



Never the Same.....

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Session Objectives

- Attendees will reflect on pre-pandemic workforce challenges in comparison to those faced during the pandemic.
- Attendees will participate in a time of personal reflection with their peers who served, loved and lost during the course of the pandemic.
- Attendees will identify motivators which will drive them to continue to serve in healthcare.



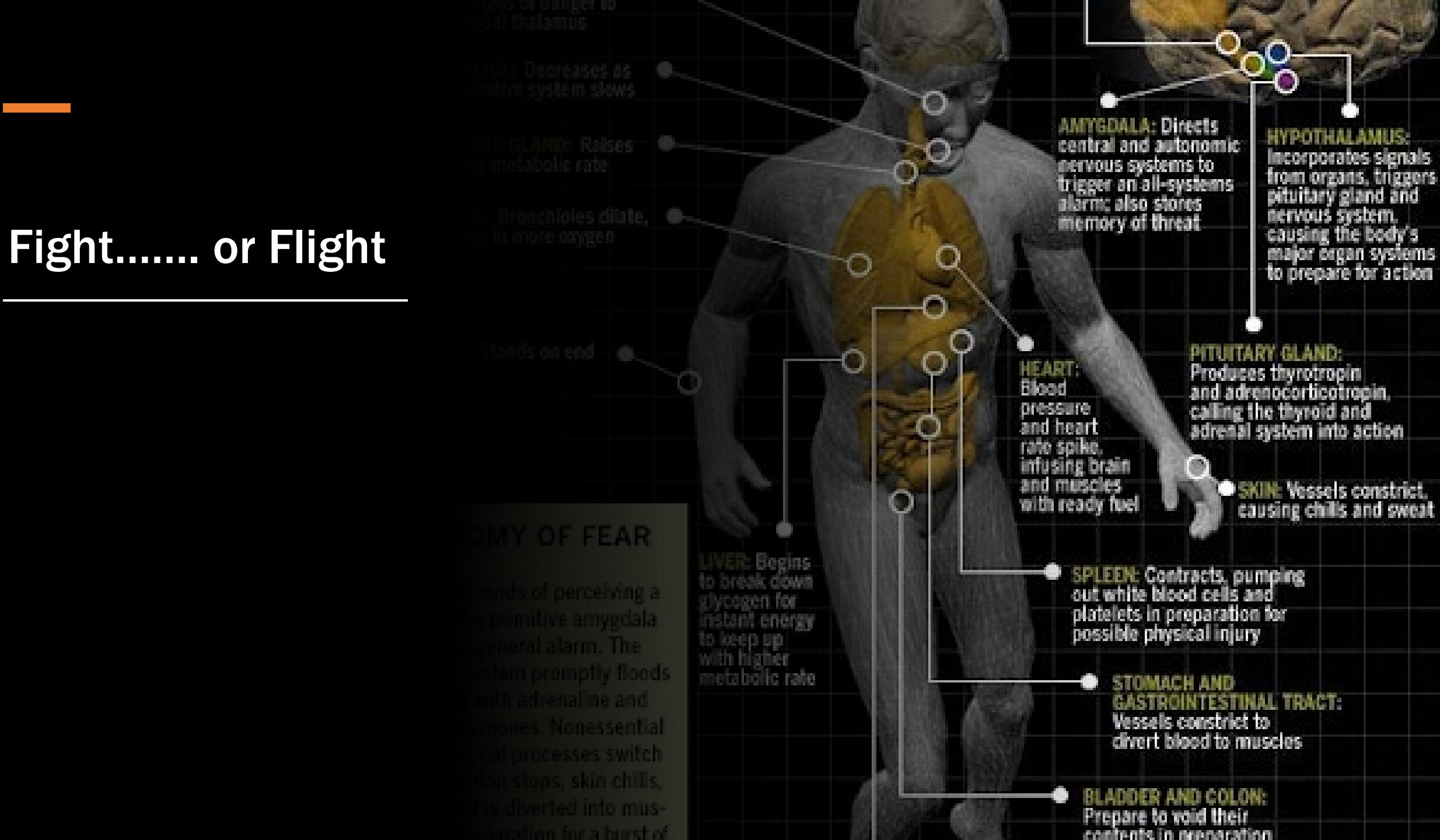
Maps are useful in known worlds that have been charted



**A compass is needed
when you are not sure
where you are, and you
can only get a general
sense of direction**



Fight..... or Flight



ATOMY OF FEAR

seconds of perceiving a threat, a primitive amygdala general alarm. The system promptly floods the body with adrenaline and other hormones. Nonessential bodily processes switch off: digestion stops, skin chills, and blood is diverted into muscles in preparation for a burst of











10

9

8

7

6

5

2

3

4

QUARTZ









“Bello!”



