## 2020 School Health Profiles Report

Weighted Principal Survey Results

1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.
a. Phy sical education and physical activity
b. Nutrition
c. Tobacco-use prevention
d. Alcohol- and other drug-use prevention


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.
e. Chronic health conditions (e.g., asthma, food allergies)
f. Unintentional injury and violence prevention (safety)
g. Sexual health, including HIV, other STD, and pregnancy prevention


## 2020 School Health Profiles Report

Weighted Principal Survey Results
2. Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.
a. Health education
b. Physical education
c. Physical activity
d. School meal programs
e. Foods and beverages available at school outside the school meal programs


INDIANA

## 2020 School Health Profiles Report

Weighted Principal Survey Results

Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.
f. Health services
. Counseling, psychological, and social services
h. Physical environment
i. Social and emotional climate
j. Family engagement
$\square$ High Schools
$\square$ Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools

## 2020 School Health Profiles Report

Weighted Principal Survey Results

Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

3. Percentage of schools that reviewed health and safety data as part of school's improvement planning process.*

*Among schools that engaged in an improvement planning process during the past year.

INDIANA
2020 School Health Profiles Report
Weighted Principal Survey Results
4. Percentage of schools that did the following activities during the past year.


INDIANA
2020 School Health Profiles Report
Weighted Principal Survey Results
4. Percentage of schools that did the following activities during the past year.
e. Communicated to students about district's local wellness policy
f. Measured school's compliance with district's local wellness policy
g. Developed an action plan that describes steps to meet requirements of district's local wellness policy


## 2020 School Health Profiles Report

Weighted Principal Survey Results
5. Percentage of schools that currently have someone who oversees or coordinates schoolhealth and safety programs and activities.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
6. Percentage of schools that have one or more than one group (e.g., school health council, committee, team) that offers guidance on the development of policies or coordinates activities on health topics.


## 2020 School Health Profiles Report Weighted Principal Survey Results

7. Percentage of schools that have a schoolhealth council, committee, or team that did the following activities during the past year.*
a. Identified student health needs based on a review of relevant data
b. Recommended new or revised health and safety policies and activities to school administrators or the school improvement team
c. Sought funding or leveraged resources to support health and safety priorities for students and staff
d. Communicated the importance of health and safety policies and activities to district administrators, school administrators, parent-teacher groups, or community members
e. Reviewed health-related curricula or instructional materials

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activties on health topics.

## 2020 School Health Profiles Report Weighted Principal Survey Results

8. Percentage of schools that have taken any of the following actions related to before-or after-school programs.
a. Included before- or after-school settings as part of the School Improvement Plan
b. Encouraged before- or after-school program staff or leaders to participate in school health council, committee, or team meetings


## 2020 School Health Profiles Report

Weighted Principal Survey Results
9. Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting schoolenvironment for all youth, regardless of sexual orientation or gender identity.


## 2020 School Health Profiles Report Weighted Principal Survey Results

10. Percentage of schools that engage in the following practices related to lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth.


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## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

11. Percentage of schools in which all staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression, during the past year.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
12. Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
13. Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regu lations on bullying and sexual harassment, including electronic aggression.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
14. Percentage of schools that taught a required physical education course in each of the following grades.*
a. Sixth grade

NA

. Seventh grade
c. Eighth grade

High Schools
Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools
*Among schools with students in that grade.
NA = Not available
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## 2020 School Health Profiles Report

Weighted Principal Survey Results
14. Percentage of schools that taught a required physical education course in each of the following grades.*
d. Ninth grade
e. Tenth grade
f. Eleventh grade
g. Twelfth grade

- High Schools

Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools
*Among schools with students in that grade.

## 2020 School Health Profiles Report

Weighted Principal Survey Results
15. Percentage of schools in which physicaleducation teachers or specialists received professionaldevelopment on physical education or physical activity during the past year.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

16. Percentage of schools that engage in the following physical education practices.
a. Provide physical education teachers with a written physical education curriculum that aligns with national standards for physical education
b. Require physical education teachers to follow a written physical education curriculum


## 2020 School Health Profiles Report Weighted Principal Survey Results

16. Percentage of schools that engage in the following physical education practices.
f. Limit physical education class sizes so that they are the same size as other subject areas


## 2020 School Health Profiles Report

Weighted Principal Survey Results
17. Percentage of schools in which students participate in physical activity in classrooms during the school day outside of physicaleducation.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
18. Percentage of schools that offer opportunities for all students to be physically active during the schoolday, such as recess , lunchtime intramural activities, or physical activity clubs.

