



2027-2032 **IN**vision

State Plan Development Workgroup

Topic: Long Term Planning (Trajectory) and Brainstorming our Goals

Date: Friday, February 13, 2026, 2:30-4:00 p.m. ET

Facilitator: Erika/Alex

Participants: Kate, Erin, Traci, Shawn, Casey, Cierra

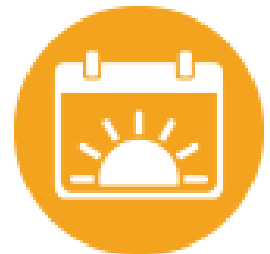
Why We Met

- To keep working on the 2027–2032 State Plan.
- To talk about what we are hearing from people.
- To look at what is working and what needs to change.
- To start naming the most important ideas to work on.

The Topics We Talked About

You can click on the blue links in this document. The links will take you to the activity and brainstorm for each life domain. There you can see all the ideas that were shared and grouped during the meeting.

Life Domain 1: [Daily Life and Employment](#) (Education, Employment, Meaningful Day, Individual and Family Life)



What We Want

- More students with IEPs graduating from high school.
- People getting real jobs in the community.
- Jobs that pay fairly.
- Technology that helps people be more independent.
- Self-advocates helping others reach job goals.

What We Don't Want

- A big gap between people with and without disabilities who work.
- People staying in building-based programs when they want jobs.
- Fear of losing Medicaid stopping people from working.
- Staff who are not trained to support employment.
- Service plans that ignore job goals.
- Young adults leaving school without strong job plans.



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Main Ideas

- People want to work.
- Rules about benefits make work feel risky.
- Staff training and expectations matter.

Life Domain 2: Community Living (Living Options, Transportation, Neighborhood and Community)



What We Want

- People living where they choose.
- Safe and stable housing.
- Families who feel supported.
- Reliable transportation.

What We Don't Want

- Not enough affordable or accessible housing.
- Very few shared living choices.
- Long waitlists for services.
- Transportation that limits freedom.
- Staff turnover that disrupts daily life.
- Fewer housing choices in rural areas.

Main Ideas

- Families provide most housing support.
- Housing is both a cost and access problem.
- Staff shortages affect stability at home.

Life Domain 3: Social and Spirituality (Personal Relationships, Leisure and Recreation, Spiritual Enrichment)



What We Want

- Friends outside of family and paid staff.
- Opportunities for hobbies and fun activities.
- Inclusive faith communities.
- Technology that helps people stay connected.

What We Don't Want

- Loneliness.



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- Small social circles.
- Few activity options in rural areas.
- Programs that close or shrink because of staff shortages.
- People being left out because of behavior or medical needs.

Main Ideas

- Belonging matters.
- Social life depends on staff and community support.
- Many people feel isolated.

Life Domain 4: Advocacy and Engagement (Self-Determination, Advocacy and Leadership, Community Involvement)



What We Want

- Strong self-advocate leaders.
- Families who understand the system.
- Peer networks that build confidence.
- Training for leadership and advocacy.
- Case managers who listen and understand.

What We Don't Want

- Low public understanding of disability.
- Poor or uneven case management.
- Limited help with future planning.
- People feeling unheard.
- Leadership roles without real power.

Main Ideas

- Peer support builds strong leaders.
- Systems work differently in different places.
- Engagement should include shared decision-making.

Life Domain 5: Healthy Living (Comprehensive Healthcare, Long-Term Health Needs, Wellness and Self-Care)



What We Want

- Doctors who understand intellectual and developmental disabilities.



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- Access to primary and specialty care.
- Families who feel confident supporting health needs.
- Wellness and preventive care for everyone.

What We Don't Want

- Too few trained providers.
- Long travel for specialists in rural areas.
- Uneven access to telehealth.
- Nursing shortages.
- People being denied services because of strict rules.
- Doctors who do not understand disability.

Main Ideas

- Families often must push hard to get good care.
- Provider training is needed.
- Health systems can be hard to navigate.

Life Domain 6: Safety and Security (Personal Safety and Awareness, Public Safety, Legal and Financial)



What We Want

- People who know how to report abuse.
- Trusted people to go to for help.
- Systems that protect people.
- Safe transportation and communities.

What We Don't Want

- Staff turnover that increases risk.
- Emergency responders who are not trained.
- People feeling unsafe.
- Abuse going unreported.
- Systems people do not trust.

Main Ideas

- Safety depends on stable relationships.
- Training improves protection.
- Trust in systems matters.



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Ideas that Came Up A Lot

We may need to focus on:

- Fixing staff shortages.
- Improving housing options.
- Making it easier and safer to work.
- Helping families plan for the future.
- Improving health care access.
- Supporting rural communities.
- Creating more chances for connection and belonging.

Next Meeting

- **Date:** February 27, 2026
- **Time:** 2:00–3:30 p.m. ET
- **Link:**
<https://us06web.zoom.us/j/85824764956?pwd=lpIiOW30kkESsnrMJkntzK7ABHxODQ.1>
- **Topic of discussion:** Choosing and ranking goals and objectives.