



Indiana
Department
of
Health

Chronicle of Indiana Cancer Control

Spotlight

September—Prostate Cancer Awareness Month

In Indiana, the greatest increase in new cancer cases has been in cancer of the prostate.¹

All men are at risk for prostate cancer. Out of every 100 American men, about 13 will get prostate cancer during their lifetime and about 2 to 3 men will die from prostate cancer.*

*https://www.cdc.gov/cancer/prostate/basic_info/risk_factors.htm



Number (%) of New Cases		
Males		
Prostate	4,261	21.3%
Lung and Bronchus	3,047	15.2%
Colon and Rectum	1,930	9.6%
Melanoma of the Skin	1,680	8.4%
Urinary Bladder	1,319	6.6%
Kidney and Renal Pelvis	949	4.7%
Non-Hodgkin Lymphoma	824	4.1%
Oral Cavity and Pharynx	798	4.0%
Leukemia	636	3.2%
Pancreas	615	3.1%
Other	3,985	19.9%
All Sites	20,044	

Figure 1. Indiana State Cancer Registry 2017

Older men, African American men and men who have a family history of prostate cancer have a greater risk for developing prostate cancer.

If you are concerned that you may have a greater risk for prostate cancer, talk to your doctor about screening.

<https://www.cdc.gov/cancer/prostate/prostate-cancer-health-tip-sheet.htm>

Survivorship

When does survivorship start?

Cancer survivorship begins with a diagnoses of cancer.

The trauma associated with a cancer diagnosis and how to cope with it, is the first step in cancer survivorship.



INDIANA
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Meet Brandon, Leigh Ann and Tiffany and read their survivor stories at:

<https://indianacancer.org/resources/>

Cancer affects more than physical health

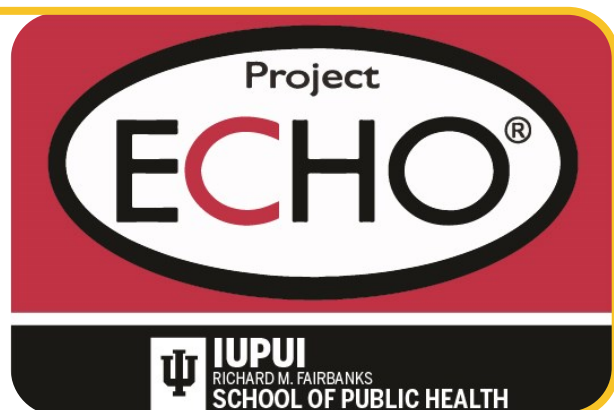
Just as cancer affects your physical health, it can bring up a wide range of feelings you're not used to dealing with.

It can also make existing feelings seem more intense. They may change daily, hourly or even minute to minute.

This is true whether you're currently in treatment or are done with treatment. These feelings are all normal.

Visit the National Cancer Institute at NIH for more on coping with cancer.

<https://www.cancer.gov/about-cancer/coping/feelings>



Cancer Prevention and Survivorship ECHO

Project ECHO and the *Cancer Prevention and Survivorship Care ECHO*, is a case-based learning system and guided practice model that increases medical education and workforce capacity to provide best-practice specialty care and reduce health disparities.

Cancer ECHO is **free** to all participants. No-cost CME credits will be provided to all participants.

More information and how to take part in Project ECHO, visit the Indiana Cancer Consortium online at: <https://indianacancer.org/event/project-echo/>

Resources

Indiana Cancer Control Plan 2021-2022

Developed by the Indiana Cancer Consortium and diverse partners from across the state, the *Indiana Cancer Control Plan 2021-2022 (ICCP 2021-2022)* is a comprehensive roadmap for actions that will guide cancer control efforts and promote collaboration between organizations and the citizens of Indiana.

Download the plan at: www.indianacancer.org

Indiana Cancer Facts and Figures

The *Indiana Cancer Facts and Figures* is our state's comprehensive report on the burden of cancer. This report provides timely and accurate data for the state of Indiana, covering a wide variety of current cancer issues and trends, including cancer incidence, mortality and survival statistics as well as information on decreasing the risk of cancer, cancer symptoms, risk factors, early detection, treatment, and survivorship.

Find it at: <https://www.in.gov/health/cdpc/cancer/cancer-surveillance/>

To **promote**, **protect**, and **improve** the health and safety of all Hoosiers

Indiana Department of Health

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