 92.8	99	-	-	1	86.5	72.2 - 94.0	30	88.4	83.3 - 92.1	130
q. Preventive care (such as screenings and immunizations) that is necessary to maintain reproductive and sexual health	87.8	83.7 - 91.1	98	-	-	1	83.2	68.1 - 92.0	30	86.7	82.0 - 90.3	129

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13. Percentage of schools in which teachers taught each of the following sexual health topics in a required course in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
r. How to communicate sexual consent between partners	83.8	77.9 - 88.4	98	-	-	1	79.9	67.3 - 88.4	30	82.9	77.7 - 87.1	129
s. Recognizing and responding to sexual victimization and violence	89.7	83.5 - 93.8	97	-	-	1	86.6	72.4 - 94.1	30	89.0	83.5 - 92.8	128
t. Diversity of sexual orientations and gender identities	55.7	47.1 - 64.0	98	-	-	1	39.7	27.2 - 53.7	30	51.9	44.7 - 59.0	129
u. How gender roles and stereotypes affect goals, decision making, and relationships	69.0	61.1 - 75.9	97	-	-	1	59.6	48.4 - 69.9	30	66.8	60.3 - 72.6	128
v. The relationship between alcohol and other drug use and sexual risk behaviors	95.7	90.9 - 98.1	94	-	-	1	89.7	76.0 - 95.9	29	94.1	89.6 - 96.8	124

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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**2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

13N_1. Percentage of schools that taught all 22 sexual health topics in any of grades 6, 7, or 8 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
§	§	§	15.1	9.7 - 22.8	86	12.0	4.8 - 26.9	25	14.4	9.7 - 20.9	111

*Responses to question 13 a through v all are "yes."

§ Grade is not applicable for type of school.

N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

13N_2. Percentage of schools that taught all 22 sexual health topics in any of grades 9, 10, 11, or 12 during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
28.4	22.3 - 35.4	101	-	-	1	23.9	13.5 - 38.8	29	27.9	22.4 - 34.1	131

*Responses to question 13 a through v all are "yes."

- Results are suppressed due to insufficient number of respondents in subgroup.

N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 6, 7, or 8 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	§	§	§	64.9	56.7 - 72.3	88	72.9	55.6 - 85.2	26	66.7	59.4 - 73.3	114
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	§	§	§	60.2	52.1 - 67.8	88	69.2	52.1 - 82.3	26	62.3	55.0 - 69.0	114
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	§	§	§	51.8	43.4 - 60.0	87	63.6	47.8 - 76.9	25	54.4	47.0 - 61.6	112
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	§	§	§	60.2	52.3 - 67.7	88	73.0	56.6 - 84.9	26	63.1	56.1 - 69.7	114
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	§	§	§	61.4	53.1 - 69.0	88	76.8	60.3 - 87.8	26	64.9	57.7 - 71.5	114
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	§	§	§	63.3	54.9 - 71.0	87	69.1	51.1 - 82.7	26	64.7	57.1 - 71.6	113
g. Influence and support others to avoid or reduce sexual risk behaviors	§	§	§	58.6	50.3 - 66.3	87	61.3	44.6 - 75.8	26	59.2	51.8 - 66.2	113

§ Grade is not applicable for type of school.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

14. Percentage of schools in which teachers assess the ability of students to do each of the following in a required course for students in any of grades 9, 10, 11, or 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Comprehend concepts important to prevent HIV, other STDs, and pregnancy	92.2	87.8 - 95.2	102	-	-	1	93.3	81.1 - 97.8	30	92.6	88.6 - 95.2	133
b. Analyze the influence of family, peers, culture, media, technology, and other factors on sexual risk behaviors	92.1	87.7 - 95.1	102	-	-	1	86.7	72.6 - 94.1	30	90.8	86.3 - 93.9	133
c. Access valid information, products, and services to prevent HIV, other STDs, and pregnancy	88.3	82.8 - 92.3	101	-	-	1	89.9	76.6 - 96.0	30	88.8	84.0 - 92.4	132
d. Use interpersonal communication skills to avoid or reduce sexual risk behaviors	95.0	91.6 - 97.0	101	-	-	1	86.7	72.6 - 94.1	30	92.9	88.8 - 95.5	132
e. Use decision-making skills to prevent HIV, other STDs, and pregnancy	91.3	86.5 - 94.5	102	-	-	1	93.3	81.1 - 97.8	30	91.9	87.7 - 94.7	133
f. Set personal goals that enhance health, take steps to achieve these goals, and monitor progress in achieving them	88.3	82.5 - 92.3	101	-	-	1	93.3	81.1 - 97.8	30	89.7	84.9 - 93.1	132
g. Influence and support others to avoid or reduce sexual risk behaviors	89.2	83.8 - 93.0	102	-	-	1	89.9	76.6 - 96.0	30	89.5	84.6 - 92.9	133

