



NDI Insider

The newsletter of Indiana's

NeuroDiagnostic Institute
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana 46218 | www.in.gov/fssa/dmha/2935.htm | Vol. 1, Issue 4, June 2019

NDI earns Joint Commission accreditation

A note from Jerry Sheward, M.D., Chief Medical Officer for NDI/ISPHN

Greetings everyone!

It is my pleasure to announce that we have been accredited by the Joint Commission for the next three years. There are issues that need to be cleaned up, as expected, and our corrective action plan has been approved as well. We await the results of our CMS audit that occurred week before last.

I would like to thank all of you for your hard work over the last few month—or in some cases, the last few years—helping to conceive of, plan for, and activate NDI. One of the Joint Commission surveyors stated that NDI was the most therapeutic environment she had seen in her 30 years as a reviewer.

We have only been open for a little over two months. You should all be

proud of the results we have seen so far. We have already admitted 25 individuals. Our goals now are to become familiar with our new tools, finish opening units as staff becomes available, improve access to great recovery services, and, hopefully, significantly decrease the time to reach that recovery for our patients.

Please accept my heartfelt thanks. Well done!

NDI blood drive

Drive set for Monday, June 10

Mark your calendar! The NDI will be hosting a blood drive through the Indiana Blood Center on Monday, June 10, at 9:30 a.m. until 1:30 p.m. For donors' convenience, the bloodmobile will be parked in NDI's front parking lot.

And as an extra incentive, donors will receive a free car sunshade.

If you would like to sign up, have a question about signing up, or any question about the drive, please feel free to contact Sarah Beard, MA, RDN.

The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.

A monthly reflection

Something to think about

“You cannot hope to build a better world without improving the individuals. To that end, each of us must work toward his own improvement and, at the same time, share a general responsibility for all humanity, our

particular duty being to aid those to whom we think we can be most useful.” – Marie Curie

(Marie Curie (1867-1934) is the only person to have won a Nobel Prize in two sciences—physics and chemistry.)

Around the NDI

Employee news

We welcome new state

employees: Janeen Atkins (RTA), Amanda Batson (RN/UD), Brianna Carver (Secretary), Charity Cross (BHRA), Mignonette Daniels (Social Worker), Stacia Davis (RN), Katie Egielske (BHRA), Bob Feczko (RN), Rachel Holcomb (RN), Whitney King (BHRA), Aimee Mortemore (Pharmacist), Humberto Ochoa (BHRA), Kelsey Royer (RN), Shelly Sterrett (Rehab Therapist), Cynthia Vandivier (RN), and Sharon Wright (RN).

We welcome new agency/contract

employees: David Bicknell (RN), Melissa Black (RN), Veronica Hayes (CNA), Tina Hornung (CNA), Gagandeep Kaur (CNA), Jasmine Kincy (CNA), Fernande Kouakou (RN), Charita McElroy (CNA), Lakisha Morris (CNA), Sonya Radford (CNA), Becky Reven (RN), Jennifer Rhem (RN), Adrian Ruffin (CNA), Camille Smith (CNA), Geneva Taylor (CNA), and Quinzella Whitehead (CNA).

We say farewell to: Lionel Bey (BHRA), Ryan Cartwright (RTA),

Chris Fallah (BHRA), Tanisha Hardge (BHRA), Shania Harris (BHRA), Laura Lamb (RTA), Ebone Owens (BHRA), Ron Smith (BHRA), Mahogany Summerhill (BHRA), Lesia Tchobaniouk (Pharmacist), Ashley Tippmann (Social Worker), and Misty Zimmermann (BHRA).

Congratulations and best wishes to Carolyn Wineinger as she retires.

If you'd like to join the Employee Recognition Committee (with your supervisor's approval), please contact ERC chair, Natasha Cole.

Closed units information

Message from Superintendent Rob Clover

Units 2E, 4W and 7W are currently closed. They will open sometime later this year as planned. Until then, employees are not authorized to go to or be on these units.

Please use bathrooms, breakrooms, work space, etc., on your assigned unit. Staff found on the closed units will be reported to their supervisor and HR for appropriate action.

