



Division of
Mental Health
and Addictions.

"People helping
people help
themselves."

THE SPECTRUM

LOGANSPORT STATE HOSPITAL

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My Life Outside of Logansport State Hospital...

by Jessica James, Rehab. Therapist 4, Fulltime Wife, and Cat Mom.



I joined my fire department January of 2020. I trained with my department and had some experience in tackling fires, but I did not go through Fire 1 and Fire 2 until the summer of 2020. I wanted to become a firefighter because I was already an EMT and wanted to expand my skills. I manage work and firefighting by having fire trainings on Monday nights and having my late day the next day. Since I work during the day, I do miss a lot of medical and fire runs. However, we do have medical, and fire runs at night and on the weekends. I plan on going back to school in the Fall to get my master's in social work. I plan on doing an online, three-year program so I can manage firefighting and working fulltime.

Jessica James left as
Rehab Therapist 4

Jessica James below as
Firefighter

If you would like to be spotlighted in one of the upcoming Spectrums and want to share your busy life outside of your regular work duties or even your busy family life in the new "My Life Outside of Logansport State Hospital" article that will featuring our own LSH Family employees. Please email Darrin Monroe at darrin.monroe@fssa.in.gov

I thought this would be great way of getting to know each other better. I would love to read about the extra job(s) that you do, the role that you play at home (wife/husband/partner/Father/Mother), whether you are going to school, or you volunteer to an agency or company or involvement in the community or organization. You're an asset, no more hiding, tell us about your life outside of LSH!





From the Interim Superintendent's desk...

Administrative Professionals Day

This year, Administrative Professionals Day fell on Wednesday, April 21st. At LSH, the role of the Administrative Professional is incredibly important and deserving of special recognition. All of you help with countless tasks that are not always recognized by others but are important to the functions of the hospital. On behalf of the hospital, I want to extend my thanks to the work that you do here daily.

National Nurses Day/Week

National Nurses Week is celebrated annually from May 6th (National Nurses Day) through May 12th, the birthday of Florence Nightingale, the founder of modern nursing. I would like to acknowledge the level of expertise and the depth of empathy that each nurse at LSH brings to his or her job, and to recognize the vast contributions and positive impact that nurses make to the care of our patients each and every day. I appreciate the dedication of the nursing department and encourage all staff members to take a moment to show your appreciation by offering your sincere thanks to our nurses for their commitment, dedication, compassion, and consummate professionalism.

Sincerely,

Dr. Danny Meadows, Medical Director/Interim Superintendent

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The Spectrum is published and distributed on the second payday of each month for employees, retirees, and friends of Logansport State Hospital.

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POLICY UPDATES

The following LSH policies were reviewed/updated in February (All Staff are to read all changed Policies)

- ▶ **A-52 Patient Rights and Responsibilities** – Added line item #4 in the **“Patient Rights as stated in the Pamphlet”** section (required by Joint Commission); Added **“Conditional Rights Review Form”** in the Reference section
- ▶ **C-37 Psychiatry Residents** – The word *Psychiatric* was changed to *Psychiatry* throughout document; other minor language changes were made that do not change the overall intent of the policy.
- ▶ **A-51 Reporting and Review of Contact Intentional Between Patients and Patient Incidents of Significant Injury** - No changes
- ▶ **F-8 Fiscal Management, Consumer’s Recreation Fund** – Amended to require approval for expenditures by both the Superintendent and Director of Rehabilitation. Committee member titles were corrected.
- ▶ **F-9 Segregation of Duties** – Corrected titles throughout document. Clarified procedures.

There were no policies updated in March.

LSH Policies referenced can be found on the LSH intranet site in PolicyStat by following these steps:

- Go to LSH intranet home page
- Click on **“Hospital Policies (PolicyStat)”** button-top center of home page outlined in green
- PolicyStat User Name is your state email address
- Once in PolicyStat, use the search bar to find policies by number, name or key word
- To find FSSA, DMHA, and other SPH policies, click on **“change location”** in the blue bar at the top of the page

The following LSH policies were reviewed/updated in April (All Staff are to read all changed Policies)

- ▶ **A-43 Visitation of Patients** – Visitation for LSH held daily from 2:00 pm to 4:00 pm. 24 Hour notice required for both units.
- ▶ **F-3 Medical Services – Payment by Third Party Representative** – No Changes
- ▶ **F-4 Acceptance of Money and Valuables** – No Changes

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- Click on **“Hospital Policies (PolicyStat)”** button-top center of home page outlined in green
- PolicyStat User Name is your state email address
- Once in PolicyStat, use the search bar to find policies by number, name or key word
- To find FSSA, DMHA, and other SPH policies, click on **“change location”** in the blue bar at the top of the page

Policies available on PolicyStat are the current and official policies.



Mental Health Awareness Month!

May is Mental Health Awareness

Month. Celebrated nationally since 1949, organizations across America join together to work during this time to focus the public's attention onto mental health conditions and issues.

At Logansport State Hospital, our specialty is working with individuals who exhibit behaviors that require higher levels of security and structure to successfully treat. While a small percentage of people need our specialized services here, LSH shares with all providers of mental health services a commitment to help others manage their disorders so they may lead productive lives.

Throughout the month, the Community Engagement office of LSH will share information about Mental Health Awareness Month issues activities around the community, the State of Indiana, and the nation.