- Results are suppressed due to insufficient number of respondents in subgroup.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

15. Percentage of schools in which teachers provided students with the opportunity to practice the following skills in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Communication, decision-making, goal-setting, or refusal skills related to sexual health (e.g., through role playing)	81.0	74.5 - 86.1	106	57.9	50.7 - 64.7	112	72.2	57.4 - 83.3	32	68.6	64.0 - 72.9	250
b. Analyzing the influence of family, media, and culture on sexual health	84.0	77.6 - 88.8	107	56.6	48.5 - 64.3	113	69.7	57.1 - 79.9	33	68.8	63.9 - 73.3	253
c. Accessing valid sexual health information, products, and services	76.1	69.7 - 81.5	106	46.7	39.6 - 53.9	113	60.2	45.7 - 73.2	33	59.7	55.0 - 64.2	252

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

16. Percentage of schools in which teachers implemented the following inclusive practices when providing sexual health education in a required course for students in grades 6 through 12 during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Encouraged use of gender-neutral pronouns such as “they/them” during instruction to recognize gender diversity among students	44.1	35.6 - 52.9	94	28.0	21.0 - 36.1	82	35.9	21.7 - 53.0	28	35.8	30.6 - 41.5	204
b. Provided positive examples of lesbian, gay, bisexual, or transgender (LGBT) people and same-sex relationships	27.4	21.1 - 34.7	94	21.8	15.3 - 30.2	82	21.4	10.7 - 38.1	28	24.1	19.6 - 29.2	204
c. Encouraged students to respect others’ sexual and gender identities	83.8	76.3 - 89.2	94	64.5	55.0 - 72.9	82	71.3	57.4 - 82.1	28	73.5	68.1 - 78.3	204
d. Provided students with information about LGBT resources within the school (e.g., counseling services, student support groups like Gay/Straight Alliances or Genders and Sexualities Alliances)	38.5	30.8 - 46.9	94	24.5	17.8 - 32.5	81	24.7	13.2 - 41.4	28	30.4	25.5 - 35.7	203
e. Identified additional LGBT resources available in the community or online	27.4	20.9 - 35.2	94	20.6	14.3 - 28.7	82	17.7	8.6 - 32.9	28	23.0	18.7 - 28.0	204

*Among schools that teach sexual health education.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Benefits of healthy eating	98.0	94.2 - 99.3	109	87.1	80.7 - 91.5	107	100.0	†	33	93.2	90.1 - 95.4	249
b. Benefits of drinking plenty of water	98.0	94.2 - 99.3	109	87.9	81.7 - 92.2	106	96.9	86.3 - 99.4	33	93.2	90.0 - 95.4	248
c. Benefits of eating breakfast every day	97.0	92.8 - 98.8	108	84.4	78.2 - 89.1	108	96.9	86.3 - 99.4	33	91.1	87.8 - 93.6	249
d. Food guidance using the current Dietary Guidelines for Americans (e.g., MyPlate)	93.3	89.2 - 95.9	107	80.9	73.7 - 86.5	109	96.9	86.3 - 99.4	33	87.9	84.2 - 90.9	249
e. Using food labels	93.2	89.1 - 95.9	108	80.2	73.4 - 85.6	110	96.8	85.9 - 99.3	32	87.5	83.9 - 90.4	250
f. Differentiating between nutritious and non-nutritious beverages	97.1	92.9 - 98.8	109	80.0	72.6 - 85.8	109	96.9	86.3 - 99.4	33	89.0	85.2 - 91.9	251
g. Balancing food intake and physical activity	97.0	92.8 - 98.8	108	85.4	78.9 - 90.2	109	93.8	82.4 - 98.0	33	91.1	87.6 - 93.7	250
h. Eating more fruits, vegetables, and whole grain products	98.0	94.2 - 99.3	109	86.1	79.6 - 90.7	107	96.9	86.3 - 99.4	33	92.3	89.0 - 94.7	249
i. Choosing foods and snacks that are low in solid fat (i.e., saturated and trans fat)	95.1	90.3 - 97.6	109	78.5	71.4 - 84.2	111	93.7	82.2 - 98.0	32	87.0	83.1 - 90.1	252
j. Choosing foods, snacks, and beverages that are low in added sugars	97.1	92.9 - 98.8	109	82.0	75.0 - 87.3	110	90.8	78.6 - 96.3	33	89.1	85.3 - 92.0	252
k. Choosing foods and snacks that are low in sodium	93.1	87.8 - 96.2	109	76.5	69.0 - 82.6	110	90.8	78.6 - 96.3	33	85.0	80.8 - 88.3	252