It's been a rough week but
I made it - how about you?



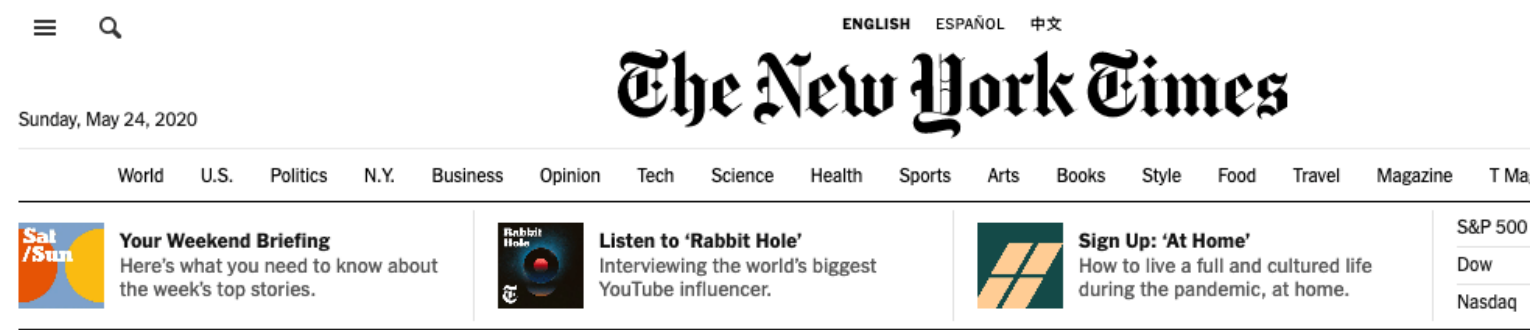


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U.S. Deaths Near 100,000, an Incalculable Loss

[Dionisia Mendez](#), 68, Los Angeles • [Cancer survivor born in the Philippines.](#) • [William Hrabnicky](#), 76, Cleveland • [Alan Lund](#), 81, Washington • [Ronald W. Lewis](#), 68, New Orleans • [JoAnn Stokes](#), 90, Washington County, Wash. • [Carl Redd](#), 62, Chicago • [Alvin Elton](#), 56, Chicago • [Mike Longo](#), 83, New York City • [Jazz pianist, composer and educator.](#) • [Donald J. Horsfall](#), 72, Rydal, Pa. • [Larry Rathgeb](#), 90, Weymouth, Mass. • [Carole Brookins](#), 76, Palm Beach, Fla. • [Laneeka Barksdale](#), 47, Detroit • [Flord Cardoz](#), 59, Montclair, N.J. • [Kious Kelly](#), 48, New York City • [Romi Cohn](#), 91, New York City • [Saved 56 Jewish lives](#)





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A close-up, high-contrast photograph of a showerhead. The showerhead is positioned at the top of the frame, with water spraying downwards. The water is captured in motion, creating a series of vertical streaks and droplets that catch the light, appearing bright against the dark background. The showerhead itself is partially visible at the top, showing its metallic texture and the nozzle openings. The overall composition is centered and emphasizes the texture and movement of the water.

Shower

Sanitize



Check O₂ sat





Eat

Check O₂
sat (again)





mute

speaker

video

hold

end call

Call My Children

Check O₂
sat (again)



Pray





Call a Co-worker



Cry

Check O₂
sat (again)



Sanitize

(again)



Bible Study



...time to
Check O₂
sat (again)



Sleep





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A close-up, high-contrast photograph of a showerhead. The showerhead is positioned at the top of the frame, with water spraying out in multiple streams. The water is captured in motion, creating a sense of dynamic energy. The background is solid black, which makes the metallic showerhead and the glistening water stand out prominently. The lighting is dramatic, highlighting the texture of the water and the ridges on the showerhead.

