



**Indiana**  
Department  
of  
**Health**

## **Long-term Care** **NEWSLETTER**

### **LTC Newsletter 2021-11**

---

**February 26, 2021**

#### **LTC Updates:**

- **FAQs COVID-19 Vaccination Clinics – Third Clinics**
- **LTC Healthcare Worker – Travel Guidance**
- **New Infection Preventionist - Update**

#### **Education Program:**

- **Abuse & Neglect Prevention – March 30, 2021**

### **FAQs COVID-19 Vaccination Clinics**

Pharmacy partners are hosting three on-site clinics at all long-term care facilities (LTCFs) enrolled in the federal [Pharmacy Partnership for Long-Term Care \(LTC\) Program](#). Attached below are some frequently asked questions and answers to help LTCF administrators and clinical leadership prepare for residents and staff who may get their first COVID-19 vaccine dose at the third and final clinic.

[FAQs for Pharmacy Partnership for Long-Term Care Program Third Clinics](#)

### **LTC Healthcare Worker – Travel Guidance**

Travel increases your chance of getting and spreading COVID-19. CDC has issued [Travel During COVID-19](#) guidance. The guidance recommends that travel be delayed and individuals stay home to protect against COVID-19. The guidance provides recommendations related to:

- **Before You Consider Traveling**

- If You Must Travel
- Get Tested Before & After Travel
- Check Travel Restrictions
- After You Travel
- Considerations for Types of Travel
- Considerations for Staying with Family or Friends
- Tips to Avoid Getting & Spreading COVID-19 in Common Travel Situations

## Indiana Department of Health Travel Guidance – Healthcare Workers

Indiana healthcare workers that have been fully vaccinated or are COVID recovered within the 90-day post recovery period **prior to traveling** are not required to quarantine upon return.

COVID Recovered definition:

- Has met the CDC symptom-based strategy guidance for Discontinuation of Transmission Based Precautions of Patients with SARS-CoV-2 infections. (at least 10-20 days has passed since symptoms first appeared, dependent on level of illness mild to severe, **and** 24 hours fever free. The COVID-19 recovered window 90 days after the day the first symptoms occurred.

Fully Vaccinated definition:

- 14 days after second shot in a two-shot series (e.g., Pfizer, Moderna)
- 14 days after a single shot in a one-shot series (e.g., Johnson & Johnson)

**CDC recommends Getting Tested and Stay Home after travel if not fully vaccinated:**

- [Get tested](#) with a [viral test](#) 3-5 days after travel **AND** stay home and self-quarantine for a full 7 days after travel.
  - Even if you test negative, stay home and self-quarantine for the full 7 days.
  - If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.

[LTC Healthcare Worker – Travel Guidance](#)

**Indiana Infection Preventionist - Update**

Welcome to two new Infection Preventionist in District 3 Pam Bennett and District 7 Sara Reese. In addition, Victor Zindoga will be transitioning to covering District 2 only. Any questions and requests for proactive Infection Control Assessments and Response (ICARS) as preparation for annual survey in your facility are welcome. Contact your District IP directly or Jennifer Spivey, Program Manager for Infection Prevention.

[LTC Infection Preventionist Team Districts Map](#)

[Infection Preventionist Team Flyer](#)

## **Abuse & Neglect Prevention – March 30, 2021**

### **Abuse & Neglect Prevention**

**Tuesday, March 30, 2021**

The Indiana Department of Health is funding a virtual education course on Abuse & Neglect Prevention for Indiana long term care professionals working in skilled nursing facilities only. See the course description below for more details. The University of Indianapolis Center for Aging & Community is coordinating this course. There is no cost to attend the Abuse and Neglect Prevention course, which is funded through the Indiana Department of Health by the Centers for Medicare and Medicaid Services Civil Money Penalty funds.

### **Abuse and Neglect Prevention**

**9 a.m. - 3:30 p.m.**

**March 30**

The training session is designed to serve as an introduction to abuse and neglect prevention with long term care specific content and examples. Topics included are human dignity, scope and severity, rules and regulations, reporting requirements, active listening and de-escalation techniques, recognition of potential triggers and training others in prevention and intervention.

[Registration Information](#)

*For more information, email Lidia Dubicki at [ldubicki@uindy.edu](mailto:ldubicki@uindy.edu).*