



NDInsider

The newsletter of Indiana's

NeuroDiagnostic Institute
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana | www.in.gov/fssa/dmha/2935.htm | Vol. 6, Issue 11, November 2022

NDI Fall Festival

It's that time of year again, and NDI's dedicated Adult and Youth treatment teams held another spectacular spooky Fall Festival on Wednesday, October 26th for our Adult and Youth patients in the Treatment Mall.



Activities included: Pumpkin painting, spider toss (with Eyeballs), popcorn, pumpkin bowling, witch's hat ring toss, and a really spooky autopsy with tons of goopy, gross things to touch and explore!

The air outside was chilly, but there was plenty of warmth inside our walls during our Fall Festival. Thanks to everyone that gave such creativity, long hours, and enthusiasm to this event!

The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.

SAMHSA 6th TIC Principle

Cultural, Historical, and Gender

Understand that culture, history, and gender influence the interpretation and meaning of traumatic events and the acceptability of symptoms, support, and help-seeking behaviors.



SAMHSA Trauma Informed Principle 6 training will be coming soon!!



Past Lunch and Learns

Lunch & Learn Sleep Disorders & Night Terrors

By: Ally Dudman, PharmD
Candidate '23
Block 5 Elective Psychiatry
September 2022¹



Schizoaffective Disorder

Hannah Klemm
PharmD Candidate 2023
NeuroDiagnostic Institute
8/19/22



Antisocial and Borderline Personality Disorders

Nick Rothrock, PharmD Candidate
Psych/Neuropsych Rotation, Butler University



Future Lunch and Learn opportunities

Wednesday, November 16, at 12 Noon

Kaitlyn Keesling will be speaking about Emerging research and studies on Smoking Cessation and treating major depressive disorder using Micro doses of psilocybin.

Monday, December 12, 2022, at 11:00 am – 11:30 am ET
Active Health Coach Kevin will be conducting a webinar on
SLOWING STRESS

An Unexpected Visitor

It was just a regular Wednesday morning when QA Director Femi Ijimakinwa walked into work on October 5, 2022. Shortly before 9 am, however, everything changed with a simple phone call from Security.

“The Indiana Department of Health (IDOH) is here for an unannounced inspection,” Security said.

For the next three hours, Femi led the IDOH representative on a tour of all the places she requested to see. He worked with various staff throughout the Hospital to obtain all the documentation she required. While the pressure was a bit intense because there was no time to prepare, Femi wasn't worried. He knew the Hospital is in great shape. He was confident because unit staff diligently provide exceptional patient care, EVS provide world-class housekeeping services, and the facility/infrastructure is top-notch! He also knew our documentation is always on-point!

So, when the IDOH representative reported, “Great Work! No Citations for the NDI,” Femi felt the obvious relief that comes when passing an unexpected test, but he was not surprised. NDI staff are the best! Congratulations to everyone because it took ALL of us to make this happen!

By Lisa Salinas



Employee of the Month

Our NDI Non-Nursing Star of the Month is *Rebecca Bridget (Staff Development)*

Rebecca is an asset to NDI. Her commitment to provide the best training possible is relentless. She often goes above and beyond to get the job done. Without her, Staff Development would be less effective and efficient.

Nominated by Chris Kerl

Our NDI Nursing Day Shift Star of the Month is *Terri Inman (RN, 3S)*

I am nominating Terri Inman for Ms. November, for being a team-oriented Nurse. Always helps not only her unit but all other units as well. She is a key asset to our nursing department.

Nominated by Vernell Martin

Our NDI Nursing Night Shift Star of the Month is *Caressa Bridgman (RN, 3W)*

Caressa goes above and beyond in her duties as a charge nurse on 3W. She is patient with her clients and despite a difficult shift, she is always pleasant and smiling. Caressa will adjust her schedule by staying later or coming in early to assist with staffing needs. She ensures that there is excellent communication with her treatment team and has agreed to take on difficult assignments that others do not. She is a good team member.

Nominated by Jalea Chadd

Other NDI staff nominated for EOM: Eileen Bricker (Dietitian) and Zani Burney (SA).