First up is a summary of legislation recently passed by the Indiana General Assembly this year that deals with mental health issues. The summary is courtesy of Mental Health America of Indiana.

Indiana General Assembly Mental Health Legislation 2021
House Enrolled Acts:

House Enrolled Act 1001:

The Budget Bill, **HB 1001** as introduced, originally made over \$26M in cuts for the biennium to mental health and addiction services. Those cuts would have severely and negatively impacted the behavioral health service delivery system in Indiana. Thanks to the strong advocacy effort by MHA and other mental health and addiction advocates, key legislators, and state leadership, the **Indiana General Assembly restored ALL of the introduced cuts--including full restoration for Recovery Works!** In addition, **HEA 1001** appropriates an additional \$100M over the biennium

to fund mental health initiatives! Mental Health America of Indiana would like to sincerely thank all the legislators who worked so hard on the mental health portion of the budget.

This Session saw passage of other significant MHA legislative priorities as well! In addition to the mental health line items referenced above, the Budget Bill (HEA 1001) also fully funds the work the Drug Czar at \$10M for the biennium, appropriates \$100M in federal Rescue funds to FSSA for mental health and another \$50M to DOH for the Health Grants of **HEA 1007**, and creates a fund for the Opioid Settlement for the prevention, education, and treatment of OUD and co-occurring SUD and mental health.

House Enrolled Act 1468:

HEA 1468, 988 Crisis Response, will create the foundation for Indiana's crisis intervention and stabilization infrastructure through 988 as well as other critical mental health and addiction provisions, as it was amended to include HB 1467 which had died in the Senate. HB 1467 included critical CMHC language regarding reimbursement and administrative changes to promote efficiency. It also updated Addiction Counselor requirements. **HEA 1468** w as a MHA priority and is in response to the federal legislation creating 988 and would create a structure for a behavioral health crisis response, using a community-based partnership between law enforcement, first responders, hospitals, mental health and substance use professionals, and other community-based entities. The point of entry includes the utilization of call centers, mobile crisis outreach services, sub-acute stabilization centers, peers, and treatment providers. This will reduce the need for acute care and hospital Emergency Department visits, substantially decreasing the burden of traditional responders and significantly cutting the costs of care that is often not appropriate for this service need.

House Enrolled Act 1225/ OTPs:

HEA 1225, OTPs extends the period for OTP take-homes without prior authorization. Currently, the Division of

Mental Health and Addiction must approve extensions from 7 to 14 days, creating an administrative burden. **HEA 1203**, among other things, extends the Syringe exchange program.

House Enrolled Act 1127:

HEA 1127, Recovery Works permits use of Recovery Works reimbursement for Competency Restoration, Recovery Residences, and Recovery Community organizations. This will be additional tool to move individuals from incarceration to treatment when clinically appropriate.

Senate Enrolled Acts:

Senate Enrolled Act 82:

HEA 82, Mental Health Diagnosis, permits masters level licensed professionals (LCSW, LCAC, LMHC, LMFT) to diagnose mental health disorders. This is a long time in coming and will enhance workforce expertise and productivity. As a result of this bill, over 10,000 clinicians will now be able to diagnose mental health conditions. With 74 or the 92 counties considered mental health professional shortage areas and 70% of the counties in Indiana currently having insufficient or no access to psychiatrists, this bill will increase the number of clinicians who can diagnose and provide treatment in a timely way.

Senate Enrolled Act 3:

SEA 3, Telehealth, continues many of the telehealth provisions made possible through the Governor's Executive Order during the Pandemic including use of video and audio communication. This is a critical bill for behavioral health treatment, one of the highest utilizers of the telehealth option.

Senate Enrolled Act 1/ House Enrolled Act 1002:

SEA 1 and HEA 1002, COVID Liability provides protection for COVID related liability to businesses and health care providers, respectfully.

Screens provide evidence of the pandemic-related mental health crisis

Although we at LSH work in the mental health field, none of us were immune to the effects of the coronavirus pandemic on our own mental health:

- Real and constant concerns about contracting the disease.
- Having children at home while schools were closed.
- Being isolated from elderly family members.
- Constant changes in work protocols as new information about the virus was discovered.
- Overtime work due to people leaving employment during the pandemic and not enough people wanting to enter the healthcare field.

Mental Health America offers free screenings online. You can find 10 screens--for depression, anxiety, PTSD and other conditions--here: <https://screening.mhanational.org/screening-tools/>

Over 1.5 million people took a Mental Health America screen between January and September 2020. This period represents the beginning to middle of the pandemic, prior to the arrival of vaccines. The results of these screens point to the pandemic's significant impact on Americans:

- **The number of people looking for help with anxiety and depression has skyrocketed.** From January to September 2020, 315,220 people took MHA's anxiety screen, a 93 percent increase over the 2019 total number of anxiety screens. 534,784 people took the depression screen, a 62 percent increase over the 2019 total number of depression screens.

- **The number of people screening with moderate to severe symptoms of depression and anxiety has continued to increase throughout 2020** and remains higher than rates prior to COVID-19. In September 2020, the rate of moderate to severe anxiety peaked, with over 8 in 10 people who took an anxiety screen scoring with moderate to severe symptoms. Over 8

in 10 people who took a depression screen have scored with symptoms of moderate to severe depression consistently since the beginning of the pandemic in March 2020.

