



NDI Insider

The newsletter of Indiana's

NeuroDiagnostic Institute
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana 46218 | www.in.gov/fssa/dmha/2935.htm | Vol. 1, Issue 5, July 2019

Changing of the guard at NDI

A note from new NDI Superintendent, Jerry Sheward, M.D.

First, I'd like to congratulate Rob Clover on his retirement and to thank him for his leadership during the transition from Carter to NDI. I hope he gets to put a million miles on his new RV, visiting his family and friends and exploring the world's beauty.

Second, I look forward to working with leadership and all of our staff to make NDI the kind of place we can all be proud of—a place where

patients can recover and return to their communities whenever possible.

I also look forward to learning to use our new tools and creating the kind of feedback processes everyone needs to be at their best. There will be a learning curve for me personally, not having been responsible for overall operations as well as medical services in my prior

lives, but we have a great team I will depend upon and learn from.

I anticipate about 60% of my time will be directly targeted toward NDI and the remaining 40% dedicated to integrating NDI with the rest of the ISPHN (Indiana State Psychiatric Hospital Network).

(For Dr. Sheward's bio, see page 3.)

Rob Clover retires

Rob Clover says that he has spent 43 years trying to do some good in health care. Of those years, 23 were spent mostly in acute health care in the Air Force; the remainder was spent in a variety of leadership roles for the state of Indiana—primarily in state psychiatric hospitals. "I have no regrets. I'd do it all over again. I've been blessed to have worked with some very good people. And it's all about the people." Clover continues: "The NDI is in good hands. I have the utmost respect for Dr. Sheward and the leadership team." And he leaves a

word of advice for all NDI staff: "Bring the best you can every day. Know that you make a difference."

He and his wife plan to do lots of traveling in their 2017 motor home, but he doesn't think they will travel a million miles. "Imagine how much the gas would cost! I can't afford that."

Thank you for your service, Rob. And enjoy your retirement!

The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.

A monthly reflection

Something to think about

“Act as if what you do makes a difference. It does.” – William James (1842-1910)

(William James was an American philosopher, psychologist, and the first educator to offer a psychology course in the United States.)

Around the NDI

Employee news

We welcome new state

employees: Ebony Anderson (BHRA), Nakia Allen (BHRA), Rebecca Altop (RN), Amanda Brown (BHRA), Shawn Custer (BHRA), Steve Dykstra (Charge Nurse), ReGine Garrett (BHRA), Dyunka Gordon (BHRA), Jill Johnson (RN), Shawanda Kelly (BHRA), April Monroe (BHRA), Cheryl Moore (BHRA), Mary Myers (Rehab

Therapist), Charity Sample (BHRA), Jessica Scates (BHRA), Duane Seaborne (Nurse Supervisor), Kizzy Spain (BHRA), Ciera Taylor (BHRA), Matt Thompson (RN), Yashira Vargas (BHRA), and Karissa Wright (BHRA).

We welcome new agency/contract

employees: Misty Allen (CNA), Byron Blunt (CNA), John Everhart (RN), Lauria Hale (RN), Madison

Himelick (CNA), Shanita Miller (Security), Josh Pierce (CNA), and Sharrelle Watkins (CNA).

We say farewell to: Katie Corthell (Rehab Therapist) and Julie Otis (Social Worker).

Best wishes go to Rob Clover (Superintendent) and Una Washington (BHRA) as they retire.

State holiday schedule

Mark your 2020 calendars!

| | |
|-----------------------------|---------------------------------------|
| New Year's Day | Wednesday, January 1 |
| Martin Luther King, Jr. Day | Monday, January 20 |
| Good Friday | Friday, April 10 |
| Primary Election Day | Tuesday, May 5 |
| Memorial Day | Monday, May 25 |
| Independence Day | Friday, July 3* Saturday, July 4** |
| Labor Day | Monday, September 7 |
| Columbus Day | Monday, October 12 |

| | |
|-----------------------|------------------------|
| General Election Day | Tuesday, November 3 |
| Veterans Day | Wednesday, November 11 |
| Thanksgiving Day | Thursday, November 26 |
| Lincoln's Birthday | Friday, November 27 |
| Washington's Birthday | Tuesday, December 24 |
| Christmas Day | Wednesday, December 25 |

*For operations regularly scheduled Monday-Friday

**For operations regularly scheduled on Saturday/Sunday

Get to know Superintendent Jerry Sheward, M.D.

