



## Long-Term Care Newsletter (2025-04)

February 10, 2025

### Long-Term Care Updates

- Documentation of QMA Practicum Form – Reminder
- QMA Curriculum and QMA-Insulin Education Module – Updates
- Free Virtual Courses for Skilled Nursing Personnel

---

### Documentation of QMA Practicum Form - Reminder

The QMA Training Program instructor signature and the practicum supervisor printed name and signature must be legible and a “wet” signature, rather than a stamp or electronic signature on the Documentation of QMA Practicum form.

---

### QMA Curriculum and QMA-Insulin Education Module - Updates

Since releasing the revised QMA Curriculum and QMA-Insulin Education Module in January 2024, IDOH has been made aware of some needed corrections. Revisions have now been completed.

The student and instructor QMA curriculum manuals may be accessed at the following links for a limited time. Then, approved instructors and program directors may email [IDOHLtctrainingprograms@health.in.gov](mailto:IDOHLtctrainingprograms@health.in.gov) for an electronic copy of the revised QMA

curriculum manuals. Any new training instructors and program directors will receive the curriculum during their train-the-trainer class.

The revised student and instructor QMA-Insulin Education Modules may be accessed [here](#) and should be used with any future QMA-Insulin training classes. Click [here](#) for a summary of changes for QMA Curriculum Corrections.

The revisions are listed and linked below for your reference. These updated curriculums should be used beginning with your next class.

- [QMA Student](#)
  - [QMA Instructor](#)
  - [QMA-Insulin Student](#)
  - [QMA-Insulin Instructor](#)
- 

## **Free Virtual Courses for Skilled Nursing Personnel**

IDOH and the University of Indianapolis Center for Aging and Community are offering free virtual courses for skilled nursing facility personnel in subject areas relevant to the long-term care setting, such as pressure injury and prevention, emergency and disaster management, and abuse and neglect prevention.

Upcoming sessions:

### **Pressure Injury Prevention and Management in Long-Term Care**

*February 12, 14, 19; 2025*

- Taught by Jeri Ann Lundgren, RN, BSN, PHN, CWS, CWCN, CPT
- Topics covered: utilizing QAPI to set up an effective pressure injury prevention program, risk assessment, care planning, prevention of skin breakdown, assessment, staging, topical treatment, and lower extremity ulcers.

Each course offers long-term care specific examples. Courses will be offered at various times through May 2025. CEUs are available through IDOH for administrators and social workers.

For more information and to register, [click here](#). These courses are funded through IDOH using Civil Money Penalty funds.

If you have questions, please contact Leah Jones at the University of Indianapolis Center for Aging and Community at [Jonesl001@uindy.edu](mailto:Jonesl001@uindy.edu).

To **promote**, **protect**, and **improve** the health and safety of all Hoosiers.

This email was sent by: Indiana Department of Health  
2 North Meridian Street, Indianapolis, Indiana, 46204 United States