



**Indiana State Department of Health**  
**Nurse Aide Curriculum**

**Created: July 1998**

**Revised: March 21, 2014**

## **Indiana Nurse Aide Training Requirements**

The Indiana Administrative Code (IAC 16.2-3.1-14CNA) requires a nurse aide working in a health facility to have successfully completed a nurse aide training program approved by the ISDH. The ISDH also serves as the State Survey Agency for the Centers for Medicare and Medicaid Services (CMS) Health Care Facility Survey and Certification Program. Federal regulations at 42 CFR § 483 require the ISDH provide oversight for nurse aide training and competency programs. This *Nurse Aide Curriculum* was developed by the ISDH as the ISDH Approved Curriculum in compliance with state and federal regulations.

In July 1998, the ISDH Division of Long Term Care created the *Nurse Aide Curriculum*. The curriculum was a product of the ISDH in conjunction with Professional Resources and input from the Indiana Health Facilities Council Advisory Sub-committee. The curriculum was based on the standards of practice for nurse aides at that time.

The care provided today at Indiana nursing homes has a higher acuity level than in the past. Nurse aides play an increasing important role in the delivery of quality health care. In 2012 the ISDH began a project to update the nurse aide curriculum to better reflect current standards of care. The curriculum was reviewed by the ISDH Division of Long Term Care, ISDH Division of Healthcare Education and Training, academic institutions, nurse aide training programs, and long term care provider associations. The updated nurse aide curriculum was completed and released in September 2013. Nurse aide training programs were to implement by January 1, 2014.

The ISDH will further update the curriculum as changes or corrections are identified. Nurse aide training programs should check the ISDH Web site periodically for any changes to the curriculum.

## **Indiana Nurse Aide Curriculum**

The *Indiana Nurse Aide Curriculum* is organized into thirty (30) “lessons”. The curriculum establishes the minimum standards for an approved program. Each lesson provides objectives, terms, content, and review questions. Each nurse aide training program is expected to include this content as part of their course.

The training entity shall utilize the lesson plans as a basis for training and may complement the lessons using a text of choice. It is the responsibility of the training entity to ensure that, if a text is utilized, any variance in the content of the text from the Indiana Nursing Assistant Scope of Practice shall be identified to prevent misinformation as to the duties of the nursing assistant.

The nurse aide lesson plans serve as a “guide” for classroom lecture. Resident care procedures should be introduced and demonstrated during lecture and then reinforced during the clinical experience.

Should a standard of practice, at any time, be revised by an applicable regulatory entity, the training entity shall be responsible to update the lesson plan accordingly without waiting for an update and/or revised curriculum to be distributed by the Indiana State Department of Health.

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\* May be simulated in lab if clinical experience is not available

\*\*\* **Please note – bolded steps in the RCP's indicate Critical Steps**

Updated: January 15, 2014

