

From Assistant Superintendent, Patti Clift and Chief Medical Director, Bethany McGovern

Happy 2nd Birthday, NDI

The NDI remains a very busy hospital doing great work! We have all of you to thank for that! Here are the latest updates to share with you.

COVID

The pandemic situation continues to improve. Most recently, the NDI Leadership Team decided that the need for taking temperatures of staff as they came to work was no longer necessary. We appreciate everyone's patience with the process over the past year. All your dedication to the process was the biggest contributor in helping us control the pandemic and keep staff and patients safe at the NDI

Staff Announcement

We are pleased to announce that Dr. Miller has joined the

NDI in a full-time leadership role serving the youth/adolescent patients. The NDI will benefit greatly from his experience and expertise in Child and Adolescent Psychiatry

Staff Survey

A staff survey was recently sent out. Please take the time to complete the survey. We want to hear from you! The input you give provides ideas for improvements and changes you would like to see to make your job here at the NDI better.

Training Center Space

The lower-level Training Center is no longer being used to eat lunch. We have been monitoring the activity and use of this space and it does not appear to be needed any longer.

4th Floor

We are still on track to get our 4th floor back by mid to late April. The Executive Staff are working on an activation plan and will be sharing that with all of you closer to the end of April

All Staff Meetings

Dr. McGovern and I hope to begin scheduling All Staff Meetings starting in April. Stay tuned for more information and details

Patti and Bethany



First floor moves

Patti Clift

We have made some seating changes in the Administration area of the hospital. With the departure of Dr. Sheward, who had two roles at the NDI, it became apparent that seating in the administration area required some modification. The modifications and seating changes allow for more effective and efficient operational collaboration and communication. The changes allowed us to arrange the area into 4 sections based on discipline and support services.

Beginning at the Superintendent's office, the seating will proceed down the hallway assigned by the following divisions:

Operations

Asst. Superintendent

Business office

IT

Support Services

Medical and OA

Chief Medical Director

Quality Improvement Director

Utilization Review

OI support

Nursing

Director of Nursing

Nursing Administration

Clinical

Clinical Director

The Human Resources Director is now located in the Staff Development Directors previous office.

The Staff Development and Nursing Education Team are now located in the lower level with the HIS Department next to the Training Center.

I want to thank everyone who was impacted for their support and flexibility! These changes were necessary, but not an easy decision to make.



REFRESHER CLASSES

Please check your email for notifications of refresher training

CPR- Tuesdays, 8:00- 12:00 Training Studio, lower level

April 13 April 27

May 11 May 25

BRIDGE BUILDING- Wednesdays, 8:30-4:30, conference room C:

April 14 April 21

May 12 May 19 May 26

BRIDGE BUILDING INSTRUCTORS

Our BB instructors teach General Orientation and refresher classes all year to help keep everyone safe and prepared for crisis situations. They are experts at therapeutic communication and de-escalating patients who may be anxious or agitated. Our current instructors are Adams Akintunwa, Lena Allison, Angela Bennett, Erin Clampitt, Marc Gordon, Laurie Lee, Adesuwa Omorogbe, Brittany Paradiso, Todd Peters, Diondrae Rice, Jenny Weber, and Kirsten Yamasaki.



Here are some Code Green tips from BB instructor, Marc Gordon

- You may call a Code Green (all-available, staff assistance) when there are not enough staff present to manage a situation, usually a patient in an emotional crisis.
- If you have the situation under control, but need a nurse for an order or medication, or a couple of other people to help manage other patients, call a nurse or the individuals.
- A nurse or supervisor can dispatch available personnel to assist so you only need to make one call.
- If you turn out for a Code Green and are told on arrival the situation is under control, leave the area and return to your duty station. Extra people sometimes interfere with deescalation or make moving people to safety unnecessarily difficult.



NDI Census March 2021

Admissions: 21 Adult-16/Adolescent-5/Youth-0

Discharges: 10 Adult-9/Adolescent-1/Youth-2

FROM YOUR IT DEPARTMENT

With the current global pandemic, federal stimulus checks, tax season and other situations, both domestic and abroad this makes for the perfect time for bad actors to try to make a play to get your information through phishing attacks.

We just finished going through a test from IOT and FSSA Privacy and Security. I am hoping to get results for how we did, but I am not certain that we will get those, but here's hoping!

THERE ARE TWO WAYS TO MANAGE JUNK EMAIL

For those that have been around the State awhile, you may remember we used to have a button that allowed us to easily report junk mail. Then we upgraded to Office 365 and that button died. I am happy to announce the button is back, but slightly different and maybe a touch better.

