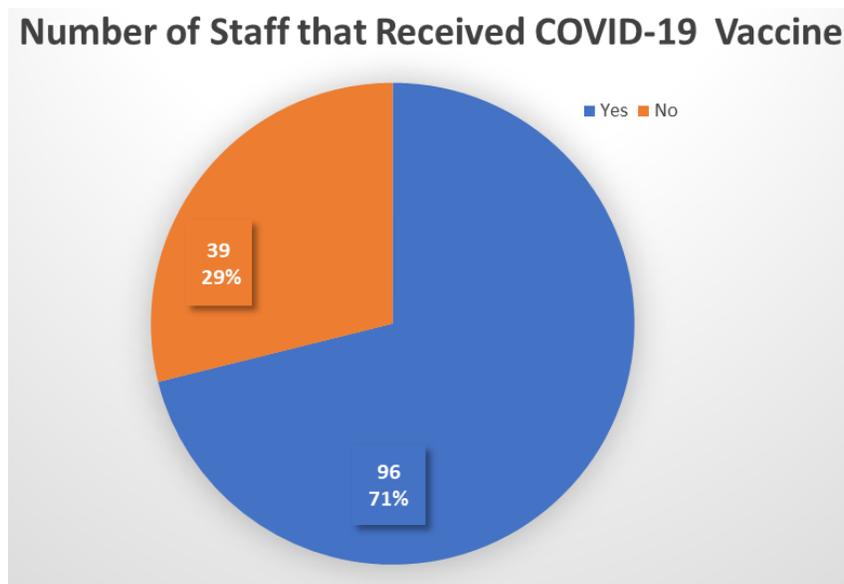
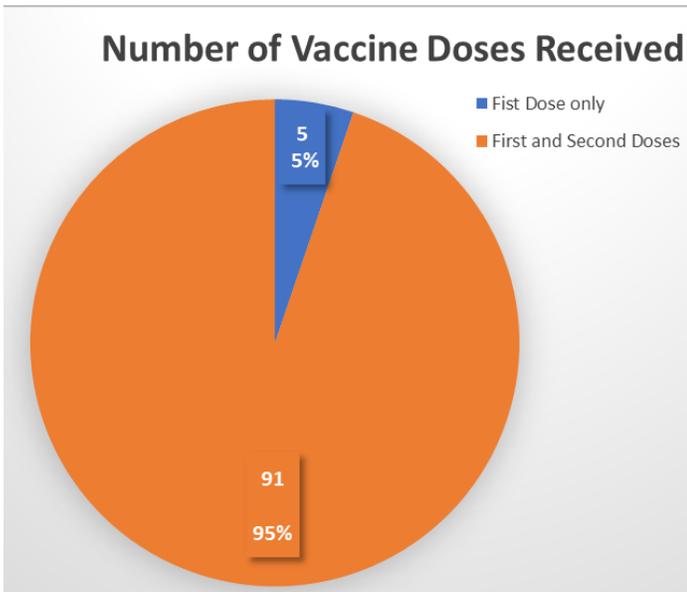
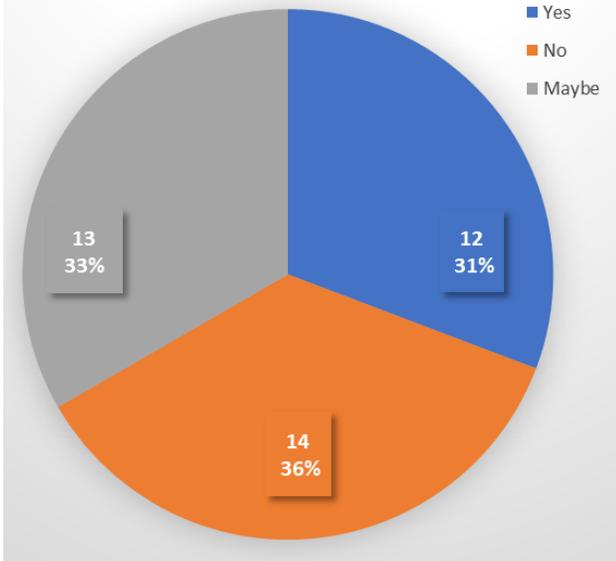