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

17. Percentage of schools in which teachers taught each of the following nutrition and dietary behavior topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
l. Eating a variety of foods that are high in calcium	96.1	91.6 - 98.2	109	71.6	64.2 - 78.0	109	90.9	78.9 - 96.4	33	83.9	79.9 - 87.2	251
m. Eating a variety of foods that are high in iron	93.1	88.8 - 95.8	108	68.2	60.8 - 74.8	107	90.9	78.9 - 96.4	33	81.2	77.2 - 84.6	248
n. Food safety	88.7	83.9 - 92.2	109	69.5	61.8 - 76.2	111	93.9	82.7 - 98.0	33	80.4	76.2 - 84.0	253
o. Preparing healthy meals and snacks	93.4	89.4 - 96.0	109	77.5	70.6 - 83.2	110	90.9	78.9 - 96.4	33	85.6	81.8 - 88.7	252
p. Risks of unhealthy weight control practices	95.1	90.4 - 97.6	108	80.4	73.4 - 85.9	106	90.9	84.8 - 94.7	33	87.7	84.0 - 90.6	247
q. Accepting body size differences	96.2	91.8 - 98.3	109	85.9	79.3 - 90.7	106	87.8	74.8 - 94.6	33	90.2	86.6 - 93.0	248
r. Signs, symptoms, and treatment for eating disorders	92.2	87.6 - 95.1	108	70.3	62.4 - 77.2	110	90.9	84.8 - 94.7	33	81.7	77.5 - 85.2	251
s. Relationship between diet and chronic diseases	91.4	85.7 - 94.9	109	77.3	70.0 - 83.2	109	90.9	84.8 - 94.7	33	84.7	80.7 - 88.0	251
t. Assessing body mass index (BMI)	85.5	79.3 - 90.1	107	72.6	64.7 - 79.3	109	87.8	74.8 - 94.6	33	79.8	75.2 - 83.7	249
u. The influence of the media on dietary behaviors	93.5	89.4 - 96.1	108	73.1	65.3 - 79.6	110	93.9	82.7 - 98.0	33	83.9	79.8 - 87.3	251
v. Food production, including how food is grown, harvested, processed, packaged, and transported	76.2	68.8 - 82.2	105	59.6	51.8 - 66.9	108	72.7	58.7 - 83.3	33	67.8	62.9 - 72.4	246

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17N. Percentage of schools that taught all 22 nutrition and dietary behavior topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
65.4	56.9 - 73.1	103	44.6	36.4 - 53.0	108	69.6	54.9 - 81.1	33	56.1	50.7 - 61.4	244

*Responses to question 17 a through v all are “yes.”
N = Unweighted number of observations

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18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Short-term and long-term benefits of physical activity, including reducing the risks for chronic disease	98.1	94.4 - 99.4	107	91.1	85.7 - 94.6	110	93.9	82.7 - 98.0	33	94.2	91.2 - 96.2	250
b. Mental and social benefits of physical activity	98.1	94.4 - 99.4	107	87.6	81.6 - 91.9	111	100.0	†	32	93.4	90.3 - 95.5	250
c. Health-related fitness (i.e., cardiorespiratory endurance, muscular endurance, muscular strength, flexibility, and body composition)	96.1	91.6 - 98.2	107	89.1	83.8 - 92.8	109	97.0	86.8 - 99.4	33	92.9	90.0 - 95.1	249
d. Phases of a workout (i.e., warm-up, workout, and cool down)	93.1	87.8 - 96.2	106	87.4	81.8 - 91.5	110	97.0	86.8 - 99.4	33	91.0	87.7 - 93.4	249
e. Recommended amounts and types of moderate, vigorous, muscle-strengthening, and bone-strengthening physical activity	93.3	88.2 - 96.3	107	82.9	76.0 - 88.2	110	90.9	84.8 - 94.7	33	88.1	84.3 - 91.0	250
f. Decreasing sedentary activities (e.g., television viewing, using video games)	97.1	93.0 - 98.8	107	85.8	79.9 - 90.2	111	100.0	†	32	92.1	89.0 - 94.4	250
g. Preventing injury during physical activity	95.0	90.2 - 97.5	106	87.4	81.7 - 91.5	110	96.9	87.0 - 99.3	32	91.6	88.5 - 94.0	248

