



# NDI Insider

The newsletter of Indiana's  
**NeuroDiagnostic Institute**  
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana | [www.in.gov/fssa/dmha/2935.htm](http://www.in.gov/fssa/dmha/2935.htm) | Vol. 6, Issue 8, August 2022



An external public tour of the ATC was conducted on July 21, 2022. NDI was honored to have FSSA Secretary Dan Rusyniak and Lieutenant Governor Suzanne Crouch attend. Please Congratulate Dr. Bethany McGovern, Cindy Wilson, Rebecca Altop, and the rest of the ATC team for the job well done!

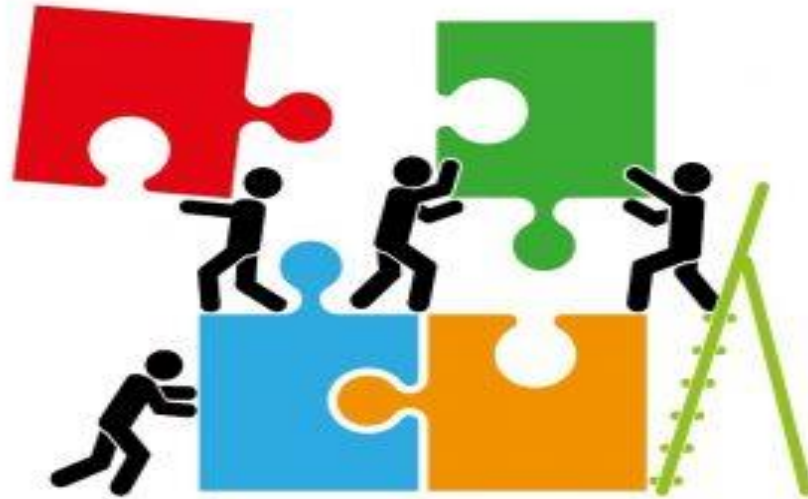
*The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.*

## TRAUMA INFORMED CARE

**Dr. Kellee Hawkins-Coleman, Clinical Director**  
**Chris Kerl, Staff Development Director**

**SAMHSA's 4<sup>th</sup> Trauma-Informed Principle**

### **Collaboration & Mutuality**



**Do you work well with others by showing them mutual respect?**

**Learn more about how you can work well with others by showing them mutual respect in SuccessFactors beginning August 1, 2022.**

## Employee of the Month

### Our NDI Non-Nursing Star of the Month is

*Justin McAfee*

Justin is always helpful and ready to take on new tasks. His positive attitude is much appreciated!

*Nominated by Tim Gaalema*

### Our NDI Nursing Day Shift Star of the Month is

*Kierra Hayes*

Kierra goes above and beyond daily to provide the care the patients need. She has excellent de-escalation skills, and she is attentive to the patients. She listens to the patients when it is needed. Kierra has been a great help to 3W since she has been on board. She has placed her physical self at risk while maintaining support in the care plan that is challenging to maintain at such times.

*Nominated by Dr. Miller and Charity Swan*

### Our NDI Nursing Night Shift Star of the Month is

*Lisa Smith*

Lisa is a mentor and an advocate for both staff and patients. Staff seek her guidance and access her wealth of experience on a daily basis. Lisa works patiently to help people learn tasks and procedures. She readily responds to requests and questions as they relate to company policy and procedure. Lisa is meticulous regarding required staff training. Her words “Thank you for your help” and “Thanks for all you do” are encouraging and bring about positive performance/outcomes. Her de-escalation technique is awesome, she is positive and personable.

*Nominated by Kayode Oladimeji Henry*

**Other NDI staff nominated for EOM:** Lisa Canada, Michael Radford, Charity Swan, Sam Rubek, Joe Perkins, and Cherry Staten.

If you would like to nominate one of your fellow employees, please submit nominations to: [ERCNDI@fssa.in.gov](mailto:ERCNDI@fssa.in.gov). The nomination form can also be found in the L drive under **FSSA NDI Employee Recognition Committee**





## CERTIFICATES OF EXCELLENCE

OLARINKE OUSESAN  
NYEN-NYEN VOLAWUO  
COLLEEN ANDREWS  
CHARITY SWAN  
KAYODE OLADIMEJI  
NICK JOHNSON  
AMEYA SAMUELS  
MARKIA GALMORE (2)  
TOHEEB ADEREMI (2)  
JEREMY KING (2)  
ASHLEY MURPHY

ABDULE ALIYU  
DEBO ADEBOTAN  
SARA BANNER  
MEGAN JACKSON  
MOBOLANLE ADEGUNLE  
AMBER HOOKER  
ABIOLA AKINDLE (3)  
DARREL HUMPHREY (2)  
DAMON WARNER (2)  
TYLER MOSES  
NDUBISI "VALENTINE" HARBOR (2)