19. Percentage of schools that offer interscholastic sports to students.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
20. Percentage of schools that offer opportunities for students to participate in physical activity through organized physical ac tivities or access to facilities or equipment for physical activity during the following times.
a. Before the school day
b. After the school day
$\square$ High Schools
$\square$ Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools
21. Percentage of schools that have a joint use agreement for shared use of the following schoolor community facilities.
a. Phy sical activity or sports facilities
b. Kitchen facilities and equipment
c. Gardens


## 2020 School Health Profiles Report

Weighted Principal Survey Results

Percentage of schools that have a written plan for providing opportunities for students to be physically active before, during, and after school.

23. Percentage of schools that have assessed opportunities available to students to be physically active before, during, or after school.

24. Percentage of schools that have adopted a policy prohibiting tobacco use.


INDIANA
2020 School Health Profiles Report
Weighted Principal Survey Results
25. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for students during any school-related activity.
a. Cigarettes
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)
c. Cigars


INDIANA

## 2020 School Health Profiles Report

Weighted Principal Survey Results
25. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for faculty/staff during any school-related activity.
a. Cigarettes
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)
c. Cigars


INDIANA
2020 School Health Profiles Report
Weighted Principal Survey Results
25. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for visitors during any school-related activity.
a. Cigarettes
b. Smokeless tobacco (e.g., chewing tobacco, snuff, dip, snus, dissolvable tobacco)
c. Cigars
d. Pipes
e. Electronic vapor products (e.g., ecigarettes, vapes, vape pens, e-hookahs, mods, or brands such as JUUL)

26. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for students.
a. During school hours
b. During non-school hours
$\square$ High Schools

26. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for faculty/staff.
a. During school hours
b. During non-school hours
$\square$ High Schools


## 2020 School Health Profiles Report

Weighted Principal Survey Results
26. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for visitors.
a. During school hours
b. During non-school hours
$\square$ High Schools

27. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for students.
a. In school buildings
b. Outside on school grounds, including parking lots and playing fields

27. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for faculty/staff.
a. In school buildings
b. Outside on school grounds, including parking lots and play ing fields
c. On school buses or other vehicles used to transport students
d. At off-campus, school-sponsored events

27. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for visitors.
a. In school buildings
b. Outside on school grounds, including parking lots and playing fields


## 2020 School Health Profiles Report Weighted Principal Survey Results

27N. Percentage of schools that follow a policy that mandates a "tobacco-free environment." A "tobacco-free environment" is one that prohibits tobacco use by students, staff, and visitors in school buildings, at schoolfunctions, in school vehicles, on school grounds, and at off-site schoolevents, applicable 24 hours a day and seven days a week.*

*Responses to question 25 ( $a, b, c$, and d), question 26 ( $a$ and b), and question 27 ( $a, b, c$, and d) are all "yes."

## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

TOBVAPE. Percentage of schools that follow a policy that mandates a "tobacco-free environment" including prohibiting electronic vaporproducts. A "tobacco-free environment" is one that prohibits tobacco and EVP use by students, staff, and visitors in schoolbuildings, at schoolfunctions, in schoolvehicles, on school grounds, and at off-site schoolevents, applicable 24 hours a day and seven days a week.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
28. Percentage of schools that never, rarely, sometimes, or always or almost always offer fruits or non-fried vegetables at schoolcelebrations when foods or beverages are offered.
a. Foods or beverages are not offered at school celebrations
b. Never
c. Rarely
d. Sometimes
e. Always or almost always

- High Schools
$\square$ Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools


## 2020 School Health Profiles Report

Weighted Principal Survey Results
29. Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the s chool store, canteen, or snack bar.
a. Chocolate candy
b. Other kinds of candy
c. Salty snacks that are not low in fat (e.g., regular potato chips)
d. Low sodium or "no added salt" pretzels, crackers, or chips
e. Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the s chool store, canteen, or snack bar.
f. Ice cream or frozen yogurt that is not low in fat
g. $2 \%$ or whole milk (plain or flavored)
h. Nonfat or $1 \%$ (low-fat) milk (plain)
i. Water ices or frozen slushes that do not contain juice
j. Soda pop or fruit drinks that are not 100\% juice


