

RSHAPPENINGS

The official newsletter of Richmond State Hospital



<https://www.in.gov/fssa/dmha/3305.htm>

May 2020

Our Mission:

To provide individualized patient care as the center of all we do.

Our Values:

Recovery
Strength
Hope

Our Vision:

To be a Center of Excellence that meets the evolving public health and patient care needs through:

Community Partnerships
Innovation
Technology
Evidence-based Practice

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Administration Building (1906)

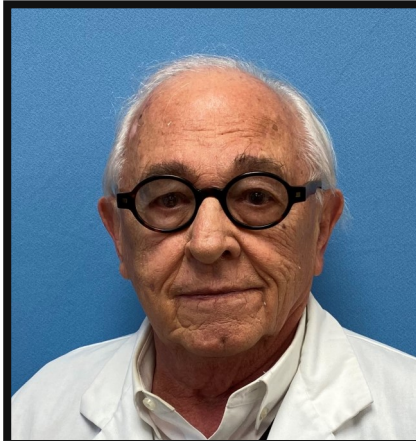
Superintendent's Message

By Paul Stanley, MHA

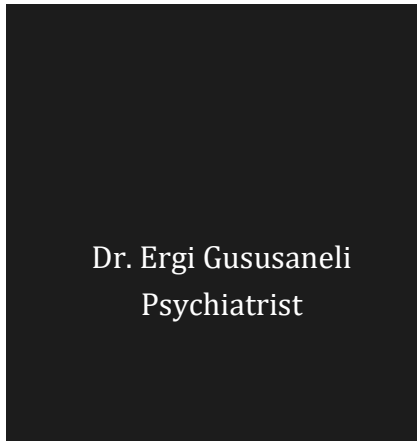
As we end Mental Health Awareness month, we need to make sure we understand the impact of receiving mental health treatment. 1 in 5 people will experience a mental illness during their lifetime. Every one faces challenges in life that can impact their mental health. Nearly 450 million people worldwide currently live with mental illness. Two thirds of people with mental illness never seek treatment. Within our mission, we strive to provide patient care at the highest level. As we move forward with the vision of the organization, we need to make sure we evolve with the evolving needs of the population that we serve.

Even as this awareness month ends, we need to continue to focus on the needs of the clients that we serve. Here at Richmond State Hospital, we will continue to provide patient care at the highest level to give the population we serve the best chance at living a happy and healthy life.

New Employees



Dr. J. Lawrence Hill
Medical Director



Dr. Ergi Gususaneli
Psychiatrist



Dr. Felicia Meyers
Psychologist



Dr. Anthony Thomalla
Psychologist



Amber Beeler
Charge Nurse



Shelby McVey
LPN



Elizabeth Barley
BHRA

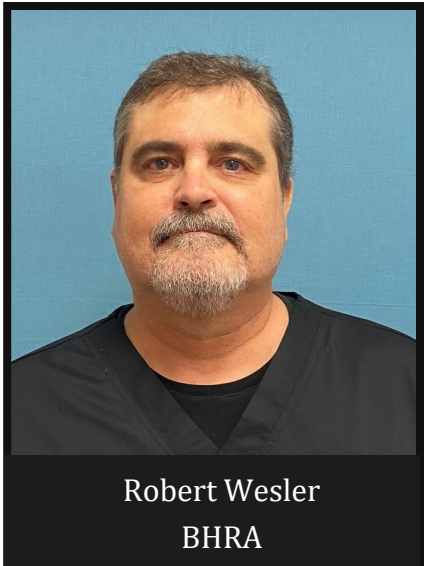
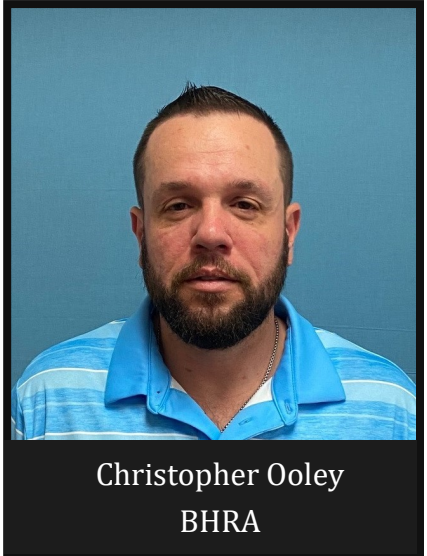