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18. Percentage of schools in which teachers taught each of the following physical activity topics in a required course for students in any of grades 6 through 12 during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
h. Weather-related safety (e.g., avoiding heat stroke, hypothermia, and sunburn while physically active)	91.3	85.7 - 94.9	107	68.9	61.4 - 75.5	111	90.9	78.9 - 96.4	33	80.6	76.3 - 84.2	251
i. Dangers of using performance-enhancing drugs (e.g., steroids)	95.1	90.4 - 97.6	106	68.6	61.5 - 74.9	111	94.0	83.0 - 98.0	33	82.3	78.4 - 85.6	250
j. Increasing daily physical activity	96.1	91.6 - 98.2	106	91.9	86.6 - 95.2	109	100.0	†	32	94.6	91.8 - 96.5	247
k. Incorporating physical activity into daily life (without relying on a structured exercise plan or special equipment)	97.1	93.0 - 98.8	107	91.1	85.7 - 94.6	110	97.0	86.8 - 99.4	33	94.2	91.3 - 96.2	250
l. Using safety equipment for specific physical activities	90.3	84.3 - 94.1	106	85.3	78.6 - 90.1	108	91.0	85.2 - 94.7	33	88.0	84.3 - 91.0	247
m. Benefits of drinking water before, during, and after physical activity	98.1	94.4 - 99.4	107	87.6	81.5 - 91.9	111	96.7	85.5 - 99.3	31	92.9	89.7 - 95.1	249

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

18N. Percentage of schools that taught all 13 physical activity topics during the current school year.*

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
83.5	76.8 - 88.5	106	54.4	46.5 - 62.1	109	81.2	70.1 - 88.9	32	69.4	64.6 - 73.7	247

*Responses to question 18 a through m all are "yes."
N = Unweighted number of observations

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**2020 School Health Profiles Report
Weighted Lead Health Education Teacher Survey Results**

19. Percentage of schools in which health education staff worked with the following groups on health education activities during the current school year.*

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Physical education staff	83.2	76.3 - 88.4	97	83.8	77.0 - 88.9	92	87.1	73.3 - 94.3	23	83.9	79.6 - 87.5	212
b. Health services staff (e.g., nurses)	64.7	56.3 - 72.4	97	62.5	54.9 - 69.5	91	82.6	65.6 - 92.2	23	65.8	60.6 - 70.6	211
c. Mental health or social services staff (e.g., psychologists, counselors, social workers)	71.5	64.1 - 77.9	97	67.1	60.4 - 73.3	92	73.8	55.8 - 86.3	23	69.7	65.0 - 74.1	212
d. Nutrition or food service staff	36.4	29.3 - 44.1	97	30.5	24.0 - 37.9	92	43.4	28.4 - 59.7	23	34.4	29.8 - 39.4	212
e. School health council, committee, or team	47.1	39.6 - 54.7	97	50.7	42.8 - 58.6	91	51.8	38.6 - 64.8	23	49.3	44.2 - 54.5	211

*Among schools that have health education staff.
N = Unweighted number of observations

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

20. Percentage of schools that provided parents and families with health information designed to increase parent and family knowledge of the following topics during the current school year.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. HIV, other STD, or pregnancy prevention	29.7	22.8 - 37.6	107	20.4	14.9 - 27.4	111	24.0	15.1 - 35.9	33	24.5	20.4 - 29.1	251
b. Tobacco-use prevention	41.4	33.9 - 49.4	106	32.2	26.1 - 39.0	111	29.8	20.4 - 41.4	33	35.4	31.0 - 40.1	250
c. Alcohol- or other drug-use prevention	37.3	29.9 - 45.4	106	26.3	20.5 - 33.2	110	26.7	18.3 - 37.2	33	30.6	26.3 - 35.2	249
d. Physical activity	40.0	32.5 - 47.9	106	39.2	33.0 - 45.9	110	30.1	19.3 - 43.7	33	38.2	33.7 - 42.9	249
e. Nutrition and healthy eating	41.7	34.5 - 49.4	106	40.6	33.9 - 47.7	111	33.2	22.9 - 45.4	33	40.0	35.4 - 44.8	250
f. Asthma	25.2	18.8 - 32.9	105	19.6	14.9 - 25.4	111	21.3	12.6 - 33.7	33	22.0	18.3 - 26.2	249
g. Food allergies	26.4	20.7 - 33.1	106	31.5	24.7 - 39.3	111	26.7	18.3 - 37.2	33	28.9	24.7 - 33.5	250
h. Diabetes	25.7	19.4 - 33.3	106	22.4	16.9 - 29.2	110	24.0	15.1 - 35.9	33	23.9	20.0 - 28.4	249
i. Preventing student bullying and sexual harassment, including electronic aggression (i.e., cyber-bullying)	60.2	52.5 - 67.5	107	61.6	53.5 - 69.0	109	46.4	33.8 - 59.5	32	58.9	53.8 - 63.9	248

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

21. Percentage of schools in which teachers have given students health education homework assignments or activities to do at home with their parents during the current school year.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence			95% Confidence			95% Confidence			95% Confidence		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
50.2	42.7 - 57.8	108	43.3	35.9 - 51.1	111	50.1	36.6 - 63.5	32	46.9	41.9 - 52.0	251