Shower

Check O₂ sat



Pray



Sleep





Blue surgical mask

White surgical mask

White N95 mask
KN95
GB21525-2009

YOU'RE

#

1



the type of our work
LOVE
and you are back!

We are
With Joy that you
Are Back! Thank you!

WELCOME BACK
VERA
Let's get to therapy to make you, back to it!

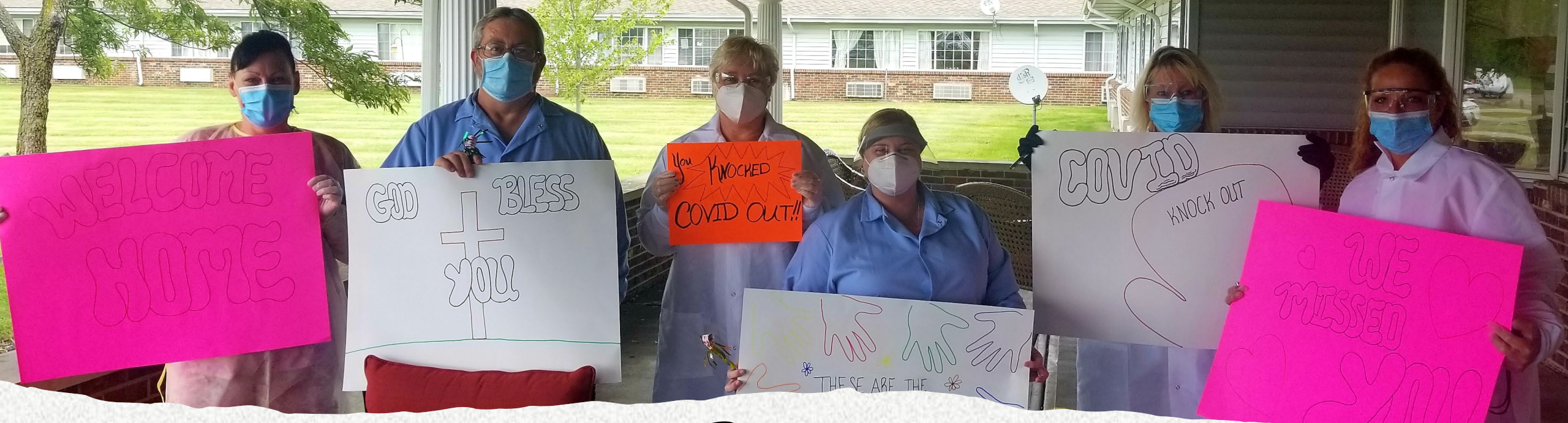
WELCOME HOME
WE HAVE PRAYED FOR YOUR RETURN
Welcome Back

Donny
Welcome Back
we are so happy
you are
back!

We can't ^{think} how
excited we
are to ^{welcome}
you back

We Missed
You
← This MUCH →

Smiling from to to
that you are
back!



WELCOME HOME

GOD BLESS YOU

You KNOCKED COVID OUT!!