Jerry Sheward was born in Anderson, Indiana, in 1956. He graduated with a degree in chemistry from Wabash College in 1979 with an area concentration in math/physics. He graduated from the IU School of Medicine in 1983, followed by a psychiatry residence at IUMC/St. Vincent from 1983-1987.

He took a staff psychiatry position at Gallahue Mental Health Center in 1987 and became associate medical director in 1988. In 1990, he became the medical director of Tri-County Mental Health Center where he stayed for 25-plus years of growth and merger, leading to being the chief medical officer of Aspire in 2009. During those same years, Dr. Sheward held consulting positions with Merritt Behavioral Health (which became Magellan),

Health Care Excel, Advantage Health Solutions, Pro-Health, and MD Wise. He also worked in collaboration with MedInformatix in southern California to create, implement, sell, and support an electronic behavioral health medical record called Archeon, which is used by several Community Mental Health Centers in Indiana.

In January 2016, he began consulting on NDI's design, which led to state employment in March 2016. He has been dividing his time between NDI's design/build, serving as executive sponsor of the Cerner/mIND electronic medical health record project, harmonizing NDI's mission goals with DMHA's system integration council, and working to stabilize medical staffing of Larue Carter/NDI.

Employee parking news

Phase 1 in effect; Phase 2 in planning stage

Our executive team recognizes the need to make changes to improve parking in the NDI front lot facing 16th Street. We have asked for and received feedback from many of you, and we thank you for your input. Please know that our goal is to fully utilize the limited number of spaces in this lot. As a result, we have developed a plan to implement changes in two separate phases.

Phase 1: NDI staff may park in the front lot as follows: 1) Fridays—night shift only; 2) Saturdays—day and night shift; 3) Sundays—day shift only; and 4) holidays—day shift only. Please note that, in order to maintain the proper level of building security, staff who park in the front

lot will **not** be permitted to use the main entrance to enter and exit the building. Staff who park in the front lot must use the entrance/exit located at the sally port area on the west end of the building.



Phase 2: Budget permitting, we plan to add more handicapped parking, dedicated visitor parking, dedicated NDI staff parking, employee of the month, on call (IT and pharmacy), and a very limited

number of open spaces. The details of this phase are still in the works. Initiation of Phase 2 will be contingent on a number of factors, which include 1) acquiring adequate funding and 2) securing a contractor to complete the work.

Unless you are parked in the front lot according to the Phase 1 rules above, you must park in the designated parking garage at Community East. You are prohibited from parking at the Surgery Center or the Emergency Room parking areas.

Spring nursing competency fair a success

Amy Frazer, Nursing Education Director, gives details

The nursing education department held its spring competency fair from June 3-7. Unit 2E had not yet opened, so it provided the perfect setting to demonstrate some of the new equipment that nursing employees are expected to use.

All nursing staff were educated about the use of Stryker beds, wall oxygen shut-off valves, unit dryers dual lint traps, ligature alarm devices, and emergency egress from the second floor playground. Nurses also completed their

annual glucometer competency and reviewed room oxygen flowmeter usage. All employees had to pass a quiz about their scope of practice and the plans of correction that were placed as a result of the recent Joint Commission and CMS surveys.

We were able to process 175 BHRAs, CNAs, and RNs by offering opportunities during scheduled work hours—with help from nursing administration. Thanks to all who participated!

Bridge Building adds instructors

Lisa Carrico: instructors certified; Marc Gordon honored

NDI certified 14 Bridge Building instructors on June 5-6. Eleven are current instructors, and three new staff members volunteered to join the list of instructors. Bridge Building instructors are: Adams Akintunwa (new), Lena Allison,

Melissa Brewster (new), Lisa Carrico, Erin Clampitt, Christal Esposito, Marc Gordon, Laurie Lee, Brittany Paradiso, Todd Peters, Diondrae Rice, Deanee Thomas (new), Jenny Weber, and Kirsten Yamasaki.

Congratulations to Marc Gordon on being named Instructor of the Year. Marc's peers voted to recognize him for his dedication to de-escalation and safety.