Hailey Hahn
BHRA



Cayla Hall
BHRA

New Employees (Continued)



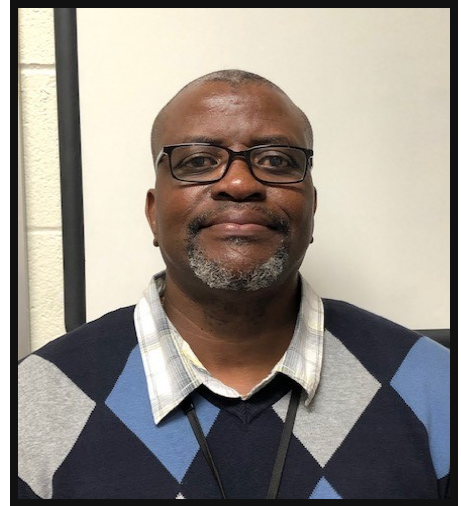
Next New
Employee
Orientation:

June 15, 2020

Nursing Employee of the Month

Congratulations to Paul Luke, who was selected as April's Nursing Employee of the Month!

Paul works on 420A and was nominated by multiple supervisors for his dedication, flexibility and calm demeanor. Paul has been nominated every month since we started this program for reasons such as he is kind and considerate to everyone, he puts forth maximum effort, he is a mentor and model employee to others, and he helps make the unit run strong by being a great team member! Other comments were that Paul is humble, helpful, he carries out the duties of a BHRA in an "exemplary" manner, he is known for his patience and outstanding patient care, and he always goes the extra mile. Paul also has an excellent attendance record and is an asset to RSH!



Thank you, Paul for all you do. Enjoy your parking spot!

Staff Development Update

CPI refresher will begin in mid-June. Scheduled times will be forthcoming.

Staff Shout Out: Years of Service

Special recognition goes to a few of our Recovery Service Line staff for their dedication and years of service. Together, these three individuals have over 80 years of service.

Pictured, left to right:

Fred Farlow, RN—33 years

D'Aune Murray, Service Line Manager—17 years

Patty Bostic, Nursing Supervisor—30 years

Thank you to all of our staff for your commitment to patient care. Richmond State Hospital is grateful to have you.



Challenging Geriatric Behaviors

Shawn Middlesworth, Rehabilitation Therapist, Teresa Morrow, Rehabilitation Therapy Supervisor, and Tammy Mathews, Psychiatric Services Specialist, all from our 422 Strength Line recently attended an all-day training titled, “Challenging Geriatric Behaviors.”

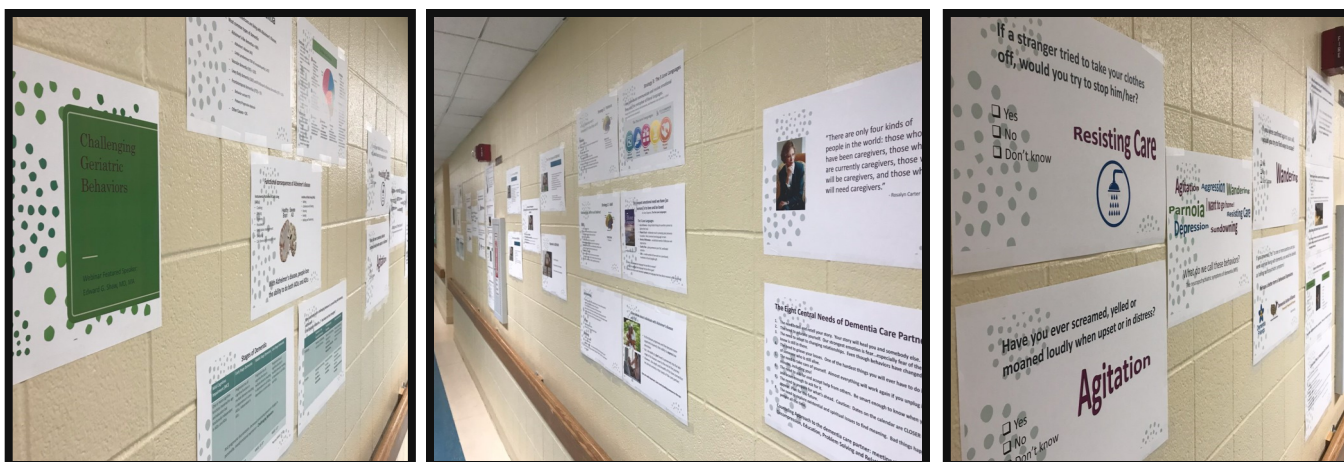
Those who attended shared the highlights and benefits of the training below:

