



**Indiana Perinatal Quality Improvement
Collaborative (IPQIC)
Perinatal Substance Use Task Force**

**PRENATAL SCREENING FOR
SUBSTANCE USE**

March 2021

Prenatal Screening for Substance Use Module

The Prenatal Screening Module is the sixth module in the *Perinatal Substance Use Practice Bundle* (<https://www.in.gov/health/laboroflove/toolkits/>). This new module was designed to support the continued implementation of House Enrolled Act 1007 which requires health care providers who provide maternity health care services to use a validated and evidence based verbal screening tool to assess a substance use disorder in pregnancy for all pregnant patients who are seen by the health care provider as early as possible at the onset of prenatal care and throughout the pregnancy, including during the first, second, and third trimester.

This module was developed by a multidisciplinary subgroup of the Perinatal Substance Use Task Force with representation from obstetric, pediatric, neonatal, and addiction treatment clinicians to assist front-line perinatal care providers to improve the quality and safety of care provided to pregnant persons with substance use disorders. The following guidelines are intended as a general resource for hospitals and clinicians and are not intended to establish a standard of care or replace individual clinical judgment and medical decision making for individual patient situations or specific healthcare environments. Module content is designed to facilitate ease in accessibility and implementation of recent, evidence-based practice tools, guidelines, and educational material to optimize screening and care of this vulnerable population emphasizing a sensitive, non-judgmental, patient-centered approach.

The core module provides tools and resources that are designed to assist the prenatal care provider in addressing the unique needs of the pregnant patient with a substance use disorder. The following is a list of tools that are included in this module:

- Screening algorithm: <https://www.in.gov/health/laboroflove/files/Screening-Algorithm-Final.pdf>
- Clinical care checklist designed to support a standardized approach substance use screening. The checklist can be imported in electronic medical records, either as a whole or in sections, for ease of access; <https://www.in.gov/health/laboroflove/files/SUD-Clinical-Care-Checklist-2.22.21.pdf>
- Information regarding motivational interviewing to improve communication with the pregnant patient; <https://www.in.gov/health/laboroflove/files/Motivational-Interviewing-Final.pdf>
- A pocket card that provides a sample script for interviewing the pregnant patient, documentation of the conversation and appropriate billing codes for screening and

brief intervention activities; <https://www.in.gov/health/laboroflove/files/OB-Provider-Pocket-Card-Final.pdf>

- Two sample patient handouts orienting them to the prenatal risk assessment and quality care they will be receiving, one letter for patients with known substance use and one for the general population;
<https://www.in.gov/health/laboroflove/files/Patient-Orientation-Letters-Final.pdf>
- A guide to additional information that identifies counseling opportunities for the patient and actions that should be taken by the provider;
<https://www.in.gov/health/laboroflove/files/Recommendations-for-Counseling-Final.pdf>
- A sample release form that identifies the key information needed to support information sharing across service providers;
<https://www.in.gov/health/laboroflove/files/Sample-Release-of-information-Final.pdf>
- A chart describing available validated and evidence -based screening tools, including the 5Ps tool recommended by IPQIC.
<https://www.in.gov/health/laboroflove/files/Validated-Screening-Tools-Final.pdf>
<https://www.in.gov/health/laboroflove/files/5-Ps-PSU-Screening-Tool.pdf>

Additional resources for prenatal care providers and pregnant patients are posted on the Labor of Love website.

<https://www.in.gov/health/laboroflove/files/Provider-and-Patient-Resources-Final.pdf>

Screening for substance use during pregnancy is an important step toward the implementation of a care plan that will identify appropriate resources and supports to optimize the outcomes for both the pregnant patient and the newborn. It is also a reimbursable activity and the billing codes are included below and on forms throughout this module.

SBIRT Billing Codes:

- **Commercial Insurance/Medicaid:**
 - **CPT 99408:** Alcohol and/or substance abuse structured screening and brief intervention services; 15 to 30min
 - **CPT 99409:** Alcohol and/or substance abuse structured screening and brief intervention services greater than 30min
- **Medicaid:**
 - **H0049:** Alcohol and/or drug screening
 - **H0050:** Alcohol and/or drug service, brief intervention, per 15 minutes