If you would like to nominate one of your fellow employees, please submit nominations to: ERCNDI@fssa.in.gov. The nomination form can also be found in the L drive under **FSSA NDI Employee Recognition Committee**



CERTIFICATES OF EXCELLENCE

BRIANNA BALANCE
ZANIYAH BURNEY
CARMEN HULL
TERRI INMAN (2)
PATRICK KING
LAUREN OVERHAGE
TARANDEEP SRAN
JAMIE TUGGLE

KELSEY BALSON
GERALD GARRETT (3)
DARREL HUMPHREY
BRITTANY JORDAN
BRIAN LARIMER
EVON OWENS
KEITH TERRELL
MICHELE WOOD

SANDHYA BOND
ALANA HOLT
FEMI IJIMAKINWA
JASON KING
JUSTIN MCAFEE
BRITTANY PARADISO
MATT THOMPSON



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Anyone can nominate a fellow employee for a Certificate of Excellence!

Please include: Name of recipient, recipient's supervisor, brief statement of why you wish to recognize your colleague.

All recommendations should be sent to NDICOE@fssa.in.gov



happy
birthday

Stephanie Lipscomb

Danilo Lainez Mariona

Donna Franklin

Vernell Martin

Amy Frazer

Fred Madren

Nyen-Nyen Volawuo

Lisa Passarelli

Keiston Drake

Souncera Moseby

Niki Brinker

Abiola Kolurejo

James Runchel

Erin Smiley

Kellee Hawkins Coleman

Ansumana Jeigula

Alana Holt

Kiara Dowdy

Rebecca Altop

Timothy Gaalema

Damon Warner



NDI

CREST Team

C.R.E.S.T stands for Care and Restoration through Emotional Stress and Trauma.

C.R.E.S.T?



Critical Incident Stress Management is a way of offering mental health first aid and support to staff after a traumatic event.

PURPOSE



Members are given CISM training from the International Critical Incident Stress Foundation.

TRAINING



Total number of team members available days, nights, and weekends to care for you.

12



Contact

Contact us using Vocera by saying, "CREST team" or by contacting Security.

Available to listen after a traumatic experience.

SUPPORT

Support all staff members after a traumatic hospital event with safe, confidential 1-on-1's or small groups

GOALS

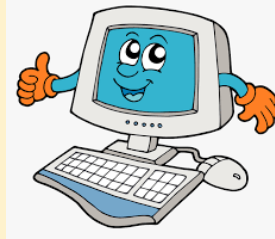
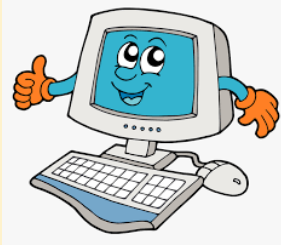
Normalize staff reactions, mitigate the effects of the critical incident stress, promote a return to normal productivity

TEAM

Fred Madren-Marc
Gordon-Todd Peters-
Kellee Hawkins-
Coleman-Tori Selznick-
Henry Oladimeji

MORE TEAM

Erin Clampitt-Laurie Lee-
Brittany Paradiso-Pamela
Conover-Lisa Passarelli-
Sabrina DeVol



Please make sure you check your State Email **regularly!!** Notifications about training from Success Factors, Staff Development and FSSA are sent to your State Email!! Additionally, if you are unable to attend a training you are assigned to, Please contact Staff Development at nditraining@fssa.in.gov as soon as possible to get rescheduled.



FEMA

Emergency
Management
Institute

Did you know you can complete Free On-line courses on Emergency Management!! Please check out the following link if you are interested in Emergency Management!!

Obtain a FEMA student ID number at : <https://cdc.dhs.gov/femasid>

Go to the Independent Study Program Website: <https://Training.fema.gov/IS/>



Pay it Forward

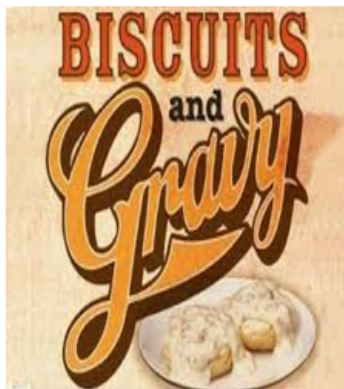
<https://charities.org/secc>

Special Thanks for all who participated in the Pet Photo Contest!!

And the WINNERS ARE....



ERC is serving breakfast November 3rd 6am-8am



Breakfast will be served **near the time clock**

6am-8am

Biscuits and gravy

½ order \$3

Full order \$5

Egg Bake \$3

** meat and vegetarian options available

Pastry \$2

Coffee with the fixings \$2



***Please contact Lisa Wilson or Marti Coffey for pre-orders.

Breakfast does not need to be pre-ordered

(pre-ordering helps ensure we have enough for everyone who wants to enjoy it)

Cash is also accepted on the day of the event

Come grab some Breakfast!!!

From your Employee Recognition Committee.