

# NDI Insider

The newsletter of Indiana's

**NeuroDiagnostic Institute**  
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana | [www.in.gov/fssa/dmha/2935.htm](http://www.in.gov/fssa/dmha/2935.htm) | Vol. 6, Issue 2, February 2022



## FEBRUARY EMPLOYEES OF THE MONTH

**HERE ARE THE RAVE REVIEWS ABOUT THIS MONTH'S STAR PERFORMERS**

**Our NDI Nursing Night Shift Star of the Month is**

**Mobolanle "Bola" Adegunle**

"Able to build trust amongst staff and willing to be a bridge between staff and patients"

**Our NDI Nursing Day Shift Star of the Month is**

**Rebecca Altop**

"Calm and collected. Best thing to happen to teen girls. These teens are blessed to have her"

**Our NDI Non-Nursing Star of the Month is**

**Rachel Pattison**

"Rachel goes above and beyond for her patients. When we are short staffed, Rachel helps with the patients. She always finds ways to make things work out, so the patients are happy. The donation of the fuzzy socks was Rachel's idea. She found ways to do some of the patient's nails without polish"

**IN RECOGNITION OF THIS HONOR, OUR STARS OF THE MONTH ARE ENTITLED TO PARK IN THE NDI SURFACE LOT THROUGHOUT THE MONTH OF FEBRUARY**

The following NDI employees were also nominated: **Karen Hudson, Thomas Scott Ball, Amanda Batson, Doreen Burner, Robert Feczko, and Sunny Moseby**

Congratulations to all who were nominated, and a GREAT BIG THANK YOU from the Employee Recognition Committee to all of you who took the time to nominate one of your peers. It is a very thoughtful thank you for great teamwork!

*The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.*

## NDI DASHBOARD – FEBRUARY 2022

### Bridge Building Refreshers

2/2/22 DAY SHIFT  
2/16/22 DAY SHIFT  
2/16/22 NIGHT SHIFT  
2/23/22 DAY SHIFT

### CPR Refreshers

2/1/22  
&  
2/22/22

### General Orientation

2/7/22-2/11/22

### CENSUS

- Adult-45
- Youth-12
- Damar-5
- Total-62

### JANUARY ADMISSIONS

- Adult-10
- Youth-0
- Damar-1
- Total-11

### JANUARY DISCHARGES

- Adult-10
- Youth-3
- Damar-1
- Total-14



# JANUARY



## CERTIFICATES OF EXCELLENCE

Adefisayo “Simeon” Adehinmoye

Lena Allison (2)

Kelsey Balson

Ebony Barron (2)

Sandhya Bhonde (2)

Darryl Bledsoe

Jason Brown

Robert Feczko

Bridget Gaines

Jasmine Gordon

Marc Gordon

Barbara Haase

Chelsea Hardin

Amber Hooker

Keelyn Hughes

Megan Ingabe

Shanelle Justice

Chris Kerl

Lula Marshall

Adrienne Nance

Adesuwa Omorogbe

Brittany Paradiso

Debra Teagle (2)

Matt Thompson

Aubree Walker

Michele Wood

Anyone can nominate a fellow employee for a Certificate of Excellence. **Be sure to include the following information:** Name of recipient, recipient’s supervisor, brief statement of why you wish to recognize your colleague. The Employee Recognition Committee (ERC) is responsible for the administration of NDI’s Certificate of Excellence awards. All recommendations should be sent to Lisa Canada ([Lisa.Canada@fssa.IN.gov](mailto:Lisa.Canada@fssa.IN.gov)) or to the new NDI ERC email box ([ERCNDI@fssa.in.gov](mailto:ERCNDI@fssa.in.gov))

**NDI WILL BE OFFERING MODERNA COVID VACCINE ON 2/10/22  
IN THE CLINIC AT THE FOLLOWING TIMES**

**9AM-11AM**

**1PM-3PM**

**5:30PM-7:30PM**

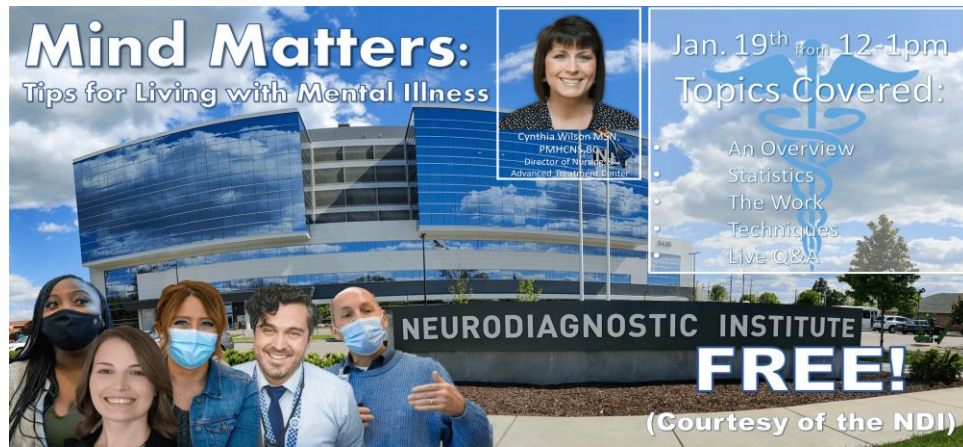
**PLEASE CALL OR EMAIL LORI GIBSON AT EXT 4072 OR EMAIL  
[lori.gibson@fssa.in.gov](mailto:lori.gibson@fssa.in.gov) if you are interested**