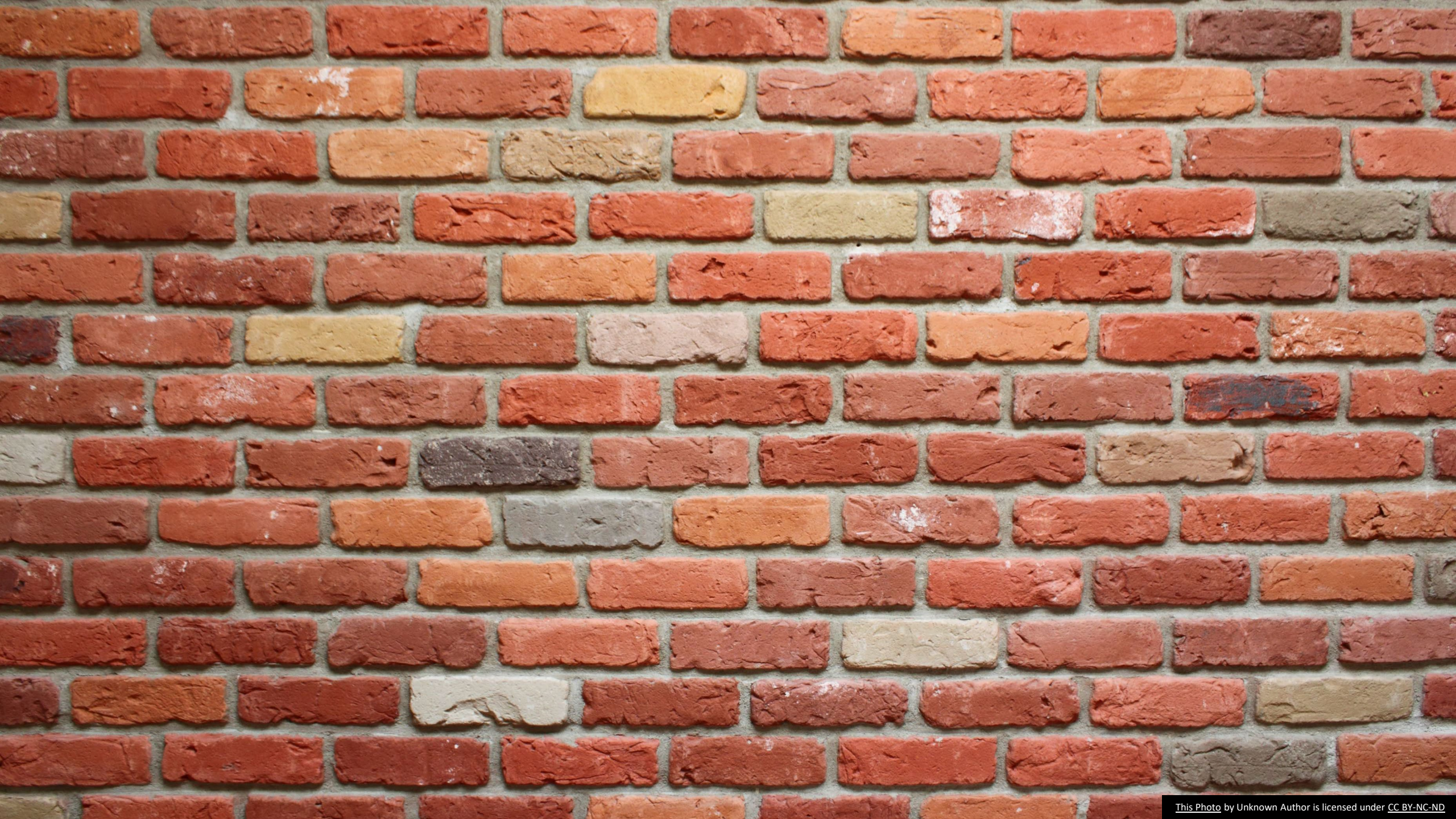
THESE ARE THE

COVID KNOCK OUT

WE MISSED YOU









“Covid vaccine: First 'milestone' vaccine offers 90% protection”





Hope



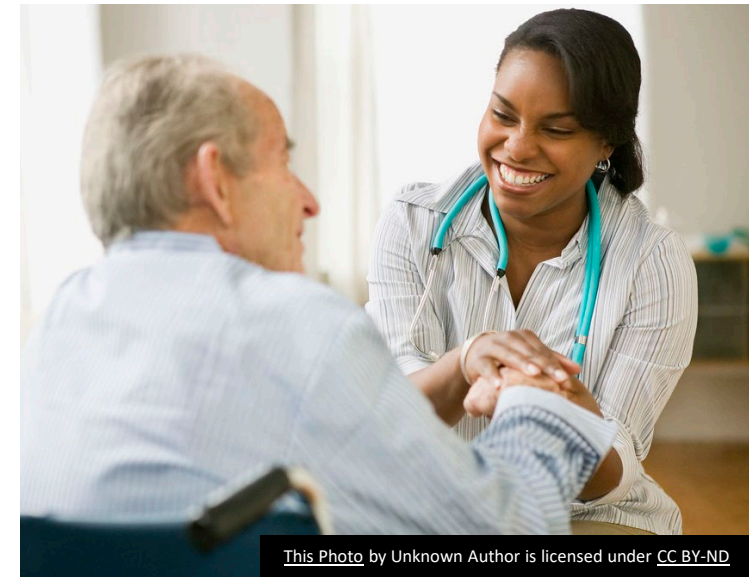








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A lit candle in the foreground and a bokeh background of warm lights.

TOGETHER
WE HEAL



In Memory of
Sheila Fae Idlewine
October 17, 1942-January 8, 2021