New work request process launched

Here's how to submit work orders

Facility Management has begun a new work request process. If there is a facility issue, you must request action by contacting one of these approved requestors: Sarah Beard, Melissa Brewster, Lisa Carrico, Erin Clampitt, Patti Clift, Rob Clover, Caitlin Cole, Steven Conant, Tangel

Edwards, Justissa Elion-Epon, Christal Esposito, Alan Faulkner, Paul Fedorchak, Tim Gaalema, Kellee Hawkins Coleman, Femi Ijimakinwa, Leslie Lugo, Jillian Merrill, Megan Miller, Casey Nelson, Lisa Passarelli, Todd Peters, Tori Selznick, Jerry Sheward, Marcie Taguchi, Sunny

Walton, Cindy Wilson, Michele Wood, and Devin Murphy.

If you have any questions or concerns, please contact Niki Brinker.

Cardboard compacting

Guidelines for compacting NDI cardboard

We are now compacting clean, dry, empty cardboard products, in conjunction with Community Hospital Network/East campus. Not everyone in NDI will be using the new cardboard compactor, but you need to be aware of requirements for processing cardboard.

Guidelines: 1) follow the operational instructions on the machine, 2) no general waste or other debris should be

placed in the compactor at any time, and 3) only clean, dry, empty boxes should be compacted. Always use the NDI waste containers for NDI general waste/trash.

Soon instructional signs concerning cardboard and other waste operations will be posted near the waste processing area. If you have any questions, please contact Tim Gaalema.

Invest in your health

A reminder from Larri Sackett, HR Generalist

Are you working on your points through Active Health? We will be offering vitality checks at NDI on June 27 from 7 a.m. to 3:00 p.m. and 6:00 p.m. to 8:00 p.m. Please be fasting before the test so your results will be accurate.

Vitality checks are available by appointment only, and we still have several appointment times available. To make an appointment, please contact me.

Remember! You can receive a \$100 gift card as an incentive for having your vitality check completed.

FSSA email signature block

Let's be consistent across the agency!

In order to represent the FSSA brand consistently across the agency, certain efforts must be made by all representatives of the brand. Email signatures are an easy way to show consistency throughout the agency with every email sent. Please use the following template for all emails from an FSSA email account:

Full name

Job title

NeuroDiagnostic Institute

Indiana Family and Social Services Administration

Office: (317) 555-5555

Mobile: (317) 555-5555

your.email@fssa.in.gov

<http://www.IN.gov/fssa>

Follow us on Twitter: @FSSAIndiana

Safe swimming to you!

From Carolyn Smeltzer, RN, NDI Infection Preventionist

Swimming is a fun, healthy way to stay physically active and spend quality time with family and friends. But before you jump in the water, consider these tips: 1) Check out the last inspection notice—you can typically find inspection scores online or onsite; 2) Do your own mini inspection—use test strips to check disinfectant (chlorine or bromine) level and pH before getting in the water (most superstores, hardware stores, and pool supply stores sell test strips; 3) Shower for at least one minute before you get in the water—this will remove most of the dirt and sweat on your body; 4) Use the bathroom before getting in the pool; 5) Don't let children (or adults) swim when they're sick with diarrhea; 6) Wear a swimming cap, and 7) Don't swallow the water—just one mouthful of water with diarrhea germs can make you sick for up to three weeks.

Chemicals like chlorine are added to pool water to kill germs and stop them from spreading, helping to keep swimmers healthy. Swimmers and parents of young swimmers can also promote healthy and safe swimming through pool chemistry. When swimmers don't shower before getting in pools, hot tubs/spas, or water playgrounds, or when swimmers relieve themselves in the water, free chlorine (the form of chlorine that kills germs) combines with body fluids, dirt, and personal products. This means there is less free chlorine to kill germs, and unwanted chemical compounds are produced. One example is a group of irritants called chloramines, which can cause red and stinging eyes, skin irritation and rashes, and respiratory problems. They can even trigger asthma attacks. (These chloramines are different from the type of chloramine that is sometimes used to treat our drinking water.)

Healthy pools and other places where we interact with chlorinated water don't have a strong chemical smell. If you smell "chlorine," at the place where you swim, you are probably smelling chloramines. Chloramines in the water can turn into gas in the surrounding air. This is particularly a problem in indoor pools, which often aren't as well-ventilated as outdoor pools.

We all share the chlorinated water we swim in and the surrounding air we breathe. Here are a few simple steps we can take to help protect our health and the health of our family and friends: 1) Take kids on a bathroom break at least once every hour; 2) Check/change diapers in the restroom every hour—or sooner if you suspect something; 3) Share this pool information with other swimmers and parents of young swimmers, and 4) Tell the lifeguard immediately if you see waste in the water.