

# Hearing Aid Orientation

## TIPS & TRICKS



### Hearing Aid Information

- ◆ Each hearing aid is programmed specifically for a right or left ear.  
A **right** hearing aid is marked with a **red** indicator.  
A **left** hearing aid is marked with a **blue**.
- ◆ For hearing aids using *disposable* batteries:  
Turn the hearing aid on by closing the battery door.  
Turn the hearing aid off by opening the battery door.  
Batteries are toxic if swallowed. **Call 800-498-8666 if ingested.**
- ◆ For hearing aids using *rechargeable* batteries:  
Hearing aids may be programmed to automatically turn on once removed from the charger.  
Press and hold the button on the hearing aid to turn the device off. If auto-on is disabled, this button will also turn the hearing aid on.
- ◆ Strive for full-time hearing aid use (all *waking* hours).  
Remove the hearing aid(s) during bedtime, naptime, and bath time.  
Hearing aids are *water resistant*, not *waterproof*. Remove during swimming and other water activities.



### Start The Day Right!

- ◆ Include hearing aids in the “getting ready” routine. Put them on first thing in the morning!
- ◆ Check the color indicator to ensure a **left** hearing aid is put on the left ear and a **right** hearing aid on the right ear.
- ◆ Perform a listening check using the stethoset included in the care kit.  
Listen for static, distortion, or intermittent function. Say the Ling 6 sounds.
- ◆ Angle the earmold slightly towards the nose. Pull the ear up and back and insert the canal portion of the earmold. Slowly rotate the earmold back to seat it properly.  
Note: if the earmold has a “helix lock,” make sure it is correctly tucked into the helix.
- ◆ Talk, sing and read throughout the day to create a language rich environment!



### Nighttime Routine

- ◆ Remove the hearing aids for bath time.
- ◆ Hearing aids can be worn again until bedtime. Remove the devices right before falling asleep or once asleep.
- ◆ Turn the hearing aids off and store in the hearing aid case, drying case, or charger overnight.
- ◆ Keep the hearing aids safe at night on a high surface, away from pets.  
Do not store in the bathroom or other areas where moisture may accumulate.