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	34.4	27.3 - 42.2	108	27.3	21.5 - 34.0	114	33.6	22.5 - 47.0	33	30.9	26.6 - 35.5	255
b. Asthma	15.6	11.4 - 21.1	107	13.2	9.0 - 18.9	113	12.3	5.5 - 25.4	33	14.0	11.0 - 17.6	253
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	22.4	16.6 - 29.5	107	23.0	17.4 - 29.7	113	18.5	9.5 - 33.0	33	22.1	18.2 - 26.6	253
d. Emotional and mental health	57.3	49.2 - 65.1	108	68.9	61.4 - 75.5	113	51.3	38.2 - 64.2	33	62.0	57.0 - 66.8	254
e. Epilepsy or seizure disorder	30.5	23.9 - 38.0	108	27.2	21.4 - 33.8	114	24.4	13.5 - 40.0	33	28.1	23.8 - 32.7	255
f. Food allergies	25.7	20.1 - 32.2	108	22.0	16.7 - 28.5	114	21.0	11.8 - 34.6	33	23.3	19.5 - 27.5	255
g. Foodborne illness prevention	20.7	15.2 - 27.5	108	14.2	10.1 - 19.7	114	17.9	9.7 - 30.6	33	17.2	13.9 - 21.1	255
h. HIV prevention	20.4	15.0 - 27.3	107	15.8	10.8 - 22.4	114	23.6	13.5 - 37.9	33	18.6	14.9 - 23.0	254
i. Human sexuality	21.7	15.8 - 29.1	108	18.5	13.3 - 25.2	113	18.3	10.7 - 29.6	33	19.7	16.0 - 24.1	254
j. Infectious disease prevention (e.g., flu prevention)	41.1	33.9 - 48.7	109	39.7	32.8 - 47.0	114	45.1	32.4 - 58.6	33	41.0	36.3 - 45.9	256

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

22. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
k. Injury prevention and safety	39.5	32.0 - 47.5	108	38.6	32.4 - 45.3	114	39.0	28.2 - 51.0	33	39.0	34.5 - 43.7	255
l. Nutrition and dietary behavior	30.6	23.7 - 38.4	108	29.1	23.2 - 35.7	114	21.5	11.6 - 36.6	33	28.6	24.3 - 33.3	255
m. Physical activity and fitness	42.6	35.0 - 50.7	108	42.1	35.7 - 48.8	114	33.9	21.4 - 49.1	33	41.2	36.5 - 46.0	255
n. Pregnancy prevention	19.9	14.3 - 26.9	108	10.6	6.7 - 16.4	113	12.2	5.4 - 25.2	33	14.4	11.2 - 18.3	254
o. STD prevention	21.5	15.6 - 28.8	108	12.3	8.1 - 18.4	114	12.2	5.4 - 25.2	33	15.8	12.4 - 19.9	255
p. Suicide prevention	60.6	52.9 - 67.7	109	66.1	58.9 - 72.6	113	68.7	53.6 - 80.7	32	64.3	59.4 - 68.9	254
q. Tobacco-use prevention	45.2	37.4 - 53.3	107	29.1	23.0 - 36.0	114	27.6	18.4 - 39.4	33	35.0	30.5 - 39.7	254
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	56.3	48.4 - 63.9	108	61.9	55.2 - 68.2	113	54.3	38.7 - 69.0	33	58.7	53.8 - 63.4	254

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

23. Percentage of schools in which the lead health education teacher received professional development (e.g., workshops, conferences, continuing education, any other kind of in-service) on each of the following topics during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Teaching students with physical, medical, or cognitive disabilities	49.3	41.0 - 57.7	109	51.9	45.3 - 58.4	114	48.6	33.0 - 64.4	33	50.5	45.4 - 55.5	256
b. Teaching students of various cultural backgrounds	51.4	43.9 - 58.9	107	49.2	42.6 - 55.9	114	30.3	18.8 - 45.0	33	47.4	42.7 - 52.1	254
c. Teaching students with limited English proficiency	50.2	42.7 - 57.8	107	40.1	33.3 - 47.4	114	27.0	15.9 - 41.9	33	42.1	37.4 - 47.0	254
d. How to support lesbian, gay, bisexual, and transgender students	26.6	20.4 - 33.9	107	20.2	14.5 - 27.4	114	6.1	2.0 - 17.3	33	20.6	16.8 - 25.1	254
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	51.6	44.3 - 58.9	108	46.9	39.7 - 54.3	113	33.8	24.1 - 45.0	33	46.9	42.2 - 51.6	254
f. Encouraging family or community involvement	42.7	35.2 - 50.6	108	37.7	31.1 - 44.9	114	30.5	20.4 - 43.1	33	38.6	34.0 - 43.5	255
g. Teaching skills for behavior change	54.9	47.7 - 61.9	108	50.5	43.1 - 57.9	113	36.6	23.3 - 52.4	33	50.2	45.3 - 55.1	254
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	65.0	57.7 - 71.7	108	63.1	55.9 - 69.7	113	54.7	40.6 - 68.0	33	62.6	57.8 - 67.2	254
i. Assessing or evaluating students in health education	42.8	36.0 - 50.0	108	31.9	25.3 - 39.3	113	29.8	20.5 - 41.1	33	35.8	31.4 - 40.4	254

