

Zeï Bantuk Zawtkham Sii Hna Dah Na Fa nih A Herh?



Hoosier nu le pa le a zohkhenhtu sin ah,

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Indiana Ngandamnak Zung (IDOH) nih cun Hoosier ngandamnak le himnak pekding kha biatak in aa hmaithlak, cu caah tleirawl hna ca ah zawtkhamnak sii kong hi, zawtnak phunphun a kham tu, tangfah-khuh (pertusis), tak-bo le phar (HPV), cumpit tlangrai (flu) tibantuk hna kha nan theih-hngalh ding in tuan kan duh ko.

Ngakchia kum 11-12 karlak hna ca ah a herh mi zawtkhamnak cu Tdap (tetanus, diphtheria le pertusis) timi sii hna, meningococcal (MCV4) timi, le hepatitis A* timi hna hi an herh, cun HPV, COVID, le cumpit-tlangrai** khamnak sii hna zong hi a tha mi an si hna.

Mah zawtkhamnak sii hna hi cu a him, hmual a ngei, cun voikhat chunh ah chunhti khawh mi an si hna. Mah a biapi mi thil konglam hi zoh than chap ding le na fa ngandam zohkhenhnak a petu hna pehtlaih colh i zeï bantuk biahlnak poah halding in hnawh kan in duh ko.

**Hepatitis A khamnak sii cu ngakchia kum khat in a cunglei a si mi hna caah a tha.*

***Cumpit-tlangrai khamnak sii cu thlaruk in a cunglei a si cang mi a ho ca poh ah a tha.*

HPV nih kum fatin cancer in kham awk a tha mi thil (case) 33,000 kha U.S. ram ah a chuahter.	Khuh-taangfah (Pertusis) A zaw mi cheuthum ah cheukhat cu kum 11-19 kar ngakchia hna sin ah hmuh a si.
Taksa sen in phar (Meningococcal Disease) - Zawtnak zatuak 21% cu kum 11-24 karlak minung hna sin ah a chuak. - Mah hna lak ah zatuak 10-15% cu zawtnak in an thi lai.	Cumpit-tlangrai - U.S. milu zatuak 5-20% kar cu kum fatin mah in hin an zaw. - Cumpit-tlangrai ruang ah kumfatin minung 200,000 leng cu sizung an phan.



Zawtkhamnak sii hna hi ngakchia a no mi hna ca lawng ah an si lo.

Ngakchia cu i chawnh khawh a si mi zawtnak hna zong in khampiak an herh.

Ka fa nih mah zawtkhamnak pawl hi khua zeï ah dah an i chunh khawh lai?

Mah zawtkham sii hna cu na fa ngandam zohkhenhnak a petu hna sin ah a ngah lai. Sii dawr pawl zong nih ngakchia kum 11 in a cunglei cu zawtkham sii an zuarh khawh ko hna.

Na fa cu ngandamnak aamahkhan silole zawtkhamnak sii aa tel mi ngandamnak aamahkhan nak a ngeih lo ahcun, Ngakchia Hna Caah Zawtkham Sii (Vaccines for Children VFC) program ah a lak in chunhnak nawl a ngei. VFC a chuntu a umnak theih na duh ahcun, IDOH kha immunize@health.in.gov or 800-701-0704 ah pehtlaih le chawnh khawh a si.

Zawtkham sii hna nih zeibantuk zawtnak dah an kham timi hngal nakding ah a tanglei hi rel chap

Zawtnak min	A Khamnak sii min	Mah zawtnak cu zei tin dah a karh.	Mah zawtnak a langh ningcang tah zei tin dah an si?	Mah zawtnak in a va chuak chap mi zawtnak hna tah zei dah an si?
Hma nih a chuahter mi zawtnak (Lockjaw)	Tdap zawtkhamnak	Vawlei lak ah hmuh in rungrul leidip le ek hna naamte hma tibantuk ruang takvun chung ah	Taksa reng, taksa dawh zawt	Ruh kiah, harnak thawhchuah, a si kho mi thihnak
dang hmat	Tdap zawtkhamnak	Zawtnak rungrul a karh dengteo in i chawnh khawh a dor te mi kha chawnh khawh a si khuh silole hathiau	Or a za, taklinh tlawmpal, tha di, phin a bo mi chung ah	thinlung taksa a va hrawh thawchuah i harh thawchuahnak lam le lung thlop lo cun, thih khawh a si
Khuh-taangfah (taangfah-khuh)	Tdap zawtkhamnak	Zawtnak rungrul a karh dengteo in i chawnh khawh a dor te mi kha chawnh khawh a si khuh silole hathiau	Fak pi in khuh "fak pi in khuh" thawng hnar zat, luak chuah fak tuk in khuhnak in	Cuap tlaih, sungnhak zun i sim, hnakruh kiah, a si kho thihnak
tak-bo le phar	HPV9 zawtkham sii	I chawnh khawh mi zawtnak cu taksa le taksa i tawngnhak in a karh	Tam deuh cu zawtnak a lang lo asinain cheukhat cu zuhnuk in a lang, cancer a si kho mi silole cancer hma bantuk kaa, or, kaikam, taw, zu, silole a dang ah	Kaa cancer, or, kaikam, taw, cun zunzunnak pawngkam, zunzunnak ah zuhnuk chuah, cun cancer in thih khawhnak
Taksa sen in phar zawtnak	MCV4 le taksa sen in phar B zawtkham sii (hna)	Hnar pih le or chung a tidor tete khuh, hathiau, i hnammhak, darkeu i hrawmnak, tbk.	Lufah, hngawng reng, lungmih le luak luak, i fian lo, mitkuhnak	Thluak phin, thi kalnak chawnhnak, hnacheh, thluak rawh, tlaih, kutke sungnhak, a si kho thihnak
Cumpit-tlangrai	Khuati sin ah a chuak mi cumpi-tlangrai zawtkham sii	I chawnh khawh mi zawtnak cu a zaw mi i a khuhnak le a hathiau nak in a pet mi tidor tete in khan a karh	Hmasabik a chuak mi zawtnak langhnak cu tak-linh, khuasih, khuh-ro, lufah, hnar zaat, or zaat, taksa le hlihcaang fah hna an i tel	Thabat tuk, sizung phanh, cuap tlaih, thih khawh nak tiang
Hepatitis A	Hepatitis A zawtkham sii	Chawnh khawh mi zawtnak cu kaa in a chuak mi a thiing lo mi hna, a zaw mi nai tuk in umnak in an karh kho	Taklinh zawt, thabtnak, rawl duh lo nak, lungmih, le luak luak, vun/mit aihret nak, zun thi muici in chuah, khak tlak muici in chuah	Sizung phanh, thih khawh

*HPV9 zawtkham sii cu kaikam cancer bantuk khamnak ah hmual a ngei tuk, asinain ngandam zohkhenhnak petu nih a tha a ti ning in cancer i chek (Pap test) a herhnak tu cu a tlaw ter lo. Mah cheknak nih hin cancer a chuahnak a hramthawk kha an hngalh khawh i cancer aa thawk hlan in thlop nak thawk khawh a si caah a biapi mi a si.

Zawtnak teinak ca a hlei in thil konglam hngalh duh ahcun:
in.gov/health/immunization