- **More people are reporting frequent thoughts of suicide and self-harm than have ever been recorded in the MHA Screening program since its launch in 2014.** Since the COVID-19 pandemic began to spread rapidly in March 2020, over 178,000 people have reported frequent suicidal ideation. 37 percent of people reported having thoughts of suicide more than half or nearly every day in September 2020.

- **Young people are struggling most with their mental health.** The proportion of youth ages 11-17 who accessed screening was 9 percent higher than the average in 2019. Not only are the number of youth searching for help with their mental health increasing, but throughout the COVID-19 pandemic youth ages 11-17 have been more likely than any other age group to score for moderate to severe symptoms of anxiety and depression.

- **Rates of suicidal ideation are highest among youth, especially LGBTQ+ youth.** In September 2020, over half of 11-17-year-olds reported having thoughts of suicide or self-harm more than half or nearly every day of the previous two weeks. From January to September 2020, 77,470 youth reported experiencing frequent suicidal ideation, including 27,980 LGBTQ+ youth.

People screening at risk for mental health conditions are struggling most with loneliness or isolation. From April to September 2020, among people who screened with moderate to severe symptoms of anxiety or depression, 70 percent reported that one of the top three things contributing to their mental health concerns was loneliness or isolation.

Mike Busch

Director, Community Engagement
Logansport State Hospital
Individuals charged with crimes have rights, but a person impaired by mental illness or an intellectual disability may not be able to use those rights. To be competent to stand trial, a person must have an understanding their charges

What is the Big Deal about Competency to Stand Trial?

By

Dr. Douglas Morris

and their legal situation. A person also must be able to work with their attorney. If a person cannot do these things, it is hard for them to have a fair trial.

Those who are not competent to stand trial typically undergo competency restoration so that they can work with their attorneys and continue their proceedings.

Competency restoration services are increasingly important throughout the country. A recent survey of 50 states and the District of Columbia indicated a national 76 percent increase in the number of forensic patients in state hospitals from 1999 to 2014. For the many states experiencing increases, this rise was primarily due to the increase in patients deemed incompetent to stand trial and referred for competence restoration.

When forensic professionals across the country think of competency restoration, Indiana often comes to mind. That is because of a famous 1972 U.S. Supreme Court case, *Jackson v. Indiana*. Theon Jackson was an intellectually disabled, deaf, mute man charged with stealing \$9.00 worth of property. Although there was little chance that he would ever be competent to stand trial, he was committed to the Indiana Department of Mental Health until he was "sane." Mr. Jackson's attorneys appealed, arguing that this amounted to a life sentence without his ever having been convicted of a crime.

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Mental Health Awareness!

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The U.S. Supreme Court agreed that this was not right and said that an incompetent defendant “cannot be held more than a reasonable period of time necessary to determine if there is a substantial probability that he will attain competency in the foreseeable future.”

This case set a national standard that individuals cannot be hospitalized indefinitely just because they are not competent to stand trial, and states throughout the nation changed their laws to comply with this decision. Since this decision, now nearly 50 years ago, states continue to try to better understand how to restore individuals to competence.

Because this case was from Indiana, it is fitting that research at Logansport State Hospital has helped this understanding.

Living with mental illness is difficult. It is even more difficult to deal both with mental illness and legal charges. While we still do not have all the answers for how to best treat every individual with these difficulties, we are always working toward helping each of our patients work toward recovery and meaningful lives beyond hospitals and the legal system.

As Mental Health Awareness Month approaches its 2021 conclusion, it's worth noting that Logansport State Hospital will celebrate its 133rd “birthday” in a few weeks. For one and one-third century, individuals suffering from mental illnesses have sought treatment right here on these grounds. And the staff of LSH has responded with compassionate care.

Each of us at LSH need only to take a walk through the Longcliff Museum to understand how much has changed in the way individuals are treated today. Scientific research into disorders of the brain have advanced our understanding of, and treatment for, these illnesses to a degree unimaginable a hundred years ago. And as research continues, more changes will come, and our treatment methods will again improve.

One such improvement is currently underway among the six psychiatric hospitals operated by the State of Indiana, including Logansport State Hospital.

Trauma-Informed Care is a treatment model that assumes a patient is likely to have experienced trauma in their past. It's believed that 90% of patients in public psychiatric care facilities have experienced some form of trauma. Of the 220+ million Americans who have experienced a traumatic event, 20% of them have developed PTSD. Trauma reduces one's ability to function in everyday life, and leads to feeling helpless, afraid, and anxious.

By **REALIZING** the prevalence of trauma, **RECOGNIZING** trauma's signs and symptoms, **RESPONDING** by integrating knowledge and research about trauma into treatment programs, and **RESISTING** the repetition of trauma in treatment, we will provide a more effective pathway to recovery and independence for our patients.

Implementing new methods of how we treat patients IS exciting. *This is what we do here:* by using all of the tools available to us—research, proven best-practices, new understandings of the causes and treatments of illnesses—we can increase our effectiveness in treating our patients. And doing it with enthusiasm, and with renewed optimism for quicker success—well, *that's who we are.*

<https://www.in.gov/fssa/dmha/state-psychiatric-hospitals/trauma-informed-care-model/>

Mike Busch
Director, Community Engagement
Logansport State Hospital



TRAUMA-INFORMED CARE

Logansport State Hospital is known throughout the Midwest, and research at LSH is known nationally. By performing excellent patient care, the staff at LSH continue to both help our patients and help others around the country understand more about how to help patients gain competence.

