Indiana Statewide Safe Eating Guidelines
Advice for Females Under 50 and Males Under 15

Unlimited Consumption
Est. 4.5 meals/week:
Silver Carp < 24 inches

One Meal Per Week:
Buffalo Species < 23 inches
Bullhead Species All Sizes
Carpsucker Species < 16 inches
Channel Catfish < 21 inches
Common Carp < 20 inches
Crappie Species All Sizes
Flathead Catfish < 19 inches
Freshwater Drum < 15 inches
Largemouth Bass < 16 inches
Northern Pike < 30 inches
Redhorse Species < 23 inches
Rock Bass All Sizes
Sauger < 14 inches
Silver Carp > 24 inches
Smallmouth Bass < 14 inches
Spotted Bass < 10 inches
Sunfish Species All Sizes
Walleye < 19 inches
White, Striped, or Hybrid Striped Bass < 12 inches

One Meal per Month:
Buffalo Species > 23 inches
Carpsucker Species > 16 inches
Channel Catfish > 21 inches
Common Carp 20 to 30 inches
Flathead Catfish > 19 inches
Freshwater Drum > 15 inches
Largemouth Bass > 16 inches
Northern Pike > 30 inches
Redhorse Species > 23 inches
Sauger > 14 inches
Smallmouth Bass > 14 inches
Spotted Bass > 10 inches
Walleye > 19 inches
White, Striped, or Hybrid Striped Bass > 12 inches

Do Not Consume:
Common Carp > 30 inches

**More restrictive consumption advice should be consulted in the site specific listings by county.