“The Challenging Geriatric Behaviors webinar provided thorough information on the physical cause and effect of the various types of dementia. Knowing the areas of the brain that are affected brings understanding and empathy to those who suffer with dementia and the cognitive dysfunction that they live with every moment of the day. The care strategies of Patience, AAR (Acknowledge, affirm and redirect) and the 5 Love Languages (to help the client feel attached) help the caregiver keep themselves grounded to help better communicate and serve this challenging population.” - Shawn Middlesworth

“The speaker was able to easily share his knowledge on dementia through personal experience, (His wife had Alzheimer’s at an early age) and many years studied the brain and how dementia develops. He shared the different types of dementia and the stages the brain goes through and it affects the person’s behavior/ actions. He also shared suggestions how to handle difficult situations, what to say/ how to react. A lot of what he shared applied to working at RSH especially on 422b with people who have dementia but also with people who are confused due to psychosis.” - Teresa Morrow

“This training helped me point out the challenges and strengths of Alzheimer’s disease, vascular dementia , frontotemporal dementia, and Lewy body dementia along strategies to try. What I found most interesting was when the speaker compared behaviors of an individual with dementia will display unattached behaviors such as crying, being clingy, calling out or acting out due to their memory and cognitive loss. He explained how it is similar to separation distress that a child might display if removed from a parent and will have seeking behaviors such as crying, being clingy, calling out or acting out.” - Tammy Mathews

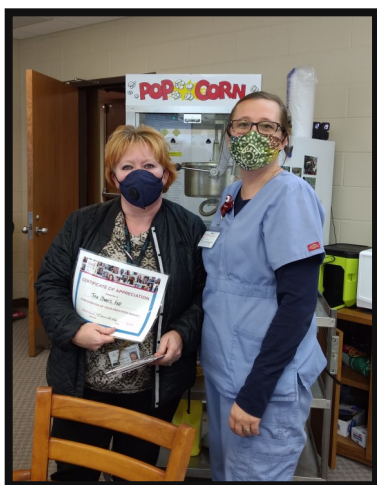
The key highlights are posted in a large wall display outside the 422 Strength Unit.



National Nurses Week

By Sommer McDaniel, MSN, BSN, RN

Each year, from May 6th to May 12th, National Nurses Week is celebrated across the globe, starting with National Nurses Day on May 6 and ending on May 12th, which is the birth date of the founder of modern nursing, Florence Nightingale. This week is celebrated in order to bring out the different ways in which nurses work hard to help others and to honor their dedication. This year has been more important than ever to recognize the critical role nursing fulfills. I always enjoy this week because while nurses know the importance of what they do, this time gives others the opportunity to appreciate the impact nursing has on the world and to let them know how much they are appreciated. I am truly honored to work with each of you and thankful to spend my first of many Nurses Weeks at Richmond State Hospital alongside an amazing team. Thank you for all you do this week and every other.



RSH Child Care

The Rehabilitation Therapy department would like to thank Julie Klingman, Tonya Sanders, Annie Taylor, and Madi Tracy for volunteering to staff the day care for the past two months. The program was a success, helping to provide childcare for RSH staff while schools were closed. Special recognition also goes out to Mike Gregory for agreeing to change his schedule to accommodate the weekend staffing coverage.



Rehab Spotlight

The Rehab Department is excited to welcome Cole Ballin, our newest Rehabilitation Therapist, to the RSH family. Cole is a graduate of Miami University. He initially studied Music Education but changed to psychology and philosophy, which gave him an interest in mental health. “It felt more natural to me, to work with people and help them with stress and listening to how they think.” He hopes to continue his education by pursuing a Masters in Social Work or Counseling. Cole looks forward to offering Reading classes, both to encourage active listening and to build language skills to help patients order their thoughts and express themselves more effectively. Cole enjoys classic rock, the Star Wars universe, and working out. He has a commitment to ongoing education and regularly finds new fields to study.



If you have an idea or suggestion for RSHappenings, please email Jessica.Guth@fssa.in.gov