National Nurses Day/Week!

May 6th is the day set aside to recognize nurses nationwide. I want to thank our nurses at Logansport State Hospital for the advocacy, care and compassion they provide to our patients every day. Nurses are instrumental in providing quality care that is delivered at our hospital. This past year has certainly been full of challenges. I am proud of the commitment and professionalism our nurses continue to role model during this changing healthcare landscape. I encourage all staff to take a moment today to say thank you to our team of nurses at LSH. We could not do it without them!

Sincerely,



Dawn M. Sell, MSN, RN Director of Nursing

Wellness Wellness



Wisdom Committee

Start your journey to
better health & earn a
**2022 PREMIUM
DISCOUNT**
Complete one activity by Sept. 30



GET STARTED!

There is still time to earn a discount through health coaching or online education.

These activities take up to **12 weeks** to complete, so **get started today!**

Reminder: Employees & covered spouses must each complete one activity.



**Complete four health
coaching sessions**
(in person or by phone).



**Reach Level 5
(9,000 hearts)**
in online education.

→ **Call** (855) 202-4219, or **log in** to ActiveHealth, www.myactivehealth.com/StateofIndiana.

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Already started? KEEP GOING!

In addition to the health coaching and online education activity options, you can earn your 2021 premium discount by continuing to track your steps or activity. Note: You must have started work on the steps or activity options by March 15 to complete the requirements by the Sept. 30 deadline.



Meet the goal of 10,000 daily steps or 30 minutes of physical activity through a synced device on at least 200 separate days.

Find out more about your benefits

Visit InvestInYourHealthIndiana.com

Call the Indiana State Personnel Department
Benefits Hotline: (877) 248-0007 (toll-free)

Email SPDBenefits@spd.in.gov

Schedule a health coaching session

Call ActiveHealth (855) 202-4219

Log in to your account

www.myactivehealth.com/stateofindiana



Protect yourself and others! Make an appointment to receive your COVID-19 vaccine today

Getting vaccinated is the best way to protect yourself – and others—from the spread of infectious diseases, including [COVID-19](#).

Read on to find out why getting vaccinated is important, how to sign up, and how to find a clinic near you.

On-site COVID-19 vaccine clinic starts Thursday

Did you know? State of Indiana employees can now sign up for the

on-site COVID-19 vaccination clinic facilitated by the [Indiana Government Center Clinic by Marathon Health](#) taking place April 29 and 30.

Appointments are available by clicking on the unique email that recently was sent to your email address listed in PeopleSoft or by calling 317-232-1167. The on-site vaccine clinics take place from 8:30 a.m. to 4:30 p.m. Thursday, April 29 and Friday, April 30 in the Indiana Government Center-South Atrium.

Why should I get the COVID-19 vaccine?

Getting vaccinated can help prevent you from contracting COVID-19, which also protects those around you.

COVID-19 vaccines are safe and were shown in clinical trials to be effective in preventing COVID-19 infections in participants. Side effects are usually mild.

“Getting vaccinated is the best way to protect yourself and those you care about from COVID-19,” said State Health Commissioner Kris Box, M.D., FACOG. “The vaccines are safe and effective, and I encourage every state employee who hasn’t yet done so to get the vaccine as soon as possible, no matter the location.”

The vaccines were approved for emergency use by the FDA.

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To receive this approval, the vaccines must have been shown to be safe and effective.

According to the [Centers for Disease Control and Prevention](#) (CDC), nearly 141 million people in the United States have received at least one dose of the COVID-19 vaccine, and almost 96 million people are fully vaccinated.

Still have questions? Check out [this FAQ](#) from the Indiana Department of Health, and click [here](#) for an in-depth look at what to expect when you get your COVID-19 vaccine.

Where can I get the vaccine and how else can I make an appointment?

There are now more than 700 COVID-19 vaccination clinics available throughout the state of Indiana, and anyone age 16 or over is eligible to receive the vaccine.

You can find a vaccination clinic near you by visiting <https://experience.arcgis.com/experience/24159814f1dd4f69b6c22e7e87bca65b>.

Signing up is easy and takes only a few minutes!

In addition to the on-site vaccination clinic in Indiana Government Center-South, state employees may also visit a [CVS MinuteClinic](#) and schedule an appointment for a COVID-19 vaccine in [select stores](#).

Learn more

Many helpful online COVID-19 resources can be found through the [Indiana State Department of Health](#). Hear testimonials from fellow Hoosiers who have received the vaccine and get answers to all of your questions.

The CDC released updated guidelines for those individuals fully vaccinated against COVID-19.

- If you are fully vaccinated, you can start doing many things that you had stopped doing because of the pandemic.
- When choosing safer activities, consider how COVID-19 is spreading in your community, the number of people participating in the activity, and the location of the activity.

- Outdoor visits and activities are safer than indoor activities, and fully vaccinated people can participate in some indoor events safely, without much risk.

If you haven't been vaccinated yet, [find a vaccine](#).

These guidelines are *not* intended for healthcare settings.

In general, people are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.

If you do not meet these requirements, you are NOT fully vaccinated. Keep taking all precautions until you are fully vaccinated.

If you have a condition or are taking medications that weaken your immune system, you may NOT be fully protected even if you are fully vaccinated. Talk to your healthcare provider. Even after vaccination, you may need to continue taking all precautions.



