## CREST TEAM

## CARE AND RESTORATION THROUGH EMOTIONAL STRESS AND TRAUMA

The CREST team at NDI is a Critical Incident Stress Management Team consisting of NDI peers.

Critical Incident Stress Management is an adaptive way of offering psychological first aid and emotional support to people after a moment of crisis.

The team is available to support all staff members after a highly stressful event in the hospital through focused listening, that allows an individual or group of staff to talk about an event and work through it in a safe and strictly confidential manner.

If you feel stress from a traumatic event in the hospital, call a team member on Vocera or contact a team member individually. We are also at the HUB.

Angela, Bennett, Erin Clampitt, Pamela Conover, Laurie Lee, Fred Madren, Chair, Kayode Henry Oladimeji, Brittany Paradiso, Lisa Passarelli, Todd Peters, Tori Selznick, Karen Sweatt, Michele Wood