Richmond State Hospital
Psychiatric Services

Richmond State Hospital is a 211-capacity adult inpatient psychiatric facility, serving patients with severe and persistent mental illness from all across Indiana. The hospital is accredited by The Joint Commission (TJC) and certified by the Center for Medicare and Medicaid Services (CMS).

Richmond State Hospital provides recovery oriented comprehensive mental health services. The programs are tailored to the patient’s needs enabling them to more effectively cope with their emotions and maladaptive behavior. The inpatient treatment is provided in the Residential Treatment Center (RTC), six unique adult psychiatric units, 30 beds each. Two units 420A and 420B admit patients who require high acuity psychiatric services, such as intense, cognitive/perceptual/affective disturbance, disorientation seriously impaired reality testing, objective judgment, impulse control problems enough to endanger the welfare of the person or others, harm to self, self mutilation and/or reckless endangerment; harm to others, assaultiveness. These patients may also require enhanced observation at times due to dangerousness. Two units 421A and 421B admit and treat the patients who have severe psychiatric disorder with co-occurring addictive disorder. One unit in RTC, 422A treat the most chronic mental ill patients. These patients have long-standing disorders, multiple psychiatric breaks throughout lifetime, persistently low DSM-V score and serious disruptions of self-care and community living skills. These individuals may need long-term inpatient care. 422B treats the patients with chronic psychiatric disorders and medically fragile.

417A is located in the AIT building. This is a 23-bed co-ed unit for individuals with serious mental illness and severe psychogenic polydipsia requiring an inpatient fluid management program. Richmond does not have a specific forensic unit, but does admit individuals who have legal involvement such as insufficient comprehension to stand trial (ICST), DOC (Department of Corrections) outdate who require continued mental health treatment following DOC confinement and some patients with pending legal charges. There are three
houses (Transitional Care) where individuals who have improved and are ready to transition back to the community.

**Admissions**

Individuals are admitted to Richmond State Hospital only after screening by Community Mental Health Center responsible to provide case management to the individual in both the hospital and community. Community mental health centers act as “gatekeepers” facilitating an individual’s transition from the hospital back to the community or other appropriate setting.

The gatekeeper for individuals who have legal involvement is the Office of the General Council, DMHA. The majority of the patients are civilly committed. Prior to admission, the involuntary commitment may be sought through the CMHC by a friend, relative, or law enforcement representative. No one is denied admission because of lack of financial resources. The admissions committee of Richmond State Hospital screens the admissions for appropriateness and placement in an appropriate program of Richmond State Hospital. Treatment throughout the hospital is individualized based on interdisciplinary assessments and may include stabilization of symptoms through psychopharmacology management of medical problems and/or substance abuse issues, individual, group therapy and DBT, patient and family education, rehabilitation and recreation therapy, skills training and basic vocational training and supportive employment, dental care, and nutrition. A treatment mall concept is used for all active treatment programs in addition to unit-based programs.

Each patient works with a physician who leads a multidisciplinary team of licensed nurses, psychology staff, social worker, rehabilitation therapists, and behavior health recovery, attendant and peer specialists. The treatment team collaborates with patients and their families as applicable and gatekeeper to develop goals for hospitalization, and arrange for follow up care after an inpatient stay. Length of stay is variable based on patient need and prevailing best practice within the mental health needs. The hospital uses the recovery model in treatment and promotes alignment with the patient in developing a self-directed care plan to assist them in working towards their own recovery goals.
The multidisciplinary treatment teams, including psychiatrist, psychologist, social workers and rehabilitation staff provide a biopsychosocial assessment for each patient. This assessment addresses the physical, emotional, behavioral, social, recreational, legal, vocational, spiritual and nutritional needs of the patients.