LSH Summer Blood Drive

June 30, 2021

9:00 a.m.--3:00 p.m.

LSH Conference Center

We are one of the Red Cross' BEST donation sites! Let's keep our proud tradition going!

For an appointment, please email Paula Green Scheffer or Mike Busch in the Community Engagement Office.

Share the vibe. Give blood to help save lives.

Download the Blood Donor App | [RedCrossBlood.org](#) | Call 1-800-RED CROSS

© The American National Blood Foundation

Information Is Power: Get Stronger with Free Access to LinkedIn Learning!

When we empower and enable State of Indiana employees to be the best version of themselves, we improve government service for all Hoosiers. Studies confirm that encouraging professional development decreases turnover and increases employee satisfaction and ensuring equal access to these opportunities is critical. For these reasons and more, I'm excited to announce the rollout of LinkedIn Learning as a professional development benefit for state employees!

LinkedIn Learning provides thousands of professional development courses available 24/7 with unlimited access. Choose from more than 13,000 expert-led, online courses and video tutorials covering a huge variety of subjects including business, technology, and creative topics. The content can be accessed without the requirement of a LinkedIn account (a new development we learned last week!).

This is an amazing opportunity for employees to pursue further professional and personal development, and I encourage you to take full advantage of this opportunity. Courses related to your current job function and relevant professional development may be accessed during work hours with supervisory approval. There are also non-work-related courses available through this tool that you may access on your own time (please remember that overtime-eligible employees are prohibited from accessing work-related training outside assigned work hours; time spent on these trainings is not authorized for overtime).

Even better, a computer isn't necessary to access content. Content is optimized for viewing on smartphones as well. So transform

your morning commute into a classroom or flex your muscles and your mind at the gym. Either way, you now have access to thousands of courses and dozens of Learning Paths, or series of courses, in which industry experts teach valuable career knowledge and skills. Here are some highlights:

- Personalized recommendations. Explore the most in-demand skills based on your experience.
- Expert instructors. Learn from industry leaders, all in one place.
- Convenient learning. Access courses on your schedule, from any desktop or mobile device.
- Helpful resources. Reinforce new knowledge with quizzes, exercise files and coding practice windows.

Getting started is quick and easy! Click [here](#) to view the LinkedIn learning quick-start guide.

If you experience any issues with login, please contact INSPD Learning & Development at SPDTraining@spd.in.gov, and we will work to troubleshoot the issue (please do not submit an IOT helpdesk ticket for questions/concerns related to LinkedIn Learning).

Join me in discovering the next best version of yourself, and happy learning!

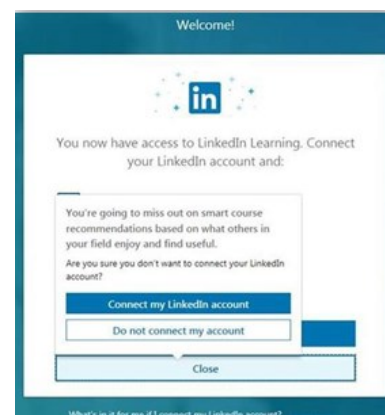
Note: The program described in this article is applicable only to State employees who work in agencies that use HR shared services provided by INSPD.

INSPD Learning & Development LinkedIn Learning: Logging In

To activate your LinkedIn Learning Account, click this link or copy and paste into your browser:

<https://www.linkedin.com/checkpoint/enterprise/login/2188380?application=learning&applInstanceId=26162714>

If you are currently logged into your Microsoft 365 account (Single Sign-On), you will be taken directly to this screen:



If you are not currently logged into your Microsoft Go365 account (Single Sign-On), you will be redirected to IOT's sign-in. Follow these steps to login:



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To Connect with a LinkedIn Account:



Select **“Connect my LinkedIn account.”**



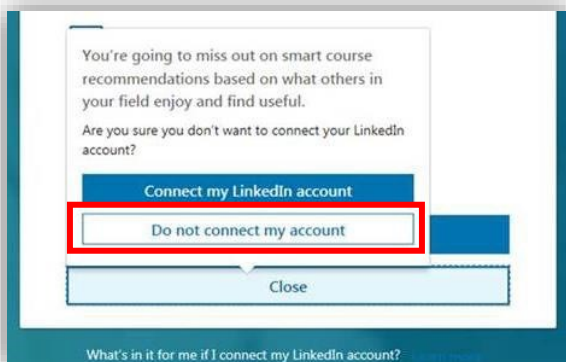
Enter your email address and password associated with your LinkedIn Account or, if you would like to create an account, select **“Join Now”** and follow the steps to create your new account.

*(*Note: This does not have to be your state-issued email address. This information is based on your personal LinkedIn account)*

Select **Sign in with LinkedIn**. This will redirect you to the LinkedIn Learning homepage. You are all set!

Your account has now been setup via Single Sign-On. Whenever you are logged into your Microsoft Go365 account, you will automatically be logged into your LinkedIn Learning account when you visit the site!

To Connect Without a LinkedIn account:



Select **“Close.”** A pop-up will appear with two options. Select **“Do not connect my account.”** This will redirect the employee to the LinkedIn Learning Platform.

Your LinkedIn Learning account has now been setup via Single Sign-On. Whenever you are logged into your Microsoft Go365 account, you will automatically be logged into your LinkedIn Learning account when you visit the site!