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

24. Percentage of schools in which the lead health education teacher received professional development on each of the following topics related to teaching sexual health education during the past two years.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Aligning lessons and materials with the district scope and sequence for sexual health education	34.4	28.3 - 41.1	109	17.5	12.4 - 24.0	114	21.3	11.4 - 36.3	33	24.5	20.6 - 28.8	256
b. Creating a comfortable and safe learning environment for students receiving sexual health education	25.6	20.0 - 32.1	107	15.8	11.1 - 22.0	114	21.0	11.2 - 35.9	33	20.2	16.6 - 24.4	254
c. Connecting students to on-site or community-based sexual health services	22.3	16.7 - 29.1	107	15.0	10.4 - 21.1	114	12.6	5.6 - 25.9	32	17.4	14.0 - 21.5	253
d. Using a variety of effective instructional strategies to deliver sexual health education	24.3	18.7 - 30.9	108	15.8	11.1 - 22.1	114	12.2	5.4 - 25.2	33	18.5	15.1 - 22.6	255
e. Building student skills in HIV, other STD, and pregnancy prevention	22.5	17.0 - 29.1	108	14.1	9.5 - 20.5	114	12.2	5.4 - 25.2	33	17.0	13.6 - 21.1	255
f. Assessing student knowledge and skills in sexual health education	23.1	17.5 - 29.8	107	15.3	10.9 - 20.9	112	14.9	7.2 - 28.4	33	18.2	14.8 - 22.1	252
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	33.0	26.6 - 40.2	108	19.8	14.5 - 26.4	112	23.8	14.8 - 36.0	33	25.4	21.5 - 29.8	253
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	25.5	19.4 - 32.7	107	20.3	15.0 - 26.9	114	15.3	7.4 - 29.1	33	21.6	17.8 - 25.9	254
i. Engaging parents in sexual health education	17.5	12.6 - 23.8	109	14.1	9.8 - 20.1	114	15.3	7.4 - 29.1	33	15.6	12.4 - 19.5	256

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25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Alcohol- or other drug-use prevention	56.1	48.6 - 63.4	108	51.0	43.7 - 58.1	114	57.7	43.4 - 70.7	33	53.8	48.9 - 58.7	255
b. Asthma	25.9	20.0 - 32.8	108	20.4	14.8 - 27.5	113	43.4	29.8 - 58.2	32	25.6	21.5 - 30.3	253
c. Chronic disease prevention (e.g., diabetes, obesity prevention)	43.6	36.6 - 51.0	109	37.8	31.2 - 44.9	114	51.2	36.0 - 66.2	33	41.9	37.2 - 46.8	256
d. Emotional and mental health	67.7	60.4 - 74.3	106	58.7	51.4 - 65.8	114	62.2	48.4 - 74.3	32	62.6	57.7 - 67.2	252
e. Epilepsy or seizure disorder	30.3	23.7 - 37.9	108	21.4	15.9 - 28.1	113	43.5	29.8 - 58.3	32	27.8	23.6 - 32.5	253
f. Food allergies	31.2	25.3 - 37.8	106	24.0	18.0 - 31.2	113	38.5	25.3 - 53.6	31	28.7	24.4 - 33.3	250
g. Foodborne illness prevention	26.4	20.4 - 33.3	106	23.2	18.1 - 29.1	113	37.4	24.2 - 52.7	32	26.3	22.4 - 30.7	251
h. HIV prevention	44.9	37.8 - 52.3	107	29.9	23.7 - 37.0	114	56.4	41.5 - 70.2	32	39.2	34.6 - 44.0	253
i. Human sexuality	57.4	50.2 - 64.3	107	40.8	34.1 - 48.0	113	57.8	42.8 - 71.5	33	49.5	44.7 - 54.3	253
j. Infectious disease prevention (e.g., flu prevention)	40.9	33.7 - 48.4	108	40.3	33.3 - 47.6	112	55.8	40.8 - 69.8	32	42.6	37.8 - 47.6	252
k. Injury prevention and safety	35.7	29.5 - 42.5	105	38.1	31.1 - 45.6	113	54.4	39.0 - 69.1	33	39.5	34.8 - 44.4	251

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2020 School Health Profiles Report Weighted Lead Health Education Teacher Survey Results

25. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		Interval	N		Interval	N		Interval	N		Interval	N
l. Nutrition and dietary behavior	48.3	42.2 - 54.5	107	54.0	46.4 - 61.4	113	60.7	44.6 - 74.7	33	52.8	47.9 - 57.6	253
m. Physical activity and fitness	47.1	40.5 - 53.8	108	47.7	40.2 - 55.3	113	51.6	37.1 - 65.8	33	48.0	43.1 - 52.9	254
n. Pregnancy prevention	41.5	34.0 - 49.4	107	33.1	26.9 - 40.0	112	56.5	41.7 - 70.2	32	39.5	34.9 - 44.4	251
o. STD prevention	48.4	40.5 - 56.3	108	37.1	30.7 - 44.0	113	56.5	41.7 - 70.2	32	44.1	39.3 - 49.0	253
p. Suicide prevention	60.5	53.3 - 67.3	107	52.3	45.3 - 59.2	113	62.6	49.0 - 74.6	32	56.8	52.1 - 61.4	252
q. Tobacco-use prevention	59.5	52.0 - 66.6	107	47.8	41.0 - 54.7	111	53.1	39.4 - 66.4	32	53.0	48.3 - 57.7	250
r. Violence prevention (e.g., bullying, fighting, dating violence prevention)	62.2	55.0 - 68.9	107	51.4	44.7 - 58.1	111	51.0	37.9 - 64.0	33	55.5	50.9 - 60.0	251

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26. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N			N			N			N	
a. Teaching students with physical, medical, or cognitive disabilities	46.5	38.8 - 54.3	107	47.4	40.5 - 54.5	114	53.0	40.1 - 65.6	32	47.8	43.0 - 52.7	253
b. Teaching students of various cultural backgrounds	44.5	37.2 - 51.9	108	43.9	37.0 - 51.0	114	43.6	28.0 - 60.7	32	44.1	39.2 - 49.1	254
c. Teaching students with limited English proficiency	38.2	30.9 - 46.0	108	36.0	28.9 - 43.8	114	40.6	25.8 - 57.2	32	37.5	32.5 - 42.7	254
d. Supporting lesbian, gay, bisexual, and transgender students	55.2	47.9 - 62.3	108	44.0	37.2 - 51.1	114	59.1	43.0 - 73.5	32	50.3	45.5 - 55.2	254
e. Using interactive teaching methods (e.g., role plays, cooperative group activities)	47.6	40.0 - 55.3	107	41.7	35.3 - 48.4	113	56.4	39.9 - 71.5	32	46.0	41.1 - 50.9	252
f. Encouraging family or community involvement	54.3	47.5 - 61.0	107	50.4	43.8 - 56.9	113	59.4	44.2 - 73.1	32	53.1	48.5 - 57.6	252
g. Teaching skills for behavior change	52.1	44.5 - 59.6	107	57.0	49.9 - 63.9	114	59.3	44.0 - 73.0	32	55.5	50.5 - 60.3	253
h. Classroom management techniques (e.g., social skills training, environmental modification, conflict resolution and mediation, behavior management)	44.4	36.6 - 52.4	108	49.1	41.7 - 56.6	114	52.9	39.9 - 65.5	32	47.8	42.8 - 52.9	254
i. Assessing or evaluating students in health education	46.1	39.4 - 53.0	108	44.7	37.5 - 52.2	114	54.8	43.1 - 66.1	31	46.6	42.0 - 51.3	253

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27. Percentage of schools in which the lead health education teacher would like to receive professional development on each of the following topics related to teaching sexual health education.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N	Percent	95% Confidence Interval	N
a. Aligning lessons and materials with the district scope and sequence for sexual health education	42.0	35.7 - 48.5	109	30.0	24.6 - 36.1	114	45.3	34.1 - 56.9	33	36.7	32.8 - 40.8	256
b. Creating a comfortable and safe learning environment for students receiving sexual health education	48.7	41.0 - 56.4	109	33.5	27.7 - 39.9	114	54.6	40.5 - 68.0	33	42.2	37.7 - 46.9	256
c. Connecting students to on-site or community-based sexual health services	49.2	41.9 - 56.6	109	32.6	26.7 - 39.2	114	51.7	37.0 - 66.0	33	41.6	37.1 - 46.3	256
d. Using a variety of effective instructional strategies to deliver sexual health education	56.8	49.0 - 64.2	107	37.9	31.9 - 44.3	114	54.7	40.6 - 68.0	33	47.4	42.8 - 52.0	254
e. Building student skills in HIV, other STD, and pregnancy prevention	50.3	42.2 - 58.4	109	39.2	33.3 - 45.3	113	60.7	46.1 - 73.5	33	46.4	41.8 - 51.1	255
f. Assessing student knowledge and skills in sexual health education	46.9	39.9 - 54.0	108	35.3	29.5 - 41.6	114	51.6	37.0 - 65.9	33	42.0	37.6 - 46.5	255
g. Understanding current district or school board policies or curriculum guidance regarding sexual health education	46.2	39.5 - 53.1	108	35.2	28.9 - 42.0	114	48.6	36.5 - 60.8	33	41.2	36.8 - 45.7	255
h. Identifying appropriate modifications to the sexual health curriculum to meet the needs of all students	52.0	45.7 - 58.3	109	38.1	32.2 - 44.5	113	54.6	42.2 - 66.4	33	45.7	41.6 - 50.0	255
i. Engaging parents in sexual health education	51.7	44.4 - 58.8	109	30.7	25.7 - 36.1	114	43.6	31.4 - 56.7	32	40.5	36.4 - 44.6	255

