Clean Hands=Good Health

Handwashing prevents hepatitis A and other infections.

Indiana State
Department of Health

1 WET
Wet hands under warm water.
Mójese las manos.

2 WASH
Wash hands with soap for 20 seconds.
Enjabónese. Friéguese las manos por 20 segundos.

3 RINSE
Rinse hands under warm water.
Enjuáguese.

4 DRY
Dry hands. Turn off water with paper towel.
Séquese las manos. Cierre el grifo usando una toalla de papel.