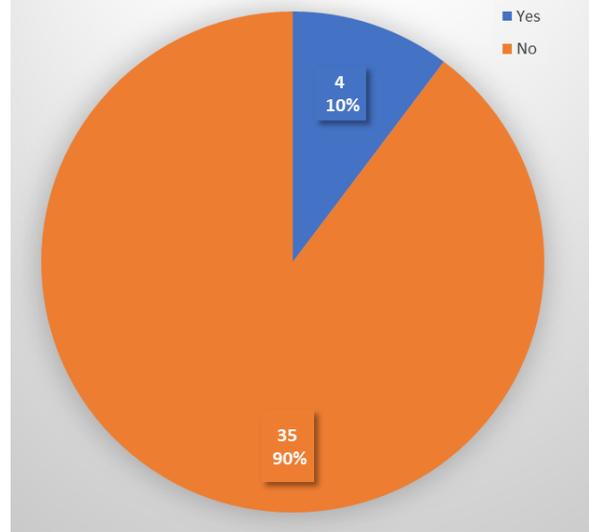
The following pie charts represent the data collected from the COVID-19 vaccination survey, between February 17 and March 8.



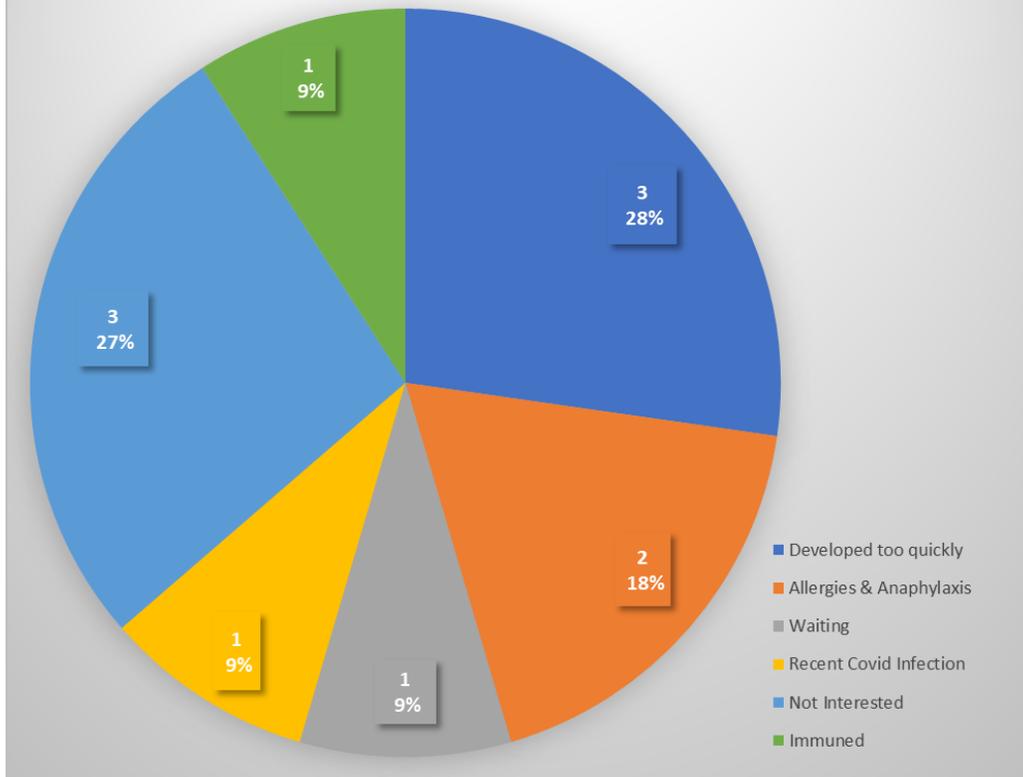
Interested in COVID Vaccination



Scheduling Assistance Needed



Reason Why Not Interested



From the Desk of Patti Clift:

The last Superintendent update was on January 28, 2021, so I think it is time to catch you up on things around the NDI. I am sharing this as Interim Superintendent, as I continue to assist the NDI any way I can until a new Superintendent is announced.