## 2020 School Health Profiles Report

Weighted Principal Survey Results
30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the s chool store, canteen, or snack bar.
k. Sports drinks (e.g., Gatorade)

1. Energy drinks (e.g., Red Bull, Monster)
m. Plain water, with or without carbonation (e.g., Dasani, Aquafina, Smart Water)
n. Calorie-free, flavored water, with or without carbonation (e.g., Dasani Flavors, Aquafina FlavorSplash)
o. $100 \%$ fruit or vegetable juice
$\square$ Junior/Senior High Schools
$\square$ All Schools

## 2020 School Health Profiles Report

Weighted Principal Survey Results
30. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the s chool store, canteen, or snack bar.
p. Foods or beverages containing caffeine


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

31. Percentage of schools that have done any of the following activities during the current school year.
a. Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages
b. Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating
c. Provided information to students or families on the nutrition and caloric content of foods available
d. Conducted taste tests to determine food preferences for nutritious items
e. Served locally or regionally grown foods in the cafeteria or classrooms


## 2020 School Health Profiles Report

Weighted Principal Survey Results
31. Percentage of schools that have done any of the following activities during the current school year.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

31. Percentage of schools that have done any of the following activities during the current school year.

Prohibited school staff from giving students food or food coupons as a reward for good behavior or good academic performance

1. Prohibited less nutritious foods and beverages (e.g., candy, baked goods) from being sold for fundraising purposes


## 2020 School Health Profiles Report

Weighted Principal Survey Results
32. Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following location s.
a. In school buildings
b. On school grounds including on the outside of the school building, on playing fields, or other areas of the campus
c. On school buses or other vehicles used to transport students
d. In school publications (e.g., newsletters, newspapers, web sites, other school publications)
e. In curricula or other educational materials (including assignment books, school supplies, book covers, and electronic media)


## 2020 School Health Profiles Report

Weighted Principal Survey Results
33. Percentage of schools that permit students to have a drinking water bottle with them during the schoolday.
a. Yes, in all locations
b. Yes, in certain locations
c. No


## INDIANA

## 2020 School Health Profiles Report

Weighted Principal Survey Results

33N. Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locat ions during the schoolday.


INDIANA
2020 School Health Profiles Report
Weighted Principal Survey Results
34. Percentage of schools that offer a free source of drinking water in the following locations.*
a. Cafeteria during breakfast
b. Cafeteria during lunch
c. Gymnasium or other indoor physical activity facilities
d. Outdoor phy sical activity facilities or sports fields
e. Hallways throughout the school
-High Schools
$\square$ Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools

[^0]35. Percentage of schools that have a full-time registered nurse who provides health services to students.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
36.

Percentage of schools that have a part-time registered nurse who provides health services to students.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
37. Percentage of schools that have a school-based health center that offers health services to students.


## 2020 School Health Profiles Report

Weighted Principal Survey Results
38. Percentage of schools that provide the following services to students.
a. HIV testing
b. HIV treatment (ongoing medical care for persons living with HIV)
c. STD testing
d. STD treatment
e. Pregnancy testing

- High Schools

20

| 0 | 20 | 40 | 60 | 80 |
| :--- | :---: | :---: | :---: | :---: |
| $\square$ Middle Schools | $\square$ Junior/Senior High Schools | $\square$ All Schools |  |  |

## 2020 School Health Profiles Report

Weighted Principal Survey Results
38. Percentage of schools that provide the following services to students.
f. Provision of condoms

Provision of condom-compatible
lubricants (i.e., water- or silicone-based)
. Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])
i. Prenatal care
j. Human papillomavirus (HPV) vaccine


0


## 2020 School Health Profiles Report

Weighted Principal Survey Results
38. Percentage of schools that provide the following services to students.
k. Assessment for alcohol or other drug use, abuse, or dependency

1. Daily medication administration for students with chronic health conditions (e.g., asthma, diabetes)
m. Stock rescue or "as needed" medication for any student experiencing a health emergency (e.g., asthma episode, severe allergic reaction)


## 2020 School Health Profiles Report

Weighted Principal Survey Results
39. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.
a. HIV testing
b. HIV treatment (ongoing medical care for persons living with HIV)
c. nPEP (non-occupational post-exposure prophy laxis for HIV-a short course of medication given within 72 hours of exposure to infectious bodily fluids from a person known to be HIV positive)
d. PrEP (pre-exposure prophy laxis for HIV - medication taken daily to prevent HIV infection for those at substantial risk for HIV)
e. STD testing
$\square$ Junior/Senior High Schools
$\square$ All Schools

## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

39. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.
f. STD treatment
g. Pregnancy testing
h. Provision of condoms
40. Provision of condom-compatible lubricants (i.e., water- or silicone-based)
. Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

39. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.
k. Prenatal care
40. Human papillomavirus (HPV) vaccine administration
m. Alcohol or other drug abuse treatment


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

40. Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible.