If you have any questions, please contact INSPD Learning & Development team for more information, SPDTraining@spd.in.gov.

MAY CHANGES at LSH

Classification Changes

William Banter - Maintenance Repair

New Hires

Goldie Mace
&
Ayla Vandergriff

Farewells

Kyle Spanier,
Travis Kearney
Jonathan Calloway
Illiah King
Aaron Kistler

Farewells

Bailey Gibbs
Damian Moss
Stacia Miller
Lisa Harrington
Judy Gaby

Sneaky Snaps!



Donning Years of Service Colors

During FSSA's **Theme Day: Years of State Service Day**, FSSA had asked State employees to "Show your colors! Wear the following colors that correspond with how long you've been serving. Indiana.

0-2 years: Wear Green

3-5 years: Wear Blue

6-10 years: Wear Purple

11-15 years: Wear Red

16+ years: Wear Orange



FSSA News Release

Indiana launches *Build, Learn, Grow* initiative to help working families connect to early care and education

50,000 scholarships are available immediately in support of Hoosier workers and their children

INDIANAPOLIS – Today the Indiana Family and Social Services Administration announced the *Build, Learn, Grow* initiative, which is making 50,000 scholarships available to help connect Hoosier children from working families to high-quality early education and out-of-school-time programs. The scholarships will be funded by more than \$101 million provided to Indiana by the federal Coronavirus Response and Relief Supplemental Appropriations Act, or CRRSA.

Through the *Build, Learn, Grow* scholarship fund, Hoosier families working in essential industries with qualifying incomes can receive scholarships for each child age 12 and younger toward their early care and education, summer learning or out-of-school care. Scholarships run from May through October 2021 and will cover 80% of the early care and education program's tuition. Information is available at www.BuildLearnGrow.org.

"Access to high-quality early care and education is essential to Hoosier families and children," said Jennifer Sullivan, M.D., M.P.H., FSSA secretary. "These scholarships will help connect hard-working Hoosier families and their children to programs that prepare them for success in school, help reverse learning loss and provide additional support to the families who kept us going during the pandemic."

For families to qualify for *Build, Learn, Grow* scholarships, an adult in the household must work in an essential

business (examples include health care, human services, retail, restaurant and food service, essential infrastructure, media, manufacturing and logistics, religious and charitable organizations and many others) and meet income eligibility guidelines as outlined [here](#). Families will qualify for The *Build, Learn, Grow* scholarship with incomes of up to 250% of the federal poverty level. For a family of four, that equates to an annual income of about \$66,000. Qualifying families should complete the *Build, Learn, Grow* Scholarship Fund application found [here](#) and submit it to their early care and education provider. Families not currently connected to an early care and education program will be able to find a list of participating programs on the *Build, Learn, Grow* website as they enroll and become qualified. All providers who currently accept federal child care assistance are encouraged to enroll.

To administer the *Build, Learn, Grow* scholarship program, the Office of Early Childhood and Out-of-School Learning has partnered with Early Learning Indiana and Indiana Afterschool Network, the state's leading organizations supporting early care and education and out-of-school-time programs.

Early care and education and out-of-school-time programs interested in receiving children with *Build, Learn, Grow* scholarships can learn more at www.BuildLearnGrow.org.

###

About the Coronavirus Response and Relief Supplemental Appropriations Act

The CRRSA Act appropriated \$10 billion in supplemental child care funds, providing states, territories, and tribes participating in the federal Child Care Development Fund the opportunity and resources necessary to respond to the unprecedented challenges faced by children, families, and child care providers during the novel coronavirus (COVID-19) public health emergency. The law expands flexibility to provide child care assistance to families and children, supports child care providers,

and provides lead agencies such as FSSA with additional funds to prevent, prepare for, and respond to COVID-19. CRRSA Act funds are supplemental discretionary CCDF funds. CCDF is the primary federal funding source for child care subsidies to help eligible working families with low incomes access child care and improve the supply and quality of child care for all children.

About the Office of Early Childhood and Out-of-School Learning

The Office of Early Childhood and Out-of-School Learning is a division of the Indiana Family and Social Services Administration. The office oversees early child care, education and out-of-school-time programs.

The vision of the Office of Early Childhood and Out-of-School Learning is that every Indiana community will have a strong network of Early Care and Education and Out-of-School Time programs that support the child, the family and local schools.

Programs will be high quality, affordable and accessible to enable families to work effectively to obtain economic self-sufficiency. Children will thrive in programs that meet their developmental and educational needs and make them feel welcome, encouraged and supported. Professionals teaching and caring for children will have the resources, including training and education, needed to operate and maintain high quality programs.

News Media Contact



LONGCLIFF MUSEUM: Art-n-Facts

Art-n-Facts Dr. Joseph G. Rogers

Did you know that an entire thesis was written on the work of our first superintendent?