Signs and Notices

A note from Niki Brinker

While walking through the facility with CMS surveyors, I noticed paper signs hanging on doors and blocking window views. Paper signs are NOT to be hung on doors/walls for any reason. We cannot block any windows that lead into a patient area because of safety issues. Staff should always be aware of their surroundings and play their part in keeping patients safe.

If you have any questions, please feel free to contact me via Vocera or at 4010.

Some friendly IT reminders

Pointers from Richard Taylor, Intermediate LAN Administrator

IT wants to remind you of a few things: 1) personal documents should not be printed on state printers; 2) please print to the designated printer for your area; 3) Voceras should be signed out and in appropriately, and they should be returned to the location where they were picked up, ensuring that no unit is short on devices at any

time; and 4) computers in shared work spaces are SHARED machines, and are not assigned to any one person.

In following these simple reminders on a daily basis, we can make sure that fewer IT issues will arise for the facility as a whole.

Chapel activities

From Chaplain Fred Madren

The chapel is open daily, Monday through Thursday, between 7 a.m. and 8 a.m. as well as between noon and 1 p.m. for quiet moments of peace. A soothing variety of sounds (such as birds, ocean, etc.) play, creating a relaxing atmosphere. Beginning this month, I will offer

music during lunch each Thursday between noon and 12:30 p.m. for any staff in need of a break. You may bring your lunch with you and come and go as you like. Chapel services are offered each Sunday from 1 p.m. to 1:45 p.m. for adult patients and 2 p.m. to 2:45 p.m. for

youth. A 15-minute transition period is observed between worship services.

The chapel is located on the Treatment Mall in room 623W. The chaplain's office is 622W.

New furniture and equipment are coming!

Update from Patti Clift, NDI Chief Operations Officer

Since we have settled in, we have recognized a need and taken staff requests for additional furniture and equipment. I have been working for the last month with the vendor to complete our request. The good news is that we should begin seeing these items within the next few weeks. Here is a general list of things we will be

getting: moveable banquet tables, padded folding chairs with a storage rack, coat hooks, bulletin boards for med rooms, and magnetic boards for staff work areas. Other items will be coming as well; these items are specific to staff whose work areas were incomplete on day one.

You can lower your 2020 insurance rate

Tips from Larri Sackett, HR Generalist

It's not too late to qualify for the lowest insurance premium price for the year 2020. If you sign up for health coaching by July 1, you have time to qualify. To schedule your personal Health Coach appointment, call 855-202-4219, 9 a.m. to 9 p.m., Monday through Friday or Saturday, 9 a.m. to 2 p.m. or go to: www.myactivehealth.com/StateofIndiana. You will only need four sessions to qualify for the lowest premium price for 2020. These four sessions will need to be completed by September 30.

And it's not too late to start getting your hearts by digital coaching. You can do this by completing your daily/weekly limits on the health goals and health

education. You can do this by clicking the digital coach section in the purple box on the Active Health site. You are able to get 1640 points a week by doing the digital coach, and you can earn the 9,000 required hearts. You can start as late as August 4, but I suggest you start sooner because we almost always have unanticipated situations to take up our time. And remember: the deadline for completion is September 30. The website is <https://www.myactivehealth.com/Portal/Portal#HomePage>.

If you have any questions or concerns, the Active Health hotline is 1-877-248-0007. You can also look at the FAQs on the Active Health website—it has a lot of answers also.

Basement closures until further notice

The storeroom, mail room, training lab, and HIS impacted

Mail room: Mail can be picked up at the front desk from 12:30 p.m. until 2:30 p.m. You may also drop off mail during that time.

Storeroom: If you need anything from the storeroom, please Vocera Art or Tyrone and they will deliver.

Patient belongings: If you need items already located in the basement, please Vocera Niki Brinker or call 4010. New admissions' items will be stored in room 169W.

Training room: For scheduled training, go to unit 4W's multipurpose room (C416).

HIS: If you need anything from medical records, which is located in room 460W, please call and make arrangements with HIS because unit 4W is restricted.

Important reminder about Vocera

A message from Scott Munoz, Senior LAN Administrator

If you pick up a Vocera badge from a unit workroom, you MUST: 1) sign it out in the log book, 2) return it to the unit you picked it up from, 3) clean it with the provided alcohol prep pads, and 4) sign it back in the log book. Remember: this is per policy and applies to all staff using a shared Vocera badge.