The newsletter of Indiana's

Richmond State Hospital

498 N.W. 18th Street, Richmond, IN 47374 | https://www.in.gov/fssa/dmha/3305.htm | December 2019

Superintendent's Message

by Katrina Norris, LCSW, LAC

Season's Greetings

It is the time of year in which we embrace the memories made and plans to prosper in the New Year. To all RSH employees, I wish you all a Merry Christmas and also a happy holiday season. I send thankful thoughts, happy hearts, and well-wishes but most of all I want to express my appreciation for your devoted service. You are the greatest gift to our organization as well as our patients. The care you provide daily is exceptional and I am eager for the New Year to continue our collective work improving our programming, decreasing our injuries, and building a psychologically safe work environment for each of us to grow and prosper in.

I found a great article from Forbes entitled, "14 Ways you can Improve Psychological Safety at Work". The concept of taking action and confronting behaviors as well as adopting a learning mindset are areas that I focused on in the past few months. This also aligns with FSSA's vision and values. We are becoming a more integrated system and I appreciate the insights shared by our counterparts in the other FSSA agencies. For the entire article please see the link below.

 $\underline{https://www.forbes.com/sites/forbescoachescouncil/2017/11/15/14-ways-you-can-improve-psychological-safety-at-work/\#3fc971345610}$

The Office of the Secretary has created a "Little Free Library" to encourage connection and expanding our views of the world around us at the Government Center. I think this is a great resource, thus we have started a similar project in the administration building. Please come by and help yourself to borrow a book or leave a book that may help enhance someone else's journey.

Again, Merry Christmas to all and THANK YOU for all that you do.

Christmas Unit Parties

December 7 & 8, 2019

Richmond State Hospital's annual Christmas unit parties took place on Saturday, December 7 and Sunday, December 8. Thank you to the RT staff for overseeing the parties, and of course to each of our unit sponsors: Earlham Bonner Scholars, First Christian Church Women's Fellowship, Noon Kiwanis, St. Paul's Lutheran Church, Golden "K" Kiwanis, and WhoSoEver Ministries. We are thankful for all of our community members/groups who support our patients during this holiday event!



Pictures with Santa

December 7 & 14, 2019

Pictures with Santa with a HUGE success. Thank you to all who participated and special thanks to Santa a.k.a. Tim Webb and our awesome photographer, Jeremy Handley. Everyone enjoyed the event! Your continued support of Grass Roots is appreciated.







RSH Continues to Welcome New Employees

Back row, left to right: Frank Watson (BHRA), Melissa Harris (RN), Donovan Osborne (BHRA)

Front row, left to right: Deborah Hughes (RN), Tammy Matthews (Psychiatric Services Specialist)





Employee Appreciation Dinner

December 12, 2019

The 2019 Employee Appreciation Dinner was a great success. A special thanks to Aramark for providing an outstanding meal. Our longest long-term employee this year was Marlene Frame, who has dedicated 40 years of service!

Congratulations to all the staff who were celebrated this year.

Years of Service

5 Years

Suzanne Brown (Account Clerk)

Sarah Lindsey (Pharmacy Technician)

Terri Hart (Psychiatric Services Specialist)

Christopher Knox (BHRA)

James Tillery (BHRA)

Paul Bittlemeyer (Psychologist)

Andrea Garcia (BHRA)

Todd Richie (BHRA)

Joseph Cummings (Driver)

Tina Reece (Secretary)

Sara Marsh (BHRA)

10 Years

Harold Evans (Driver)

William Moore (Maintenance Repair)

Judith Steinert (LPN)

15 Years

Wanda Thompson (Housekeeper)

20 Years

Joanna Brennan-Smith (Nurse Supervisor)

Tracey Phillips (Director of Information Technology)

Maria Mittenthal (Charge Nurse Supervisor)

Michael Moore (Maintenance Carpenter)

25 Years

Floyd Holmes Jr. (BHRA)

Terri Ogle (Secretary)

David Toney (LPN)

Linda Armstrong (Stores Clerk)

Nicole Eagles (LPN)

Tina Williams (BHRA)

30 Years

Patty Bostic (Nurse Supervisor)

Sherri Kendall (BHRA)

Theresa Sams (BHRA)

35 Years

Michael Gregory (Transitional Care Specialist)

Karen Smallwood (Secretary)

40 Years

Marlene Frame (Procurement)

Veterans' Christmas Party

December 14, 2019

On Saturday, December 14, the American Legion Auxiliary Post 65 provided all 12 of our veteran patients with their annual Christmas party. During this event, each of our veteran patients received a full meal and gifts from their Christmas wish lists. We thank the American Legion for the joy they bring to our patients during this holiday season.

Christmas Gift Lift Program

All Christmas gifts have been delivered to the units and are ready to be distributed to our patients on Christmas Day. Thank you to each of our donors, the numerous staff who assisted with packaging and wrapping presents, and to our maintenance staff for assisting with the transportation of gifts. Providing our patients with Christmas gifts would not be possible without the commitment and generosity of everyone involved.





Staff Shout Out

On December 14, 2019, Veronica Cosby, a Rehabilitation Therapy Supervisor here at RSH graduated from Indiana Wesleyan University with a Master of Social Work degree. During her time at IWU, Veronica was a member of Phi Alpha Honor Society – Eta Theta Iota Chapter. Veronica's graduation cap was decorated by Donna Ashcraft, a (very artistic) RSH Rehabilitation Therapist.

Congratulations Veronica!

Most Creative Ugly Sweater

Many staff participated in the "ugly sweater/shirt day" on December 23, but Lindsay Truesdell, a Human Resources Generalist with Indiana State Personnel Department created the most laughs with her mirror-faced elf sweater!

