

**Indiana Oral Health Coalition (IOHC) Minutes  
Annual Meeting  
Friday, December 8, 2017  
Indiana State Department of Health**

Mission: The IOHC is a collective voice of individuals, groups, organizations, and businesses working together to promote, protect and provide for the oral health of the residents of Indiana.

**PRESENT**

Leila Alter	Candace Ervin	Amy Nolan
Steven Barefoot	Anita Gaillard	Beth Parks
Becky Bolon	Lakeisha McCarter	Liz Ramos
Sarah Briley	Elizabeth McClure	Ed Rosenbaum
Kathy Chapuran	Jamee Malan	Holli Seabury
Ronnie Coleman	James Miller	Nancy Ward
Karen Ellis	Patty Morris	

**WELCOME**

Dr. Alter, Chair, began the meeting at 10:10 a.m. welcoming everyone. New attendees were recognized and everyone was allowed to introduce themselves and the organization they represented.

**REVIEW MINUTES**

Dr. Alter asked if there were any corrections to the minutes from the last meeting; there were none. Dr. Alter asked for a motion and second to approve the minutes. A motion and second were offered and the Indiana Oral Health Coalition minutes from the September 8, 2017, meeting were approved as submitted by a unanimous voice vote.

**PRESENTATION**

**I. Baby and Me Tobacco Free Program:** by Sarah Briley, CHES, Maternal Health Administrator, MCH division, at the ISDH.

Ms. Briley began her presentation with some important information about the effects from smoking.

Smoking during pregnancy has the following **effects on mothers:**

- Increases Heart Disease, Stroke, and Cancer, and
- Absenteeism from work and school.

Smoking during pregnancy increases the following **effects on babies:**

- Premature birth,
- Low birthweight,
- Stillbirth,
- Birth defects, and
- After birth, risks of Sudden Infant Death Syndrome (SIDS).

Smoking reduces the blood flow and oxygen to the baby. It affects the risk of future health and behavioral problems.

The Baby & Me Tobacco Free Program (BMTF) was launched in 2003 by Laurie Adams, Program Executive Director and Founder in the state of New York. It has become an evidence-based tobacco cessation program. Currently, there are 19 states around the country that host at least one program within their state, whether at a county or state level or outside organizations like the March of Dimes or Anthem.

There are 35 total sites in Indiana of which 20 are partially funded by the ISDH through the Title V Block Grant and Safety PIN Funding awarded to the division of MCH. Other funding comes from the March of Dimes.

Each year about 14,000 babies in Indiana are born to smoking mothers. Donations to the Baby & Me Tobacco Free program go toward funding \$25 vouchers per month for new mothers (per baby) to purchase diapers when they stop smoking. Ms. Briley said that by helping pregnant women stop smoking results in reducing infant mortality and saving lives.

Pregnant women who enroll in the program receive counseling, support, and resources needed to quit using tobacco. Enrolled participants who successfully quit smoking and stay tobacco-free are eligible for free diapers while pregnant and then up to 12 months following the birth of their baby. Participants must agree to be tested by a Saliva test or the use of Carbon Monoxide (CO) monitoring to determine if they have been smoking or using other tobacco products. Those participating in the program may bring one additional support person such as a partner or a roommate to participate in the second-hand cessation program. The support person can also earn diaper vouchers. It is possible to receive up to two vouchers per baby, one for the mother and one for the support person.

#### Demographics of Mothers in Indiana:

- The average age of mothers is 27.5 years old.
- 43.7% of mothers only have a high school diploma or less.
- 20.9% of mothers have some college education but no degree.
- 35.3% of mothers have a college degree.
- 43% of births were to moms enrolled in Medicaid.
- 56% of mothers were married.
- The average month of pre-natal care begins within the third month.
- 14.3% of women smoke during pregnancy.

#### **II. Trinity Free Clinic:** by Dina Ferchmin, Executive Director of Trinity Free Clinic.

Ms. Ferchmin explained how the Trinity Free Clinic (TFC) started seventeen years ago as a church ministry and became a separate, non-profit clinic in the year 2000.

The TFC is a free clinic, which serves residents of Hamilton County who are uninsured; underinsured; patients with Medicare; low income residents; and refugees and immigrants who do not qualify for any government assistance. Of special note is that 25% of those served are children.

Ms. Ferchmin explained how the TFC is a beautiful facility on the grounds of Our Lady of Mount Carmel. They have a professional and dedicated staff of seven full-time staff and 377 active volunteers. The TFC has eleven specialty clinics and dental is, by far, their largest clinic.

The dental clinic has six dental exam rooms and 28 volunteer dentists. Other dental volunteers such as dental hygienists and dental assistants cared for over 800 dental patients and provided 5,000 dental procedures last year. In the year 2016, the total value of dental services provided was \$498,953.00. Treatment required beyond TFC's scope are referred out to other resources for treatment.