Dr. McGovern has taken the permanent role of NDI Medical Director. I am sure you all agree we are in great hands. I am personally excited to be working closely with her!

Updates:

- Covid appears to be holding a steady decline and the NDI has also experienced decline. A big part of the decline is the vaccination roll out across the country and all the committed protocols we have been following at the NDI. In our transition back to normalcy here at the NDI, it looks as though we have no continued need for remote work and all staff should return to their normal scheduled days to work.
- The Lilly Infusion Clinic will close on April 30, 2021, at which time we will have our entire 4th floor back. Currently, we are working on a plan to get all patients and staff back to their original units. More to come and share on this as things develop.
- Damar has officially began operations on 7 West offering specialized Autism services. They had their first admission on February 17, 2021. Many of you have been highly involved with their unit activation and acclimation to the NDI. Thank you!
- Performance Management Success Factors has begun for the 2021 performance period. All staff must have dedicated goals for 2021 in place by March 26, 2021. If anyone has any questions about the process, please reach out to our HR Team Marti Coffey and Lacy Walden.

This year the entire State Psychiatric Hospital Network will roll out Trauma-Informed Care (TIC). The program is an organizational framework that involves recognizing, understanding, and responding to the effects of trauma. TIC is now the expectation, not the exception, in our future service delivery. Kellee Hawkins-Coleman will lead the NDI into this new model and will be providing more information as the program rolls out. Please feel free to talk with Kellee about it if you have any questions.

NDI's new Medical Director, Dr. Bethany McGovern, MD

As the new medical director, I just wanted to take a minute to introduce myself. I was born and raised in Southern Indiana. I graduated from IU Medical School in 1999 and completed residency in Psychiatry at the University of Louisville in 2003. Since then, I have worked in several inpatient acute psychiatric units and at 2 different mental health centers. I decided to apply for this job because I believe strongly in the mission NDI has of continuing to provide state hospital admission but with a shorter length of stay, to provide innovative treatment and to perform research to help improve mental healthcare for all. I feel we have been doing a fabulous job of the first goal. Now, I hope as a team, we can turn more toward achieving the other two goals.

With COVID and all that has entailed, we have been stalled for a while now. I know we are all very exhausted and feeling frustrated. I feel it too. Everyone here has done an amazing job of facing COVID head on and doing what needed to be done. We all rolled with the punches. We are looking into being able to change some of our COVID protocols, but we have to wait just a little longer. Just know these changes are coming. I know we are eager to get back to focusing on moving NDI and psychiatric treatment forward, into the future. I know I am proud to be a part of this organization because we all do great work together. I want to continue to work together as a team to make it even better. My door is open. Please feel free to contact me with any concerns or ideas. It is up to all of us to make NDI what we want it to be. I am in Dr. Sheward's old office at the end of the administrative hallway.