**This is for staff members who are wanting to start the vaccine series or get their booster. For the booster vaccine, it must be at least 5 month after the primary dose of Pfizer or Moderna has been completed, or 2 months after the Janssen vaccine**

**PLEASE BRING VACCINE CARD AND COMPLETED FORMS WITH YOU TO THE CLINIC**

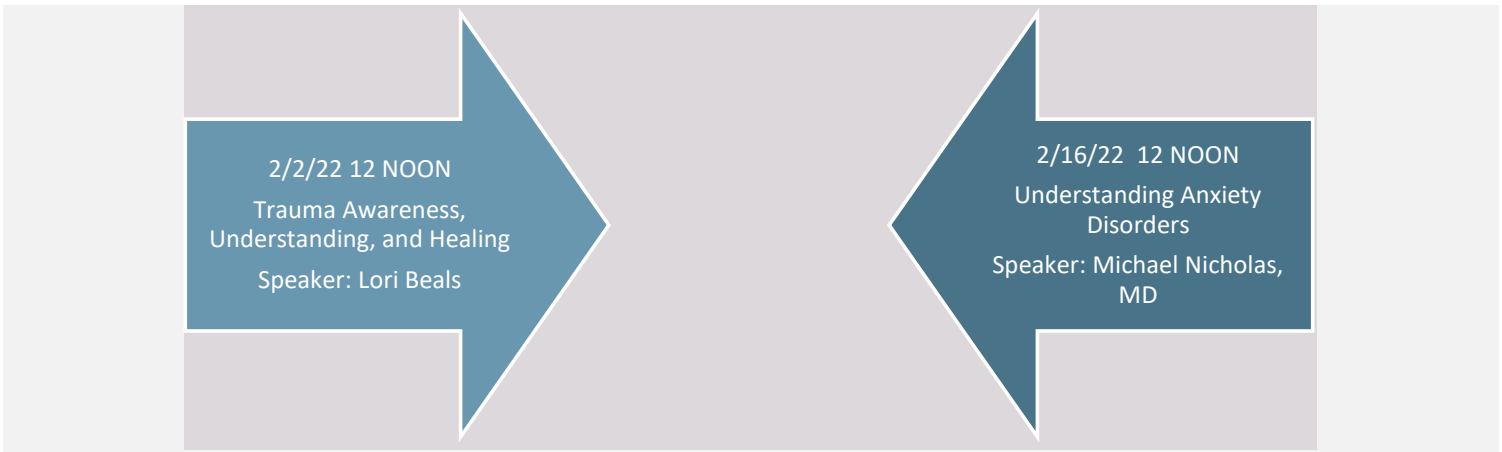




NDI's latest community outreach comes to us in the form of 12 educational webinars. These short, content-filled webinars take place on **Wednesdays at noon** every two weeks.

Each Webinar runs under 30 minutes with time allotted for a live Q and A, perfect for any lunch-time learners. They are also free to the public.

### The February Mind Matters webinars are



### Upcoming webinars in March are

3/2/22: Understanding Major Depression  
Speaker: Dr. Kikuko Campbell

3/16/22 Understanding Schizophrenia  
Speaker: Anjum Ara, MD

Cindy Wilson, Director of Nursing and the Advanced Treatment Center, presented on the topic of Tips for Living with Mental Illness on 1/19/22.

All previous Mind Matters presentations can be found here: [L:\Video Work\Mind Matters](#)

Tell your friends, share the registration link below, and join on us for upcoming Mind Matters presentations!

<https://www.eventbrite.com/e/mind-matters-trauma-informed-care-101-tickets-181371094827>

Questions? Contact NDI's Education Community Liaison Director Justin McAfee via Vocera or email [justin.mcafee@fssa.in.gov](mailto:justin.mcafee@fssa.in.gov). You can also stop by his desk, administration hallway W125.