The TFC survives with grants, special events, donations, full-time staff, and all their awesome volunteers. Because they are a clinic, the federal government provides malpractice insurance.

Ms. Ferchmin also explained about the "gastronomy" perks for all volunteers. Her meetings are held in the kitchen of the clinic to enjoy the fine cuisine of the clinic's kitchen. If you are interested in volunteering, contact Ms. Ferchmin at [dina@trinityfeeclinic.org](mailto:dina@trinityfeeclinic.org)

*Addenda Attached: 1.) Information about the Trinity Free Clinic and 2.) The Trinity Free Clinic Volunteer*

## **OLD BUSINESS**

### **a. Indiana State Department of Health Director Report – Dr. James Miller**

The Oral Health Program (OHP) is continuing to work on an informational course designed for pediatricians, which will provide training in risk assessment for dental caries, and guidelines for the application of fluoride varnish and appropriate referrals to dentists. Dr. Miller anticipates that this course will be completed early in 2018 and posted on the Oral Health Program website once completed.

The OHP is continuing to work on a second informational course for dentists on the opioid crisis and the management of orofacial pain. The development of this course is being supported by the Healthy Hoosiers Foundation. Dr. Miller anticipates that this course will be completed in mid-2018 and will be posted on the OHP website once completed.

With respect to the MCH MOMS Helpline, Dr. Miller reported that when Patty Morris updates the OHP database of low-cost dental providers, she now asks clinics and dentists if they are seeing infants or very young children. This should help people find appropriate dentists to take care of their infants and children if they call the MCH MOMS Helpline.

### **b. ANOHC Update – Dr. Leila Alter**

American Network of Oral Health Coalitions (ANOHC) continue to have their regular conference calls but Dr. Alter reported she has not had time to participate.

She said they have not had any new information about the CHIP funding for a couple of months. Federal funding of the Children's Health Insurance Program (CHIP) program expired on September 30, 2017, and most state funds will be exhausted in January but other states anticipate their funding will be depleted by the end of March 2018. Indiana's funding won't be drained until April 2018. Many states plan to notify families before the end of the year.

### **c. Brush Training Update – Dr. Holli Seabury**

Dr. Seabury reported on a pilot program being conducted by the Michigan Women, Infants, and Children (WIC) program in conjunction with the Altarum Institute's Michigan Caries Prevention Program (MCP) and McMillen Health, with support from Delta Dental of Michigan. A recent press release, which was distributed by Dr. Seabury, is added to these minutes as an addendum. This press release provides considerable information about the program. Several other handouts were provided by Dr. Seabury that contains additional information, which are available upon request to Dr. Seabury.

The original program was designed to extend over two years and be conducted in WIC clinics in Detroit and Grand Rapids. The original program encompassed more than 45,000 WIC clients in these clinics. During the first year the WIC staff were trained to provide oral health information to the clients of the participating clinics and encouraged to make appropriate referrals to the dentist. Subsequent to this training, data were collected and analyzed to compare the visitation to the dentist and the type of services provided to WIC clients to the visitation and services provided to similar controls. The controls were individuals from the same region, of the same age, and enrolled in Medicaid but not WIC.

The training of the WIC staff resulted in the staff being more confident in their knowledge of oral health, which resulted in more referrals to the dentist after the training, including an increase of referrals of infants. These referrals resulted in more WIC clients actually visiting a dentist when compared to controls and WIC clients having more preventive services and less restorative services than the controls.

The success of this pilot program has led Delta Dental to extend its support for this program, which will allow the program to be extended to more WIC clinics in Michigan and more WIC clients.

*Addendum Attached: The BRUSH Pilot Program press release*

Dr. Alter reported an update that she and Holly have met with the FSSA's Secretary and the Indiana Medicaid Director and there is interest about bringing the BRUSH! special needs oral health education pilot program to Indiana. Dr. Alter has since had an additional meeting with the First Steps Program Coordinator in Indiana. They should have more details by March. Dr. Alter asked permission to send out a fund-raising support letter from the IOHC to raise funds and to get partners for this project.

**d. IDA/IPHCA Update on the Indiana Oral Health Initiative Grant – Dr. Leila Alter**

Dr. Alter reported that Dr. Rector is meeting with others to refine the scope of the IDA/IPHCA grant. She said that Dr. Rector would like to plan another oral health conference similar to the one in October 2016 sponsored by IDA and IPHCA. We hope to learn more around March 2018.

**NEW BUSINESS**

No new business was discussed.

**ANNOUNCEMENTS**

No new announcements were reported.

**ADJOURN**

The meeting adjourned at 11:35.

**Next IOHC Annual Meeting**

March 9, 2018 @ 10:00 a.m. in 5T Conference Room, ISDH

**Future IOHC Meetings**

June 1, 2018 @ 10:00 a.m. in 5T Conference Room, ISDH

September 7, 2018 @ 10:00 a.m. in 5T Conference Room, ISDH

December 7, 2018 @ 10:00 a.m. in 5T Conference Room, ISDH