**Clinical Services**

**Medical/Psychiatric Services**

Medical staff include qualified licensed physicians, psychiatrists, dentist, podiatrist who have overall responsibility for the quality and appropriateness of professional services provided. The services addressed by the physician are:

**Direct Care**

- Admission, transfer, discharge of patients
- Physical, psychiatric assessment and treatment
- Document services provided in a manner that meets all federal, state, and The Joint Commission requirements.
- Monitor patients rights
- Ensure adequacy of treatment plan; and oversight
- Provide information needed by patients families and staff members

**Administration**

- Serve on hospital committees and participate in IOP activities
- Be responsible for treatment team decisions
- Provide leadership, be vigilant regarding safety issues; and help monitor compliance with medical standards

**Dental Services**

The dental clinic is located in the CTC building and staffed by part-time dentist and dental assistant. The dental clinic is held twice/week Wednesdays and Fridays. All patients receive an initial dental screening and further evaluation and treatment as indicated. All patients who have length of stay of one year or more have an annual examination. The patients who require emergency dental services can be referred outside the organization
Medical Clinic
Medical clinic is located in the CTC building and staffed by one full time and one part-time physician. Medical clinic hours Monday through Friday are posted every month. The attending psychiatrist writes an order to refer the patient to medical clinic. The referral (consultation form is completed by physician or designee. The attending psychiatrist may call this medical consultant outside the clinic hours and arrange for the patient’s medical consult, on the unit where patient resides when patient’s medical condition warrants the consultation outside the organization, either the medical clinic physician or the attending psychiatrist can arrange the consult through the medical clinic nurse.

Podiatry Clinic
Podiatry clinic is located in the CTC building and staffed with a part-time consultant podiatrist. Podiatry clinic held once/week.

Psychological Services
Psychological services are provided by licensed psychologists and by unlicensed associates supervised by licensed psychologists, psychologists/associates provide consultations to the treatment teams as needed, psychological evaluation, psychotherapy, behavior therapy, DBT, acceptance commitment therapy. They also develop and oversee unit programs, provide staff training.

Nursing (24 Hour Service)
Nursing care is delivered by a staff of registered nurses, licensed practical nurses, behavioral health recovery attendants, and nurse managers. Nursing services provide nursing care to clients/patients in accordance with treatment plan of each individual. The nursing department interfaces with members of medical staff, other hospital departments and the patients to continually assess needs, plan appropriate health care actions. Implement activities/therapies to achieve stated goals and objectives.

Social Services
The social services department provides treatment, discharge planning, placement and aftercare, as well as assess and meet the psychosocial needs of the patient. They serve as
a patient advocate and as a liaison between the patient and family, community services, courts, and other hospital disciplines/departments. They formulate the continuity of care plan based on the identified needs of the patient with involvement of gatekeeper and family. Social worker is a member of interdisciplinary team. All services are supervised by licensed social worker supervisor.

**Activity Therapy Services**

Activity therapy staff members provide a unique set of specialized services such as art therapy, music therapy, occupational therapy, recreational and vocational skills. The program provides individualized, comprehensive, rehabilitation services aimed at improving physical, psychological, cognitive and social functions that are fundamental to the acquisition of daily living skills. Focus is on remedial and new skill learning directed toward improving self-care work and leisure skills.

**Dietary (Nutritional Services)**

Nutritional meals are provided by dietary department to all patients. The clinical dietician who specializes in medical nutrition therapy, the management of nutritional and metabolic disorders with the goal of improving overall health and wellness works with treatment teams for patients with medical and psychiatric illnesses. The psychiatric patients present with a unique set of nutritional issues due to psychotropic medication side effects as well as complication of mental illness. All patients receive an assessment of nutritional status and individualized treatment that focuses on resolving nutritional deficiencies as well as improving control of long-term issues such as diabetes, obesity, dyslipidemia.

**Chaplaincy**

The primary responsibility of chaplain is to work with patients and to guarantee their right to religious freedom. Chaplain also completes the spiritual assessments of the patients. As a member of interdisciplinary team, the chaplain meets the spiritual and religious needs of the patients. He provides worship opportunities on the units and at the all faith chapel so that all patients have access to worship services. He is available for 1:1 spiritual consultation for any patient.
**Patient Rights Services**

The Human Rights department serves as a liaison and resource for patients, family, and staff in addressing issues involving patient rights, patient’s satisfaction and complaint management. Every patient is provided with Patient Rights handbook at admission. Human Rights Committee also provides training and education of rights.

**Peer Specialist**

Recovery specialists work with the patients to develop a wellness recovery action plan.

**Other Therapies**

Other therapies are offered on an as needed basis as determined by the physician/treatment team such as speech therapy, physical therapy, specialized medical services can be accessed by referral to other organizations/specialists.