- 1. Use the Block message button, which looks like this:
 - a. You'll notice the little down arrow next to Message, that gives you a few options:
- i. Junk use this for messages that are just general junk
- ii. Phishing use this if you suspect the message is a phishing attack (even if you think it is a test)
- iii. Not junk Use this if a message gets classified as junk, but you disagree with that assessment
- iv. Options This gives you some options to look at. I do not recommend playing with this
- v. Help use this to get more information about the first four options
- b. Doing this will alert IOT so they can try to filter future emails
- 2. If you are pretty sure the message is bad and you don't want to open it, you can right click on the message. The third to last option is Junk and has an expandable submenu
- a. Block sender This will setup a rule to automatically block messages from a sender and they will go straight to your junk folder

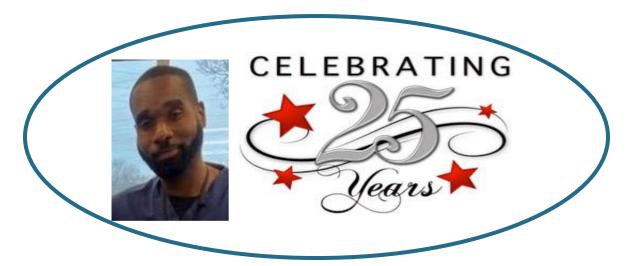
b.Never block sender, never block sender domain and never block group are ways to remove senders from your block list

a. Junk email options is largely an area to avoid, but it does give you the ability to add and remove blocks, as well as safe senders.

While we are on the topic, you should get an email, no more than daily, from quarantine@messaging.microsoft.com with Spam notification in the subject line. These are safe messages alerting you to emails that the server thinks may be unsafe and has put them on hold so that you can choose to release the message, block the sender or review the message. If you release it, the message will be delivered in a few minutes. If you block the sender, then you should not get quarantine messages for that sender in the future. If you choose to review it, a website will load and give you a lot of technical information about the email to help you decide what to do.

Thank you for all that you do for NDI,

Your IT Department



Everybody in the hospital knows this guy...you may have had him as a Bridge Building instructor or Cerner trainer, worked on a unit with him, had him watch your patient so you could take a break, or served on a committee with him. He may have interviewed you for your job or driven you and a patient to an appointment. You may have asked him for help because you were locked out of your computer. Maybe you sought his advice about dealing with a difficult situation with a co-worker. He may have arrived in the nick of time to help de-escalate an agitated patient. Perhaps you wanted a little history about why we do things the way we do, and how long we have been doing them that way. Or you just might know him best as the guy who pops his head in the door and says "Quick question..."

Regardless of your connection, you know Diondrae Rice.

Diondrae began his career as a Psychiatric Attendant at Larue Carter Hospital on 10th Street on April 15, 1996. He was 23 years old and had been raised by his grandparents in rural Georgia. (If you listen hard you can hear a little bit of that southern accent). After graduating from HS, Diondrae joined the Navy, then worked on the line in a local Indianapolis factory. He quickly discovered that factory work was not his cup of tea and was advised by a family friend that there were jobs available at a state psychiatric hospital, so he applied. Diondrae said that there were approximately 100 applicants in attendance at the first round of interviews, and they all had to take aptitude and personality type tests. He was interviewed a total of 3 times before being hired, along with only a handful of others from that first round of 100.

Diondrae has always been very open about the fact that when he started as a Psychiatric Attendant, he knew nothing about mental illness nor how to talk with patients. He thought he might stay on the job for a year, two years at the most. But thanks to the mentoring of many PAs, LPNs, and RNs at Carter, Diondrae realized that he was well suited to work with patients with mental illnesses. He also developed a love for the work, even though it could be challenging, confusing, emotionally draining, and sometimes dangerous.

Diondrae was hired to work the evening shift, and for several years he was the youngest and least experienced member of his crew. Many of his co-workers had worked for the state at Larue Carter or Central State Hospital for 10, 20, or even 30 years. They took Diondrae under their collective wings and shared their knowledge and observations; they helped this young man grow into a strong and compassionate caregiver, as well as a team member that they could count on. As they moved on or retired, Diondrae stepped into the role of mentoring new and less experienced employees.

Diondrae worked on Unit 3A at Carter on the evening shift throughout his career as a PA; the job title was changed to Behavioral Health Recovery Attendant in 2010, but the duties remained the same. Diondrae continued to exhibit the excellent observational and communication skills that we are all familiar with, and he developed a reputation as someone who could be counted on in a crisis.

In 2015 Diondrae was promoted to the newly created job of BHRA Supervisor. He had to learn new job responsibilities including time entry and overseeing and evaluating the performance of employees who reported directly to him. Since he was the first person in this position, he has also been responsible for training subsequent BHRA Supervisors and made him one of the first Cerner Super Users and trainers.