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28. Percentage of schools in which the major emphasis of the lead health education teacher's professional preparation was on the following:

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. Health and physical education combined	66.2	58.9 - 72.9	105	52.9	45.2 - 60.5	108	69.8	59.8 - 78.2	33	60.5	55.7 - 65.1	246
b. Health education	6.8	3.7 - 12.0	105	5.5	2.9 - 10.1	108	3.0	0.6 - 13.2	33	5.6	3.7 - 8.5	246
c. Physical education	12.1	7.7 - 18.3	105	23.1	17.2 - 30.4	108	15.0	8.6 - 24.9	33	17.7	14.2 - 21.9	246
d. Other education degree	3.7	1.7 - 7.8	105	8.3	5.2 - 13.0	108	6.1	2.0 - 17.3	33	6.2	4.2 - 9.0	246
e. Kinesiology, exercise science, or exercise physiology	1.9	0.7 - 5.6	105	1.0	0.2 - 4.4	108	0.0	†	33	1.2	0.5 - 2.9	246
f. Home economics or family and consumer science	0.9	0.2 - 4.3	105	1.0	0.2 - 4.4	108	0.0	†	33	0.8	0.3 - 2.4	246
g. Biology or other science	0.0	†	105	1.8	0.6 - 5.4	108	0.0	†	33	0.9	0.3 - 2.6	246
h. Nursing	1.8	0.6 - 5.2	105	3.6	1.6 - 7.7	108	0.0	†	33	2.4	1.3 - 4.5	246
i. Counseling	0.9	0.2 - 4.3	105	1.9	0.6 - 5.6	108	0.0	†	33	1.3	0.5 - 3.1	246
j. Public health	0.9	0.2 - 4.0	105	0.0	†	108	0.0	†	33	0.3	0.1 - 1.5	246
k. Nutrition	0.0	†	105	0.0	†	108	0.0	†	33	0.0	†	246
l. Other	4.8	2.9 - 8.1	105	0.9	0.2 - 4.3	108	6.1	2.0 - 17.3	33	3.2	2.0 - 5.1	246

† Confidence intervals not applicable for 0 percent or 100 percent.
N = Unweighted number of observations

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29. Percentage of schools in which the lead health education teacher is certified, licensed, or endorsed by the state to teach health education in middle school or high school.

High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
95% Confidence Interval			95% Confidence Interval			95% Confidence Interval			95% Confidence Interval		
Percent	Interval	N	Percent	Interval	N	Percent	Interval	N	Percent	Interval	N
92.0	87.5 - 95.0	109	85.2	79.2 - 89.7	114	90.9	78.9 - 96.4	33	88.6	85.1 - 91.3	256

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30. Percentage of schools in which the lead health education teacher had the following number of years of experience teaching health education courses or topics.

	High Schools			Middle Schools			Junior/Senior High Schools			All Schools		
	Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval		Percent	95% Confidence Interval	
		N	Interval		N	Interval		N	Interval		N	Interval
a. 1 year	8.3	4.9 - 13.7	108	10.1	6.2 - 15.9	110	6.0	2.0 - 17.0	33	8.8	6.3 - 12.2	251
b. 2 to 5 years	17.8	13.5 - 23.2	108	21.8	16.3 - 28.4	110	15.4	7.5 - 29.2	33	19.4	15.9 - 23.4	251
c. 6 to 9 years	9.7	5.8 - 15.5	108	16.5	11.3 - 23.4	110	17.8	9.1 - 31.9	33	14.0	10.7 - 18.2	251
d. 10 to 14 years	22.3	17.1 - 28.6	108	10.8	7.2 - 16.0	110	6.2	2.0 - 17.6	33	14.6	11.7 - 18.1	251
e. 15 years or more	41.9	35.3 - 48.8	108	40.8	34.2 - 47.8	110	54.6	43.0 - 65.7	33	43.2	38.8 - 47.7	251