A Bioethical Inquiry into the Moral Treatment Movement

[Putney, Sarah B \(2014\)](#)

Master's Thesis (132 pages)

Committee Chair / Thesis Adviser:

[Banja, John D](#)

Committee Members: [Crane,](#)

[Jonathan K](#) ; [Cruze, Deborah](#)

(formerly Emory faculty);

Research Fields: [Philosophy](#); [History of Science](#); [Architecture](#)

Keywords: [Moral treatment](#)

[movement](#); [Joseph G. Rogers, MD](#);

[mental illness](#); [pragmatism](#); [bioethics](#);

[Longcliff Hospital](#); [Indiana](#);

[benevolence](#); [insanity](#); [asylums for the insane](#)

Program: Laney Graduate School,

[Bioethics](#)

Permanent url: [http://pid.emory.edu/](http://pid.emory.edu/ark:/25593/gtfqc)

[ark:/25593/gtfqc](http://pid.emory.edu/ark:/25593/gtfqc)

ABSTRACT

This paper employs both a general historical approach and a case study of the Northern Indiana Hospital for the Insane in Logansport, Indiana, during its first two decades (1888 - 1908) to examine the "moral treatment" of patients through a bioethical lens. These twenty years comprise the tenure of moral-treatment practitioner Joseph Goodwin Rogers, M.D., the hospital's design engineer and first medical superintendent. A distinguished expert in the design of mental hospitals, which were commonly called asylums, Dr. Rogers subscribed to the concerns expressed by the French physician Phillippe Pinel, who is still popularly celebrated for freeing the patients of the Bicetre Hospital in Paris from their chains, and is known by medical historians for publishing the first nosology of mental illness. Asylum doctors like Rogers were familiar with Pinel's ground-breaking description of the methods of moral treatment ("*traitement moral*"), which was

emerging in some Parisian, English, and Scottish mental hospitals in the late eighteenth and early nineteenth centuries. This asylum-based method became the leading medical treatment for the mentally ill in Europe and America throughout the nineteenth century and into the twentieth, yet the moral treatment movement is now largely forgotten, poorly understood, and misinterpreted. The reader unfamiliar with this chapter of medical history may be surprised to learn of the significant ethical motivations that drove and shaped this therapeutic movement. Benevolence, as distinct from beneficence, is identified as the leading ethical concept in the moral treatment movement as it unfolded in the U.S. and Indiana. The case study

of the Northern Indiana Hospital for the Insane examines primary records including monthly and biennial reports from Dr. Rogers to the board of trustees and the governor, letters from Rogers to families of patients, and published works by Rogers shedding light on his bioethical approach to the challenges of caring for the state's mentally ill effectively and benevolently within limited means. In the final chapter, the similarity of pragmatism (as developed by William James and John Dewey in particular) to Rogers's ethics is discussed, and questions for further study are identified.

<https://etd.library.emory.edu/view/record/pid/emory:gtfqc>



DR. JOSEPH G. ROGERS

SEVERE WEATHER – STORM/ WIND/ TORNADO

LOGANSPORT STATE HOSPITAL

SEVERE WEATHER – STORM/ WIND/ TORNADO RED ALERT-GO TO **RED** ALERT AREA

Communication Center staff monitors a weather radio. In the event of an Emergency Weather alert, the Senior Supervising Nurse is contacted to determine declaration of appropriate alert.

1. Weather/Tornado – **WATCH – (YELLOW ALERT)**--Severe weather, hail, damaging winds, weather conditions conducive to formation of a tornado

- All areas notified by telephone, email, and two-way radio by Communication Center staff.
- Staff will be informed of changing weather conditions.
- Patients on leisure time activities will report to their unit.

2. Weather/Tornado – **WARNING – (RED ALERT) GO TO NEAREST **RED** ALERT AREA**

DANGER – Violent weather imminent. Local area weather conditions appropriate for a tornado developing or tornado has been sighted in area.

- Communication Center notifies all areas by telephone, email, and two-way radio
- Instruct staff to go to red alert areas with radio-or to side of the building opposite the storm and behind a second wall. Interior hallways or interior rooms are safest. Protect from injury and glass using any available items (furniture, mattress)
- Communication Center notifies Safety/Security Director and Steam Plant. LSH siren will blow three waves or blasts at five-ten second intervals for about five minutes.
- If out of the building, seek nearest shelter of brick construction (return to treatment center if deemed safe).
- Patients on assigned programs will be taken to the closest safe building and to basement if possible.
- Security will check grounds to make sure all patients have returned to their wards immediately.

Safety/Security Director is to observe sky conditions notifying IRTC Communication Center when conditions might be threatening. IRTC Communication Center will keep staff informed with as much information as possible.

3. When conditions are safe for return to normal operations, IRTC Communication Center will notify all staff via telephone and radio.

Dan Cooper

Maintenance Program Director

Safety, Security, Construction, Capital Planning



Culinary Corner

Stuffed Double-Cut Pork Loin Chops

<https://www.foodnetwork.com/recipes/guy-fieri/stuffed-double-cut-pork-loin-chops-recipe-1924321>

Course: Dinner | Cuisine: American

Ingredients

Brine:

- 4 bone-in, double-cut loin chops (3 to 4 pounds total)
- 5 cups water
- 1/4 cup kosher salt
- 1 tablespoon fresh cracked black pepper
- 3 tablespoons Dijon mustard
- 1 tablespoon dried sage
- 1 tablespoon granulated garlic

Stuffing:

- 2 tablespoons olive oil
- 1 tablespoon butter
- 1/2 cup diced pancetta
- 6 cups cremini mushrooms, very thinly sliced
- Salt and fresh cracked black pepper
- 1/4 cup minced shallots
- 1 teaspoon minced fresh sage leaves
- 1/2 cup shredded fontina cheese

Sauce:

- 1/4 cup minced shallots
- 1 cup chicken stock
- 2 tablespoons whole grain Dijon mustard
- 2 tablespoons plain yogurt
- 2 teaspoons lemon juice
- 1/2 teaspoon kosher salt
- 1 tablespoon chopped Italian flat-leaf parsley, for garnish

Directions:

- For the brine: Rinse and pat the chops dry, slit a pocket into each chop about 3 to 4 inches long and as deep as the bone. Combine the remaining ingredients in a re-sealable bag, place in the refrigerator and brine for 1 to 2 hours.
- For the stuffing: In a sauté pan over medium-high heat, add the oil and butter, and when the butter melts and foams, add the pancetta and cook until crispy. Remove to a paper towel-lined plate, leaving the fat in the pan. Add the mushrooms, sprinkle with salt and pepper and cook over medium-high heat, stirring frequently for 6 minutes. Add the shallots, sage and 1/2 of the pancetta and cook for 3 minutes more. Remove to a plate to cool, spreading out evenly. Once cool, add the fontina cheese. Reserve the extra pancetta for service.
- Remove the chops from the brine and pat dry. Stuff with the cooled filling and secure the opening with toothpicks. Reserve any remaining filling for the sauce.
- Preheat the oven to 350 degrees F.
- For the breading: In a shallow pan or bowl, add the Italian seasoning, pepper, panko and flour. Mix well. Add the eggs to a second shallow bowl and beat.
- Dredge the chops through the egg, then lay in the breading and press to adhere. Repeat with all the chops.
- In a large sauté pan, add the oil and bacon fat and, when shimmering, add the pork chops, cooking until golden brown, about 5 minutes each side. Hold gently with tongs and cook the edges as well. Place on a baking pan fitted with a wire rack and place into the oven. Cook until the meat registers 135 degrees F on a thermometer, 10 to 15 minutes. Remove and lightly tent with foil.
- For the sauce: In the same pan that the chops were cooked in, add the shallots and any remaining mushroom filling and cook over medium-high heat for 4 to 5 minutes. Deglaze the pan with the stock and scrape any bits from the bottom. Whisk in the mustard and yogurt until well combined, and then add the lemon juice and salt.
- Remove the chops from the baking pan, remove the toothpicks and place on a serving platter. Top with the sauce. Garnish with the parsley and the remaining pancetta and serve immediately.

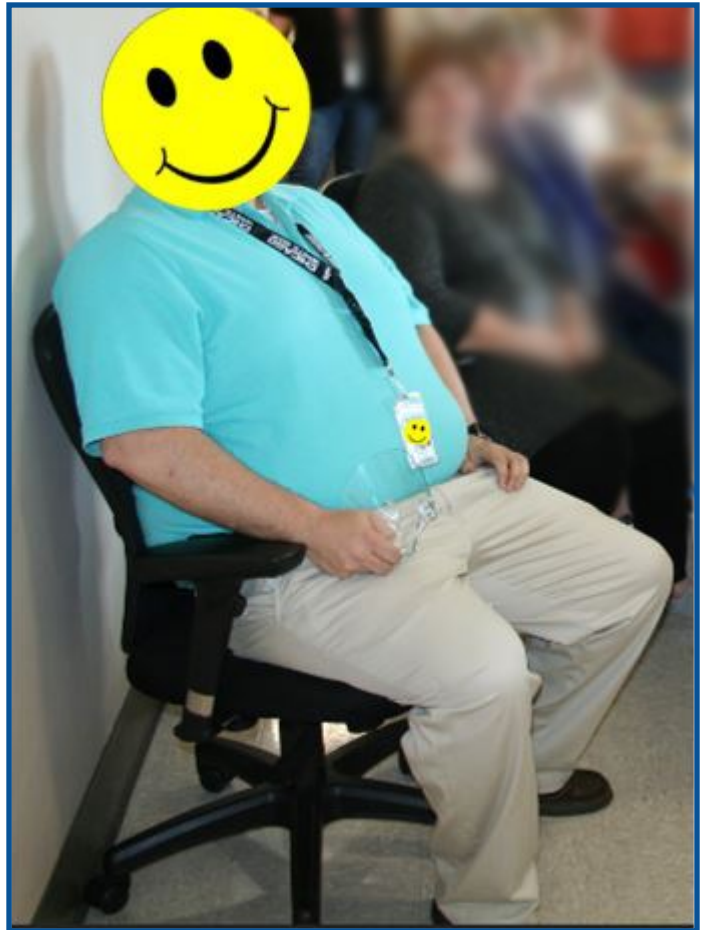


- Level: Intermediate
- Total: 3 hr. 10 min
- Prep: 25 min
- Inactive: 2 hr.
- Cook: 45 min
- Yield: 4 servings

WHO AM I?

Can you guess who's behind the Smiley face pictured below? If you can, call Darrin Monroe at #3803 or e-mail Darrin at darrin.monroe@fssa.in.gov by June 25, 2021.

Employees with correct answers will have their name put into a drawing, sponsored by the EMBRACE Committee, for a chance to win a free five-dollar gift certificate.



**L-R: Bob Pattengale
and John Mueller**

Congratulations to Joe Rose for guessing Bob Pattengale and John Mueller pictured as the last “Who Am I?” individuals.

If you have a picture of an employee and would love to have a little fun with it call Darrin Monroe at #3803 or email Darrin at darrin.monroe@fssa.in.gov