Diondrae joined the Nursing Education Department in August of 2019, remaining a BHRA Supervisor and taking on the additional duties of BHRA Educator. He greets classes of new employees with enthusiasm and shares strategies from his own experience that help prepare them to work with the challenging population of patients at NDI. Diondrae has a curious mind, so he seeks out new materials and methods of teaching to keep things up to date and interesting.

Diondrae has been a Bridge Building instructor for many years, and he has been named instructor of the year several times. This is an award voted on by the other BB instructors who enjoy teaching with him. They recognize his natural ability to connect with and understand how best to teach those in the class, regardless of their previous knowledge and skill level. He has also been a Certified Nursing Assistant since 2002.

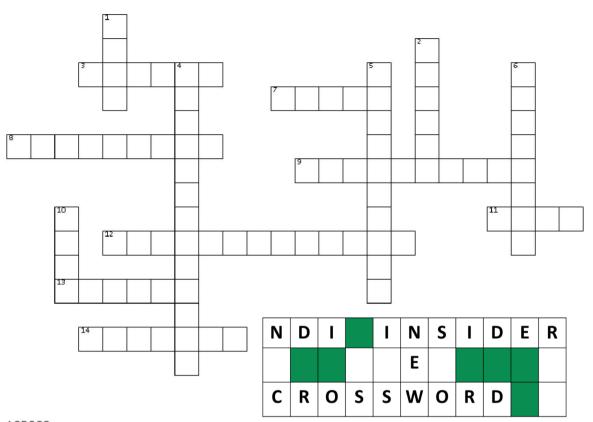
We are so fortunate to have had Diondrae working at Larue Carter/NDI for the past 25 years. He has touched the lives of hundreds of patients and co-workers as a caregiver, mentor, and friend.

Thank you for your hard work and dedication!



APRIL BIRTHDAYS

Arthur Gentry	2
Raymond Gregory	3
Kelvin Graham	4
Alan Faulkner	7
Jaela Bates	8
Inetta Murray	10
Ashley Cummings	12
Brandon Spratt	13
Tangela Edwards	14
Latisha Armon	24
Rene Grays	29
Bernadeth Maiesky	30



ACROSS

- 3. Dustin Hoffman's character lives with what disorder in Rain Man?
- 7. How much more likely men are to have substance abuse disorders
- 8. 18th century British term for indigestion
- 9. Number of parking space in front lot
- 11. How much more likely are women to experience some type of eating disorder than men? ____Times more likely
- 12. The fear of belly buttons
- 13. AWOL or Missing
- 14. 2nd leading cause of death among people ages 15-34 in the United States.

DOWN

- 1. Deposition of salts of uric acid in the body
- 2. Psychologist who established "genetic epistemology"
- 4. The illness that befell John Nash
- 5. Leading cause of disability worldwide
- $\,$ 6. Coined in the 1940's and previously thought to be induced by animal magnetism
- 10. Number of available spaces for staff in the front parking lot





Welcome Glad you're here!

New Staff from March Orientation

Latisha Armon BHRA

Yesenia Beltran BHRA

Caressa Bridgeman RN

Taylor Franklin BHRA

Osatohanmwen "Benita" Obasuyi BHRA

Vaysha Owens BHRA

Margaret Parry BHRA

Andreia Scott BHRA

Jennifer Seeley BHRA

Khalila Stubberfield BHRA



CERTIFICATES OF EXCELLENCE MARCH 2021

Ahmed Adedokun	Debo Adebotan	Bamidele Adejala	Toheeb Aderemi
Opeyemi Adeyonu	Olatunji Akingbulire	Taye Akinkuehinmi	Kim Arnold
Kelsey Balson (2)	Cathy Burnett	Annya Castillo	Pamela Conover
Tiara Crittenden	Ashley Crowe (2)	Sarah Deskins (3)	Scott Donaldson (2)
Steve Dykstra	Ifeanyi Emele	Aryona Fairrow	Alan Faulkner
Bridget Gaines	Kelvin Graham	Krubo Gurley	Bridget Idahosa
Terrie Inman (2)	Lisa Jacobs	Jo Ellen King	Kathleen Kleckner
Carl (Dan) Knapp	Angela Lakes	Amy Low	Bernadeth Majesky
Julie Miller	Cheryl Moore	Patricia Rainey	Diondrae Rice
Charity Sample	Ramona Scaggs	Tori Selznick	Keith Terrell
${\it MatthewThompson}$	Vicky Tucker	Nyen-Nyen Volawuo	Sibyl Webster
Donna Westell (2)	Michele Wood	Misty Zimmerman	