Indiana State Psychiatric Hospital Network

New Treatment Philosophy: SAMHSA Six Principles of Trauma-Informed Care

Kellee Hawkins Coleman

As of January 1, 2021, all Indiana State Psychiatric Hospitals adopted and starting to incorporate **SAMHSA Six Principles of Trauma-Informed Care** in their daily hospital routines and practices. You may ask yourself: What is SAMHSA? What is Trauma-Informed Care? *Good questions!* **SAMHSA** is **S**ubstance **A**buse and **M**ental **H**ealth **S**ervices Administration. It is the agency within the U.S. Department of Health and Human Services (HHS) that leads public health efforts to advance the behavioral health of the nation and to improve the lives of individuals living with mental and substance use disorders, and their families. Since trauma can have serious effects on health, behaviors, relationships, work, school, and other aspects of life, it is important for behavioral health, health care, and other providers to gain the knowledge and skills needed to promote healing, recovery, and wellness. A trauma-informed approach, often referred to as trauma-informed care (TIC), is a promising model for organizational change in health, behavioral, health, and other settings that promotes resilience in staff and patients. Key principles of this approach include **organizational safety, trustworthiness, transparency, cultural sensitivity, collaboration, and empowerment** among and between staff and patients. This approach recognizes the role trauma plays in the lives of patients/consumers and seeks to shift the clinical perspective from “what’s wrong with you” to “what happened to you” by recognizing and accepting *symptoms and difficult behaviors* as strategies developed to cope with childhood trauma.” (www.samhsa.gov, 2021)

SAMHSA Six Principles of Trauma-Informed Care Training will be required and taught to **ALL** ISPHN staff by December 31, 2021. Soon, the NDI Staff Development department will be scheduling the training dates and times. Please check your email regularly for updates. Get on your Mark, Ready, Set, Learn **SAMHSA Six Principles of Trauma-Informed Care!**



General Orientation

March 8- 19

April 5- 16

May 3- 14

NDI DASHBOARD

Recruitment News

Be sure to check the website for all open vacancies at workforindiana.in.gov.

NDI Census February 2021

Admissions: Adult- 6 / Youth- 5

Discharges: Adult- 4 / Youth- 2

UPCOMING REFRESHER CLASSES: BRIDGE BUILDING AND CPR

To All Staff: Please watch your email for dates to complete your refresher class.

CPR- Tuesdays, 8:00- 12:00
in the training studio, on
the lower level:

March 16 March 30

April 13 April 27

May 11 May 25

BRIDGE BUILDING-
Wednesdays, 8:30- 4:30,
conference room C:

March 17 March 24

April 14 April 21

May 12 May 19 May 26

HAPPIEST BIRTHDAY TO YOU!



Patti Clift	1
Kimberly Anne Arnold	5
Elizabeth Henderson	6
Tori Selznick	6
Bridget Gaines	8
Cathy Holdt	12
Adesuwa Omorogbe	20
Monica Jill Williams	20
Akintade Adefulire	21
Catherine Burnett	26
Gloria Lynn Grant	26
Kelsey Anne Stokes Balson	28
Darryl Bledsoe Jr.	30
Zakia Monique Self	30

Certificates of Excellence: Thank you for your hard work and dedication.

1/22 Lisa Passarelli	2/2 Marketa Lewis	2/16 Kelsey Balson	2/19 Aimee Mortemore
1/30 Imani Wise	2/2 Nicole Hendricks	2/16 Brittany Paradiso	2/22 Kyle Jackson *
2/2 Yalonda Minor	2/3 Debra Teagle	2/16 Zakia Self	2/22 Brian Larimer
2/2 Debra Teagle	2/5 Crystal Reid	2/16 Regine Garrett	2/23 Ansumana Jeigula
2/2 Pam Conover	2/7 Ashley Crowe	2/18 Jasmine Gordon	2/23 Crystal Reid
		2/18 Cesily Dowdell *	2/26 Angela Lakes

* more than one recognition this month

Exceeding Everest

JUST FOR FUN!

Answers will be published in next month's NDInsider.

Puzzle submitted by Justin McAfee

ACROSS

- The new Larue D. Carter
- Femi's full first name
- 3rd level in Bridge Building
- Our new medical director
- Luckiest Floor

DOWN

- Winner of the Highest Voted Cat in SECC 2020
- Things your stomach can apparently dissolve
- Newest partnership with NDI
- If you're lost, don't be bitter, NDI is on...
- Closest State Hospital to NDI
- King of the Titans

N	D	I		I	N	S	I	D	E	R
					E					
C	R	O	S	S	W	O	R	D		