## RECREATIONAL THERAPY MONTH

by Jenny Weber, CTRS, Rehab Director

We are very excited about celebrating Recreational Therapy Month with you all. The American Therapeutic Recreation Association (ATRA) defines recreation therapy as, “a systematic process that utilizes recreation and other activity-based interventions to address the assessed needs of individuals with illnesses and/or disabling conditions, as a means to psychological and physical health, recovery and well-being.”

Because recreation therapy is evidence-based and goal oriented, here at NDI, we assess all patients and create individualized goals based on their reason for admission and what skills they need to build to be successful. Some of the specific goals we work towards with patients include:

- Help patients to regain their confidence
- Improve frustration tolerance and build social skills
- Provide appropriate outlets for reducing stress and agitation

The most common way for us to provide activity interventions is through specific recreation and leisure-based groups that we provide for our patients:

For the adults, we provide various groups depending on what the need is of our patients. One group we do is POUND which helps with mood and reduces stress and anxiety. We also provide Calm Movements which helps reduce anxiety, increases flexibility and strength. We also offer groups such as Mindfulness, Creative Dramatics, Safe Weights, Leisure Education, Feelings, Whole Health, Women’s Group and more to educate and help our patients learn with activity-based groups. Our hope is that patients will find more healthy coping mechanisms and leisure interests they can turn to while they are in the community.

On the youth side, we provide a more sport-oriented group, called Sports and Leisure, where we use different sports and activities to improve frustration tolerance and model appropriate peer interactions. We also provide several different Recreation for Leisure groups, offering different types of activities - such as video games, open gym, Pokeno and more! During these groups we utilize activities to help improve impulse control, improve ability to handle agitation and demonstrate appropriate behaviors in different social settings.

Overall, we try to empower our patients to integrate back to the community. We focus on increasing social skills, leisure interests, and communication skills to help our patients thrive when they discharge!



by Chris Kerl

**Staff Development Director**

Did you know that there are 2 different E-learning portals? Success Factors, which most are familiar with, and FSSA ELMS.

The FSSA ELMS portal is for required trainings that FSSA sends out, and the link to the log in page is <https://www.inspiredlms.com/admin/login>. You will receive an email from FSSA Training advising you that you have a required training.

Success Factors is how NDI Staff development, IOT, and SPD send trainings to staff. The link to Success Factors is <https://successfactors.in.gov> and there is also a link on “The Hub.”

So, to clear up any confusion, please check your state email address often and pay attention to required trainings! As always if you have questions regarding training, please contact [nditraining@fssa.in.gov](mailto:nditraining@fssa.in.gov)

## **TREATMENT MALL INFORMATIVE DISPLAY**

We are happy to share the new techno-monitor display at the Command Desk. This allows for current events, upcoming reminders, fun activities, or images to be uploaded and displayed easily. Most information will be made visible for 30 days. If you would like to submit bulletins, memos, or upcoming agendas, please submit those to Lyndsey Goble and Richard Taylor for review.

## **NEWS FROM THE EMPLOYEE RECOGNITION COMMITTEE**

**BY JEFFERY CLEARWATER**

The ERC had another decrease of nominations for this month. The ERC is going to put out more nomination forms and you can also send an email. It's a great way to appreciate your co-workers. Please submit nominations to: [ERCNDI@fssa.in.gov](mailto:ERCNDI@fssa.in.gov). The nomination form can also be found under **FSSA NDI Employee Recognition Committee**. You can add your name when nominating someone or keep it anonymous. Our next meeting is scheduled for Wednesday, February 16<sup>th</sup> at 2:30 pm. Reach out to me, Marti Coffey, Vicky Tucker, Vernell Martin or any other ERC member. We are glad to bring you in!



Mobolanle Adegunle  
Walter Baca  
Komla Bokor  
Caleb Clark  
Tyrone Davis  
Jill Dubois-Bousamra  
Matt Foster



Crystal Gordon  
Chelsea Hardin  
Christi Holford  
Kathleen Kleckner  
Leenda Lee  
Justin McAfee  
Oladipupo Oladimeji



Kiaija Oren  
Bobola Oyedeji  
Lorell Patterson  
Rachel Pattison  
Tonya Sowers  
Stacie Thomas  
Gionna Wells

## Trauma Informed Care

**Dr. Kellee Hawkins-Coleman, Clinical Director**

**Christopher Kerl, Staff Development Director**



Be on the lookout for our first of 6 Principal training sessions for the year! Staff Development, in collaboration with the ISHN hospitals, will be introducing a new principle every 2 months. It will be a short E-learning module packed full of good information! There will be due dates so please, please keep up on your Success Factor trainings!





**NDI 5 – Hospital Incident Management Team (HIMT) Organization Chart**  
Rev. 2/2021

Liaison Officer  
Public Information Officer (PIO)  
Safety Officer  
IT/Communications Technical Specialist  
Medical Technical Specialist  
Emergency Management Technical Specialist

