Indiana Latinos & Smoking

Smoking is a significant risk factor for cancer, heart disease and stroke, the leading causes of death among Latinos. Lung cancer is the leading cause of cancer deaths among Latinos, with lung cancer deaths about three times higher for Latino men than for Latino women. Stroke and hypertension contribute to cardiovascular disease deaths, as 21% of all coronary heart disease deaths in the U.S. are due to smoking.

Data shown here are adult smoking rates for Latinos in Indiana and some comparisons with the U.S. This data illustrates the great burden smoking places on all Hoosiers.

Smoking Rates among Latinos in Indiana and the U.S.

• The smoking rate for Latinos in Indiana (16.8%) is higher than the U.S. average for Latinos of 14.8%.

Latino Youth Smoking Rates

• Smoking rates among middle school youth do not vary widely between African American students (4.7%) and White students (4.1%), however Latino middle school students smoke at a substantially higher rate of approximately 8.8%.

• Latino high school students have a higher smoking rate than African American high school students – 21.0% of Latino youth smoke while 9.2% African American high school youth report smoking.

Tobacco Prevention and Cessation Commission ~ www.in.gov/isdh/tpc ~ 317.234.1787
**Quit Intentions of Hoosier Latinos**

- Thirty-two percent (32%) of Latino smokers stated that they plan to stop smoking within next thirty days.
- Nearly 9 out of 10 (89%) current Latino smokers tried to quit in the last twelve months.
Indiana Latinos’ Attitudes and Beliefs about smoke-free air policy

- The majority of Latinos in Indiana (92%) believe smoking should not be allowed in the workplace.

- Latinos (70.9%) are more likely to believe that exposure to secondhand smoke is a serious health hazard that Whites (56.2%)

- Latinos are more likely to agree that secondhand smoke is a cause of Sudden Infant Death Syndrome (SIDS) and lung cancer than Whites.

### Percentage of Smoke-free Homes among Latinos by Smoking Status, 2008

**Adult Tobacco Survey**

<table>
<thead>
<tr>
<th>Smoking Status</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Households with Smoker</td>
<td>65.4%</td>
</tr>
<tr>
<td>Households with Nonsmoker</td>
<td>93.3%</td>
</tr>
<tr>
<td>All Households</td>
<td>81.0%</td>
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</tbody>
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