OLATUNJI AKINGBULIRE  
KRUBO GURLEY  
KIERA HAYES  
AFOLAKE AKINYOSOYE  
LISA PASSARELLI  
LEENDA LEE (3)  
CARESSA BRIDGMAN (2)  
ASHLEY CROWE  
DIONDRAE RICE (2)  
JASON KING (2)



***Anyone can nominate a fellow employee for a Certificate of Excellence!***

**Please include:** Name of recipient, recipient's supervisor, brief statement of why you wish to recognize your colleague. All recommendations should be sent to Angelica Bateman ([Angelica.Bateman@fssa.IN.gov](mailto:Angelica.Bateman@fssa.IN.gov)) or to the new NDI ERC email box ([ERCNDI@fssa.in.gov](mailto:ERCNDI@fssa.in.gov))



Dan Knapp

Jamie Tuggle

Ashley McAdams

Robert Feczko

Kevin Bell

Ashley Murphy

Laurie Lee

Caitlin Montgomery

Afolake Akinyosoye

Bridget Idohosa

Leigh Holmes

Rebecca Bridget

Adams Akintunwa

Brittney McQuire

Marlena Pierce

Erin Clampitt

Ashley Battle

Chris Kerl

Melissa Holmes



Please make sure you check your State Email **regularly!!** Notifications about training from Success Factors, Staff Development and FSSA are sent to your State Email!! Additionally, if you are unable to attend a training you are assigned to, Please contact Staff Development at [nditraining@fssa.in.gov](mailto:nditraining@fssa.in.gov) as soon as possible to get rescheduled.



The Employee Recognition Committee served Walking Tacos on July 14, 2022.

## EMERGENCY MANAGEMENT

Do you know what to do if there is an emergency at NDI? Check out the “HUB” to review the Emergency Operation Plan!

## C.R.E.S.T. TEAM

### NDI CREST Team



CREST stands for **Care and Restoration through Emotional Stress and Trauma**. We are a Critical Incident Stress Management team for NDI. "CISM is a method of helping first responders and others who have been involved with events that leave them emotionally and/or physically affected by those incidents. CISM is a process that enables peers to help their peers understand problems that might occur after an event. This process also helps people prepare to continue to perform their services or in some cases return to a normal lifestyle."<sup>1</sup> What does this mean for you? If you have an

experience that you find stressful or traumatic, we are here to listen. If you experience an event that keeps racing through your mind, makes it difficult to come to work, or causes heightened emotions for you, we are here to offer support. CISM teams offer structured support to individuals and groups who have experienced a crisis. Contact us on Vocera.

<sup>1</sup> What is Critical Incident Stress Management. <https://icisf.directfrompublisher.com/content/about-us>  
Accessed July 27, 2022.



## Chaplain Op-Ed

Chaplain Fred



I have wondered what I might say to offer encouragement, stress relief, and support for each of our staff. What might I share that speaks to the heart of where each of us live at this time?

At various times this year I have shared short pieces about kindness, which is different from being nice. A nice person is polite, considerate, and certainly can display kindness, however kindness towards another is an offering from the heart. In displaying kindness to others, a person shares authentically from the soul. We certainly could use

some kindness right now. Years ago, I bought a little book entitled, *Random Acts of Kindness* which shared helpful ways to do good things for others. They have a website that you can browse for ideas.

<https://www.randomactsofkindness.org/>

So, what might I say to share hope and a feeling of encouragement with you without preaching? Maybe, that in the words of Henri Nouwen, you are the beloved. You are the one who models generosity, peace, and goodness, in addition to being the reflection of love. You are the beloved and you bring blessing into this world with every breath you take.

In moments of fear and great uncertainty the way back home to a place of safety and rest is found in our heart. In pastoral care we talk about, 'care of soul' through a ministry of presence with others. Care of soul is not a magical event nor is it a once and for all technique or new habit. Care of soul is a daily practice of learning to be kind to self so that we might be kind to others. Care of soul is taking time to be still and listen to our heart and the world around us. Silence can be refreshing. I remind you that you are the beloved and encourage you to take some time daily to be still and nourish your heart.





**There will be a Lunch and Learn presentation by a Butler University Pharmacy Student on 8/19/22 at 12:00 in the conference center, topic TBD.**

**Previous topics were “Mood Stabilizers” and “Antipsychotic Side Effects” and “PTSD Treatment and Trauma Informed Care.”**

**Bring your lunch and up your knowledge game!**