INDIANA
2020 School Health Profiles Report
Weighted Principal Survey Results
41. Percentage of schools that routinely use schoolrecords to identify and track students with a current diagnosis of the following chronic conditions.
a. Asthma
b. Food allergies
c. Diabetes
d. Epilepsy or seizure disorder
$\square$ High Schools
Middle Schools
$\square$ Junior/Senior High Schools
$\square$ All Schools

## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

41. Percentage of schools that routinely use schoolrecords to identify and track students with a current diagnosis of the following chronic conditions.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

42. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for stu dents diagnosed with or suspected to have the following chronic conditions.
a. Asthma
b. Food allergies
c. Diabetes
d. Epilepsy or seizure disorder
$\square$ Junior/Senior High Schools
$\square$ All Schools

## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

42. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for stu dents diagnosed with or suspected to have the following chronic conditions.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

43. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are provided.
a. This school does not provide any sexual or reproductive health services
b. Parental consent is required before any sexual or reproductive health services are provided


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

43. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are provided.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

44. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are referred.
a. This school does not refer any sexual or reproductive health services
b. Parental consent is required before any sexual or reproductive health services are referred


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

44. Percentage of schools with practices regarding parental consent and notification when sexual or reproductive health services are referred.


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

45. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.
a. Basic sexual health overview including community-specific information about STD, HIV, and unplanned pregnancy rates and prevention strategies
b. Sexual health services that adolescents should receive
c. Laws and policies related to adolescent sexual health services, such as minor consent for sexual health services
d. Importance of maintaining student confidentiality for sexual health services


## 2020 School Health Profiles Report <br> Weighted Principal Survey Results

45. Percentage of schools in which any staff received professional development on each of the following topics during the past two years.
e. How to create or use a student referral guide for sexual health services
f. How to make successful referrals of students to sexual health services
g. Best practices for adolescent sexual health services provision, such as making services youth-friendly
h. Ensuring sexual health services are inclusive of lesbian, gay, bisexual, and transgender students


## 2020 School Health Profiles Report Weighted Principal Survey Results

46. Percentage of schools that have done any of the following activities during the current school year.
a. Provided parents with information to support parent-adolescent communication about sex
b. Provided parents with information to support parent-adolescent communication about topics other than sex
c. Provided parents with information about how to monitor their teen (e.g., setting parental expectations, keeping track of their teen, responding when their teen breaks the rules)
d. Provided parents with information to support one-on-one time between adolescents and their health care providers
e. Provided parents with information about physical education and physical activity programs


## 2020 School Health Profiles Report Weighted Principal Survey Results

46. Percentage of schools that have done any of the following activities during the current school year.
f. Involved parents as school volunteers in the delivery of health education activities and services
g. Involved parents as school volunteers in physical education or physical activity programs
h. Linked parents and families to health services and programs in the community

Provided disease-specific education for parents and families of students with chronic health conditions (e.g., asthma, diabetes)
j. Provided parents with information about before- or after-school programs available in the community


## 2020 School Health Profiles Report

Weighted Principal Survey Results
47. Percentage of schools that currently implement any of the following school-based positive youth development programs.
a. Service-learning programs, that is, community service designed to meet specific learning objectives
b. Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students


## 2020 School Health Profiles Report Weighted Principal Survey Results

48. Percentage of schools that currently connect students to any of the following community -based positive youth development programs.
a. Service-learning programs, that is, community service designed to meet specific learning objectives
b. Mentoring programs, that is, programs in which family or community members serve as role models to students or mentor students


## 2020 School Health Profiles Report

Weighted Principal Survey Results
49. Percentage of schools in which students' families helped develop or implement policies and programs related to schoolhealth during the past two years.



[^0]:    *Among schools with that location.

